

4. Deutsche 10 km Straßenlauf-Meisterschaften Bad Liebenzell, 19.September 2004

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Junioren

Platz	St-Nr.	Name	JG	LV	Verein/*Ort	Total	Pos	Brutto	1.Rd.	2. Rd.	3.Rd.	4.Rd.	M/km
1	432	Koch, Stefan	1984	WE	TV Wattenscheid 01	6	6	29:31	07:00	07:24	07:25	07:09	2,57
2	341	Förster, Jan	1982	BE	SCC Berlin	9	9	29:48	07:11	07:23	07:24	07:21	2,59
3	400	Pollmächer, André	1983	SN	LAC Erdgas Chemnitz	10	10	29:50	07:00	07:24	07:25	07:26	2,59
4	353	Baier, Heiko	1984	HE	LG Fulda	16	16	30:23	07:02	07:31	07:36	07:36	3,02
5	368	Paetzke, Christoph	1983	NI	DSC Oldenburg	17	17	30:30	07:24	07:36	07:28	07:30	3,03
6	332	Krauspe, Jan Christian	1982	BY	LG Domspitzmilch Regensburg	21	21	30:39	07:16	07:20	07:45	07:42	3,04
7	451	Werner, Markus	1982	WÜ	TSG 1845 Heilbronn	23	23	30:40	07:24	07:36	07:37	07:29	3,04
8	373	Mariathasan, Mike	1982	NO	LG Bonn/Troisdorf/Niederkassel	25	25	30:45	07:26	07:34	07:36	07:34	3,05
9	330	Meißgeier, Markus	1982	BY	LG Hof	27	27	30:52	07:30	07:31	07:36	07:41	3,05
10	502	Schaff, Tom	1985	MV	Schweriner Sportclub	31	31	31:02	07:24	07:37	07:46	07:38	3,06
11	478	Reininger, Hendrik	1985	WÜ	TG Nürtingen	35	35	31:08	07:31	07:35	07:41	07:43	3,07
12	417	Uliczka, Steffen	1984	SH	SG TSV Kronsh./Kieler TB	37	37	31:19	07:31	07:44	07:46	07:42	3,08
13	457	Pfeiffer, Michael	1982	WÜ	LAZ Salamander Kornw./Ludwigsb	38	38	31:20	07:35	07:43	07:38	07:50	3,08
14	384	Wilhelm, Patric	1983	NO	LAV Bayer Uerdingen/Dormagen	39	39	31:23	07:31	07:46	07:48	07:44	3,08
15	402	Dobrowald, Bastian	1984	SN	SC DHfK Leipzig	40	40	31:24	07:31	07:47	07:48	07:46	3,08
16	345	Jahn, Markus	1985	HE	LG Baunatal/Fuldabrück	41	41	31:26	07:32	07:47	07:45	07:49	3,09
17	459	Stanger, Christian	1986	WÜ	LG Leinfelden-Echterdingen	42	42	31:28	07:34	07:43	07:46	07:49	3,09
18	419	Gallert, Jan	1982	SH	LG Wedel/Pinneberg	43	43	31:31	07:31	07:47	07:47	07:51	3,09
19	437	Sperling, Christian	1984	WE	TV Wattenscheid 01	44	44	31:33	07:48	07:50	07:48	07:30	3,09
20	399	Lindner, Benjamin	1984	SN	LAC Erdgas Chemnitz	45	45	31:34	07:41	07:47	07:47	07:45	3,09
21	372	Gatzweiler, Johannes	1984	NO	LG Bonn/Troisdorf/Niederkassel	52	52	31:39	07:40	07:48	07:47	07:47	3,10
22	418	Albrecht, Konstantin	1983	SH	LG Wedel/Pinneberg	54	54	31:42	07:25	07:35	07:40	08:14	3,10
23	441	Weiß-Latzko, Markus	1984	WÜ	LSG Aalen	56	56	31:45	07:38	07:49	07:50	07:53	3,11
24	366	Reichert, Florian	1982	NI	TSV Kirchdorf	58	58	31:46	07:38	07:49	07:49	07:54	3,11
25	333	Manthee, René	1982	BY	LG Domspitzmilch Regensburg	60	60	31:47	07:40	07:50	07:49	07:53	3,11
26	429	Bollmann, Hendrik	1982	WE	TV Wattenscheid 01	61	61	31:49	07:49	07:49	07:48	07:47	3,11
27	375	Oehler, Tim	1985	NO	LG Bonn/Troisdorf/Niederkassel	62	62	31:52	07:35	07:52	07:53	07:57	3,11
28	331	Heilmann, Andreas	1984	BY	TSG Kleinstheim	63	63	32:00	07:43	07:48	07:48	08:02	3,12
29	486	Walker, Matthias	1983	WÜ	LAC Pliezhausen	64	64	32:01	07:44	07:58	07:56	07:49	3,12
30	349	Wenmmacher, Johannes	1983	HE	LG Baunatal/Fuldabrück	66	66	32:03	07:34	07:57	08:03	07:58	3,12
31	377	Bauer, Janis	1986	NO	SFD 75 Düsseldorf-Süd	67	67	32:14	07:41	07:48	08:02	08:04	3,13
32	371	Utermöhle, Johannes	1984	NI	LG Solling	68	68	32:16	07:43	07:46	08:00	08:13	3,14
33	346	Jahn, Matthias	1983	HE	LG Baunatal/Fuldabrück	70	70	32:24	07:43	07:56	08:01	08:08	3,14
