

Ergebnisse Männer

Platz	St-Nr.	Name	NAT	Verein/*Ort	AK	AK-Pl.	Endzeit	Brutto	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM
1	3	Msenduki Ikoki, Mohamed	TZA	-/-	MHK	1	2:11:01	2:11:01	0:19:12	0:53:37	1:17:24	1:44:53	1:05:51	1:05:10
2	4	Prodius, Roman	MDA	-/-	MHK	2	2:12:31	2:12:31	0:19:13	0:53:37	1:17:23	1:44:54	1:05:51	1:06:41
3	2	Chepkwony, Richard	KEN	-/-	MHK	3	2:13:38	2:13:38	0:19:12	0:53:37	1:17:24	1:44:54	1:05:51	1:07:47
4	7	Kipkoech Kirui, Robert	KEN	run2gether/-	MJA	1	2:14:25	2:14:25	0:19:12	0:53:37	1:17:24	1:45:11	1:05:52	1:08:34
5	8	Kipkirui, Koskei	KEN	run2gether/-	M30	1	2:17:56	2:17:56	0:19:12	0:53:38	1:18:29	1:48:25	1:06:13	1:11:43
6	6	Kipruto Chepongabit, Noah	KEN	run2gether/-	MHK	4	2:18:43	2:18:43	0:19:12	0:53:36	1:17:23	1:45:35	1:05:51	1:12:53
7	1004	Pyka, Dennis	DEU	LG TELIS Finanz Regen	M35	1	2:20:09	2:20:11	0:20:27	0:56:32	1:21:44	1:51:23	1:09:35	1:10:35
8	5	Azzouzi, Said	MAR	-/-	M30	2	2:20:11	2:20:11	1:48:30	0:53:37	1:18:18		1:06:06	1:14:06
9	1012	Krantz, Bastian	DEU	TV Wattenscheid 01/B	M30	3	2:28:08	2:28:10	0:21:08	0:58:29	1:25:20	1:57:24	1:12:19	1:15:49
10	1013	Nawrocki, Philipp	DEU	Aachener TG/Aachen	M30	4	2:28:26	2:28:27	0:21:56	1:00:25	1:27:46	1:58:35	1:14:40	1:13:47
11	1034	Collet, André	DEU	Aachener TG/Raeren	M35	2	2:28:50	2:28:52	0:21:30	0:59:28	1:26:26	1:57:32	1:13:27	1:15:24
12	1008	Groß, Marcel	DEU	LG Wettenberg/Gießeln	MHK	5	2:29:24	2:29:27	0:21:21	0:59:18	1:26:21	1:57:29	1:13:23	1:16:02
13	1016	Butzlaff, Martin	DEU	SC Magdeburg/Magdeb	M35	3	2:29:32	2:29:35	0:21:49	1:00:24	1:27:51	2:00:00	1:14:38	1:14:55
14	1010	Bier, Dietmar	DEU	Trierer Stadtlauf e.V./Tri	M40	1	2:30:15	2:30:17	0:21:39	1:00:13	1:27:26	1:59:12	1:14:13	1:16:03
15	1023	Urich, Matthias	DEU	SC Magdeburg/Magdeb	M35	4	2:31:01	2:31:05	0:22:11	1:00:45	1:27:53	2:00:07	1:14:54	1:16:07
16	1024	Matthes, Dr. Torsten	DEU	LAV Halensia e.V./Halle	M35	5	2:31:34	2:31:36	0:21:55	1:00:24	1:27:51	2:00:00	1:14:38	1:16:56
17	1027	Glaser, Carsten	DEU	TSV Windeck Burgebra	M30	5	2:31:52	2:31:54	0:22:13	1:01:47	1:29:27	2:00:55	1:16:04	1:15:49
18	1031	Theofel, Juergen	DEU	FV 1913 Wallau/Bieden	M50	1	2:33:34	2:33:36	0:21:56	1:01:26	1:29:27	2:01:53	1:16:03	1:17:31
19	1037	Koch, Dr. Matthias	DEU	LAV ASICS Tübingen/F	M45	1	2:33:34	2:33:36	0:21:57	1:01:27	1:29:29	2:01:53	1:16:03	1:17:32
20	1044	König, Thomas	DEU	LC Oelsnitz Erzgebirge e	M45	2	2:33:44	2:33:46	0:21:56	1:01:27	1:29:29	2:01:53	1:16:03	1:17:41
21	1039	Hansen, Helge	DEU	LC Cottbus Nr. 6065/Cot	M30	6	2:33:49	2:33:51	0:22:02	1:00:47	1:28:20	2:00:55	1:14:57	1:18:53