34	398	Heisch, Philipp	1984	SN	LAC Erdgas Chemnitz	71	71	32:24	07:41	07:51	08:06	08:14	3,14
35	344	Flügel, Julian	1986	HE	LG Baunatal/Fuldabrück	73	73	32:29	07:43	07:57	08:05	08:08	3,15
36	426	Kinitz, Tim	1986	WE	LG Hamm	74	74	32:30	08:08	08:09	08:00	07:38	3,15
37	420	Kellermann, Jannis	1982	SH	LG Wedel/Pinneberg	75	75	32:38	07:30	07:53	08:18	08:17	3,16
38	474	Giering, Tobias	1982	WÜ	LG Badenova Nordschwarzwald	78	78	32:41	07:47	08:04	08:10	08:04	3,16
39	436	Schultz, Tobias	1984	WE	TV Wattenscheid 01	79	79	32:43	08:01	08:05	08:05	07:57	3,16
40	369	Pupkes, Eike Carsten	1984	NI	DSC Oldenburg	81	81	32:50	08:08	08:10	07:58	07:59	3,17
41	427	Hille, Pascal	1983	WE	ESV Münster	84	84	32:56	07:57	08:11	08:08	08:04	3,18
42	367	Hackl, Daniel	1982	NI	DSC Oldenburg	87	87	33:05	07:53	08:12	08:11	08:13	3,19
43	408	Melchien, Lars	1983	SN	SC DHfK Leipzig	88	88	33:08	07:54	08:17	08:14	08:07	3,19
44	348	Lappöhn, David	1984	HE	LG Baunatal/Fuldabrück	90	90	33:13	07:36	08:12	08:26	08:25	3,19
45	327	Stürmer, Christian	1984	BY	LAC Quelle Fü/Mü/Wü	91	91	33:17	08:02	08:13	08:16	08:07	3,20
46	489	Schwab, Andreas	1985	WÜ	VfL Sindelfingen	92	92	33:22	07:51	08:14	08:21	08:18	3,20
47	483	Neu, Florian	1982	WÜ	LAC Pliezhausen	94	94	33:29	07:47	08:19	08:24	08:22	3,21
48	406	Keller, Marcus	1984	SN	SC DHfK Leipzig	101	101	33:39	07:59	08:11	08:28	08:23	3,22
49	321	Egerer, Stefan	1983	BY	LG Kreis Ansbach	104	104	33:46	07:46	08:10	08:32	08:37	3,23
50	458	Gredinger, Andreas	1983	WÜ	LG Leinfelden-Echterdingen	107	107	33:59	07:55	08:25	08:33	08:30	3,24
51	442	Hoffmann, Sascha	1985	WÜ	LG Calw	108	108	34:00	07:53	08:20	08:29	08:41	3,24
52	370	Schmidt, Jörn	1984	NI	DSC Oldenburg	109	109	34:07	08:10	08:25	08:30	08:26	3,25
53	308	Günzel, Andreas	1985	BA	LV Biet	111	111	34:15	08:21	08:35	08:33	08:17	3,26
54	383	Sundaralingam, Sarangan	1983	NO	LAV Bayer Uerdingen/Dormagen	112	112	34:19	08:31	08:30	08:32	08:13	3,26
55	382	Rück, Matthias	1982	NO	LAV Bayer Uerdingen/Dormagen	113	113	34:20	08:15	08:27	08:29	08:36	3,26
56	448	Reischle, Patrick	1984	WÜ	TSG 1845 Heilbronn	115	115	34:25	08:10	08:27	08:37	08:35	3,27
57	446	Bauer, Magnus	1983	WÜ	TSG 1845 Heilbronn	116	116	34:27	08:11	08:30	08:47	08:23	3,27
58	410	Rudolf, Christian	1986	SN	SC DHfK Leipzig	120	120	34:38	07:59	08:29	08:47	08:45	3,28
59	310	Keller, Philipp	1983	BA	PTSV Jahn Freiburg	123	123	35:00	08:07	08:28	08:46	08:57	3,30
60	444	Sauer, Matthias	1984	WÜ	TSV Genkingen	126	126	35:13	08:26	09:01	08:39	08:34	3,31
61	460	Stegbauer, Matthias	1983	WÜ	LG Leinfelden-Echterdingen	127	127	35:16	08:25	08:36	08:41	08:52	3,32
62	485	Vek, Florian	1983	WÜ	LAC Pliezhausen	133	133	36:12	08:13	08:51	09:08	09:17	3,37
63	471	Esslinger, Johannes	1984	WÜ	LG Badenova Nordschwarzwald	134	134	36:16	08:39	09:01	09:07	08:45	3,38
64	494	Wochele, Uwe	1984	WÜ	LT Sulz am Eck	135	135	36:22	08:32	08:59	09:09	08:57	3,38
65	498	Faiß, Stefan	1983	WÜ	LG Weinstadt	139	139	36:31	08:17	09:09	09:17	09:09	3,39
66	338	Schäffer, Benedikt	1986	BY	LG Domspitzmilch Regensburg	141	141	36:52	08:38	09:04	09:13	09:17	3,41
67	484	Sonnleitner, Samuel	1982	WÜ	LAC Pliezhausen	142	142	36:57	08:38	09:09	09:20	09:10	3,42
68	307	Dürr, Benjamin	1986	BA	LV Biet	147	147	38:31	09:17	09:42	09:36	09:15	3,51
69	305	Kunkis, Damian	1983	BA	LV Biet	151	151	42:09	09:47	10:28	10:31	10:37	4,13
70	306	Mensing, Julius	1983	BA	LV Biet	154	154	45:18	10:15	11:00	11:48	00:00	4,32