22	1050	Schnorr, Stefan	DEU	Aachener TG/Eschweiler	MHK	6	2:33:58	2:33:59	0:22:13	1:02:09	1:30:27	2:02:37	1:16:50	1:17:09
23	1169	Könnicke, Peter	DEU	LC Cottbus/Cottbus	M40	2	2:34:03	2:34:07	0:22:31	1:02:29	1:30:32	2:03:06	1:17:00	1:17:04
24	1029	Blenk, Markus	DEU	TSV Windeck Burgebra	MHK	7	2:34:22	2:34:24	0:22:12	1:01:48	1:29:45	2:02:38	1:16:19	1:18:04
25	1150	Hähnel, Hannes	DEU	LC Cottbus/Cottbua	MHK	8	2:34:43	2:34:47	0:22:31	1:02:33	1:31:15	2:04:18	1:17:28	1:17:16
26	1030	Zimmer, Frank	DEU	Skills 04 Frankfurt/Bad H	M40	3	2:34:47	2:34:48	0:22:24	1:02:34	1:30:28	2:03:05	1:17:03	1:17:45
27	1022	Dehaut, Thomas	DEU	LLG Landstuhl/Obernhe	M45	3	2:35:16	2:35:18	0:22:06	1:01:46	1:29:51	2:03:20	1:16:19	1:18:57
28	1065	Mages, Dominik	DEU	LAC Quelle Fürth/Obera	M30	7	2:35:31	2:35:33	0:22:12	1:01:48	1:29:40	2:02:59	1:16:06	1:19:25
29	1043	Bäuerlein, Ingo	DEU	TSV Windeck Burgebra	M35	6	2:36:04	2:36:06	0:22:13	1:01:47	1:29:27	2:01:54	1:16:03	1:20:01
30	1033	Weiser, Daniel	DEU	LAZ PUMA Troisdorf	M30	8	2:36:17	2:36:21	0:22:02	1:00:22	1:27:50	2:00:31	1:14:37	1:21:41
31	1058	Leibfarth, Michael	DEU	SV Ohmenhausen/Metz	MHK	9	2:36:37	2:36:41	0:22:05	1:02:00	1:30:33	2:03:22	1:16:48	1:19:49
32	1062	Bernd, Uwe	DEU	LG Rüsselsheim/Rüsse	M50	2	2:37:12	2:37:15	0:22:12	1:02:00	1:30:39	2:04:37	1:16:47	1:20:25
33	1074	Senner, Andreas	DEU	TuS Deuz/Siegen	M40	4	2:38:01	2:38:03	0:22:18	1:02:44	1:31:41	2:05:26	1:17:39	1:20:23
34	1018	Petersen, Kevin	DEU	Ayyo Team Essen e.V./	MHK	10	2:38:14	2:38:16	0:22:22	1:02:08	1:30:36	2:04:35	1:16:50	1:21:24
35	1038	Ebel, Thomas	DEU	TH Eilbeck/Hamburg	M45	4	2:38:32	2:38:36	0:23:22	1:04:09	1:33:07	2:06:30	1:19:15	1:19:17
36	1117	Senczszyn, Zoltan	DEU	LC Cottbus/Cottbus	MHK	11	2:38:40	2:38:42	0:22:33	1:02:34	1:31:29	2:05:11	1:17:29	1:21:12
37	1046	Walter, Uwe	DEU	TH Eilbeck/Hamburg	M45	5	2:38:52	2:38:57	0:23:04	1:04:09	1:33:07	2:06:30	1:19:15	1:19:38
38	1040	Schönbeck, Dirk	DEU	SSC Hanau-Rodenbac	M35	7	2:39:16	2:39:41	0:22:48	1:03:30	1:32:28	2:06:00	1:18:36	1:20:40
39	1014	Weiss, Bernd	DEU	SG Dettingen/Erms/Det	M40	5	2:39:21	2:39:23	0:22:07	1:02:02	1:31:11	2:05:37	1:16:53	1:22:28
40	1036	Löschner, Frank	DEU	TV Büschergrund/Freud	M50	3	2:39:24	2:39:28	0:21:54	1:01:26	1:29:27	2:02:58	1:16:02	1:23:23
41	1019	Yilmaz, Muharrem	TUR	Ayyo Team Essen e.V./	M35	8	2:39:41	2:39:42	0:22:53	1:03:53	1:33:12	2:06:54	1:19:03	1:20:38
42	1267	Celik, Selanet	DEU	Ayyo Team Essen e.V./	M40	6	2:39:44	2:39:46	0:22:53	1:03:53	1:33:12	2:06:54	1:19:02	1:20:42
43	4618	Rittgen, Jan	DEU	Kneipe Domsgickel Main	MHK	12	2:40:23	2:40:26	0:23:27	1:04:42	1:33:43	2:07:44	1:19:38	1:20:46
44	1051	Apfelbaum, Frank	DEU	SSG Königswinter e.V.	M45	6	2:40:50	2:40:52	0:22:53	1:03:43	1:32:49	2:07:27	1:18:44	1:22:06
45	1092	De Franceschi, Luigi	ITA	SV Ohmenhausen/Metz	M45	7	2:40:51	2:40:55	0:22:38	1:03:41	1:32:54	2:07:32	1:18:43	1:22:09
46	1070	Holder, Michael	DEU	Coburger Turnerschaft	M50	4	2:40:52	2:40:55	0:22:57	1:04:13	1:32:50	2:06:10	1:18:58	1:21:54
47	1085	Schrittenlocher, Matthias	DEU	LAC Quelle Fürth/Heide	MHK	13	2:40:53	2:40:56	0:23:20	1:04:51	1:33:54	2:07:03	1:19:57	1:20:56
48	498	Maklakhov, Yuri	UKR	-/Frankfurt	M35	9	2:41:13	2:41:21	0:23:13	1:04:35	1:33:38	2:07:38	1:19:33	1:21:40
49	1081	Mlynski-Wiese, Alexander	DEU	TV Roetgen/Roetgen	M40	7	2:42:22	2:42:32	0:23:00	1:04:11	1:33:21	2:07:34	1:19:20	1:23:02
50	1072	Vosseler, Matthias	DEU	LG Filder/Stuttgart	M40	8	2:42:34	2:42:37	0:23:58	1:06:12	1:35:36	2:09:40	1:21:31	1:21:03

Ergebnisse Frauen

Platz	St-Nr.	Name	NAT	Verein/*Ort	AK	AK-Pl.	Endzeit	Brutto	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM
1	F2	Balcha Alemu, Almaz	ETH	-/-	HK	1	2:34:08	2:34:08	0:21:52	1:01:30	1:29:27	2:01:23	1:16:21	1:17:47
2	F4	Kouhan, Sviatlana	BLR	-/-	W30	1	2:34:08	2:34:08	0:22:13	1:02:12	1:30:36	2:03:09	1:16:53	1:17:15
3	F5	Chebosis Kiminy, Mildred	KEN	run2gether/-	HK	2	2:35:41	2:35:41	0:22:13	1:02:11	1:30:34	2:03:06	1:16:52	1:18:49
4	F1001	Pichlmaier, Bernadette	DEU	LAG Mittlere Isar/Tegern	W40	1	2:40:58	2:41:00	0:22:11	1:02:10	1:30:51	2:05:36	1:16:51	1:24:07
5	F6	Lewandowska, Agnieszka	POL	-/-	HK	3	2:43:13	2:43:13	0:23:14	1:04:54	1:34:36	2:09:06	1:20:12	1:23:02
6	F1007	Hofmann, Fajka	DEU	LG TELIS Finanz Regen	W30	2	2:48:23	2:48:26	0:24:05	1:07:04	1:36:59	2:12:04	1:22:34	1:25:50
7	F1008	Volke, Steffi	DEU	LG TELIS Finanz Regen	W30	3	2:51:49	2:51:51	0:23:52	1:07:36	1:39:04	2:15:40	1:23:58	1:27:51
8	F1010	Steg, Kerstin	DEU	LAC Quelle Fürth/Fürth	W40	2	2:53:07	2:53:11	0:24:56	1:08:42	1:40:12	2:17:00	1:24:52	1:28:15
9	F1012	Holljesiefken, Dr. Anke	DEU	Spiridon Frankfurt/Frank	W35	1	2:55:10	2:55:13	0:25:35	1:10:20	1:41:51	2:18:51	1:26:37	1:28:33
10	F1006	Bittel, Silke	DEU	LAC Quelle Fürth/Obera	W35	2	2:56:09	2:56:12	0:24:56	1:08:43	1:40:12	2:17:58	1:24:52	1:31:17
11	F1015	Schenk, Dr. Karin	DEU	Spiridon Frankfurt/Mainz	W35	3	2:56:28	2:56:31	0:25:51	1:11:58	1:44:12	2:21:15	1:28:41	1:27:47
12	F1014	Kulgemeyer, Christin	DEU	TV Georgsmarienhütte/	W30	4	2:57:43	2:57:48	0:25:54	1:11:49	1:44:06	2:21:13	1:28:32	1:29:12
13	F1009	Martens, Vera	DEU	Spiridon Frankfurt/Mainz	W40	3	2:58:29	2:58:32	0:25:38	1:11:29	1:44:13	2:22:04	1:28:20	1:30:09
14	F1011	Holly, Sandra	DEU	LC Mengerskirchen/Wal	W35	4	2:59:37	2:59:45	0:26:07	1:12:22	1:45:10	2:23:16	1:29:20	1:30:17
15	F1005	Heinold, Esther	DEU	WGL Schwäbisch Hall	W35	5	3:02:01	3:02:06	0:25:35	1:11:37	1:44:12	2:22:01	1:28:33	1:33:29
16	F1022	Célette, Gabriele	DEU	LC Rehlingen/Dillingen	W50	1	3:04:11	3:04:17	0:25:41	1:12:07	1:45:29	2:24:48	1:29:20	1:34:52
17	F1067	Ramsauer, Christine	DEU	LAC Quelle/Allersberg	W40	4	3:05:47	3:06:03	0:27:02	1:14:31	1:48:23	2:27:42	1:32:03	1:33:45
18	F1025	Uphoff, Tinka	DEU	Spiridon Frankfurt/Niede	HK	4	3:05:59	3:06:03	0:27:04	1:14:57	1:48:37	2:27:54	1:32:19	1:33:40
19	F1027	Dilger, Inge	DEU	FTSV 1922 Straubing/	W55	1	3:07:43	3:07:49	0:27:11	1:15:31	1:49:23	2:28:29	1:32:58	1:34:45
20	F2646	Petry, Christine	DEU	-/Ockenheim	W35	6	3:08:40	3:09:06	0:26:25	1:12:55	1:46:24	2:27:12	1:30:16	1:38:25
21	F1013	Zanzinger, Anne	DEU	TSV Crailsheim/Wallh	W45	1	3:08:43	3:08:48	0:25:40	1:12:05	1:45:30	2:27:01	1:29:09	1:39:34
22	F1017	Hofmann, Marion	DEU	TG Viktoria Augsburg/Au	W50	2	3:09:31	3:09:40	0:27:26	1:15:24	1:49:40	2:30:09	1:33:10	1:36:22
23	F1021	Keller, Barbara	DEU	ETSV Lauda/Tauberbi	W50	3	3:11:03	3:11:11	0:27:10	1:15:04	1:51:58	2:32:03	1:32:44	1:38:19
24	F1026	Bur, Daniela	DEU	LG Bad Soden /Sulzba	W35	7	3:13:51	3:13:58	0:27:50	1:16:58	1:51:35	2:32:15	1:34:52	1:38:59
25	F1020	Manneck, Inga	DEU	TG Viktoria Augsburg/Aic	W45	2	3:13:51	3:14:01	0:27:25	1:15:24	1:49:39	2:31:00	1:33:10	1:40:42
26	F1029	Bozkurt-Haas, Dr. Sevim	DEU	SSC Hanau-Rodenbac	W35	8	3:17:57	3:18:20	0:28:34	1:19:54	1:56:14	2:38:16	1:38:29	1:39:28
27	F1034	Horst, Hannelore	DEU	TV Georgsmarienhütte/	W60	1	3:19:25	3:19:38	0:27:34	1:17:29	1:53:40	2:36:20	1:36:05	1:43:21
28	F1043	Snook, Suzanne	DEU	TG Viktoria Augsburg/Ne	W45	3	3:19:44	3:20:02	0:27:49	1:17:25	1:53:32	2:36:12	1:35:58	1:43:46
29	F1035	Hofmann, Irene	DEU	LSG Karlsruhe/Karlsruh	W60	2	3:20:16	3:20:41	0:27:57	1:17:40	1:54:24	2:37:35	1:36:20	1:43:56
30	F92	Lepper-Schwarzer, Prisca	DEU	RFC Oberstedten/Ober	W40	5	3:20:34	3:21:10	0:28:32	1:19:15	1:55:50	2:39:16	1:37:56	1:42:38
31	F1033	Häußler, Julia	DEU	LAC Quelle Fürth/Stein	W45	4	3:21:34	3:22:03	0:28:47	1:19:12	1:55:12	2:38:45	1:37:26	1:44:08
32	F1030	Lakomy, Sabine	DEU	SG Düren 99 e.V./Düren	W30	5	3:22:30	3:22:51	0:28:57	1:20:06	1:56:39	2:39:46	1:38:59	1:43:32
33	F1032	Jungmann, Dana	DEU	FC Langenau/Langenau	W60	3	3:25:26	3:25:46	0:29:50	1:21:57	1:58:40	2:42:12	1:40:47	1:44:39