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Männer

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1	361	Eich, Carsten	1970	NI	LG Braunschweig	1	1	28:55	06:52	07:06	07:10	07:13	2,54
2	433	Lubina, Alexander	1979	WE	TV Wattenscheid 01	2	2	29:04	07:00	07:14	07:14	07:08	2,54
3	360	Dietz, Oliver	1977	NI	LG Braunschweig	3	3	29:06	07:02	07:11	07:15	07:08	2,55
4	324	Hedrit, Embaye	1976	BY	LAC Quelle Fü/Mü/Wü	4	4	29:14	06:59	07:13	07:16	07:08	2,55
5	343	Gabius, Arne	1981	HH	LAV Hamburg-Nord	5	5	29:30	07:01	07:23	07:13	07:20	2,57
6	430	Güssow, Christian	1976	WE	TV Wattenscheid 01	7	7	29:42	07:21	07:20	07:14	07:13	2,58
7	363	Austin-Kerl, Jürgen	1970	NI	LG Göttingen	8	8	29:46	07:02	07:21	07:25	07:24	2,59
8	412	Cierpinski, Falk	1978	ST	SV Halle	11	11	29:50	07:02	07:23	07:34	07:18	2,59
9	319	Freudenberger, Holger	1977	BA	SG Walldorf-Astoria 02	12	12	30:03	07:09	07:24	07:28	07:30	3,00
10	359	Burger, Mario	1967	NI	LG Braunschweig	13	13	30:13	07:12	07:22	07:30	07:33	3,01
11	401	Borrmann, Jens	1974	SN	SC DHfK Leipzig	14	14	30:13	07:15	07:20	07:29	07:38	3,01
12	434	Meyer, Manuel	1981	WE	TV Wattenscheid 01	15	15	30:14	07:21	07:20	07:28	07:32	3,01
13	365	Müller, Ingo	1978	NI	LG Göttingen	18	18	30:34	07:25	07:35	07:35	07:24	3,03
14	447	Post, Jonathan	1976	WÜ	TSG 1845 Heilbronn	19	19	30:35	07:15	07:36	07:39	07:33	3,04
15	350	Lotz, Tammo	1977	HE	TSV Cappel	20	20	30:36	07:24	07:31	07:32	07:34	3,04
16	347	Kessler, Markus	1979	HE	LG Baunatal/Fuldabrück	22	22	30:39	07:12	07:30	07:42	07:44	3,04
17	409	Nürnberg, Dirk	1970	SN	SC DHfK Leipzig	24	24	30:42	07:25	07:35	07:35	07:31	3,04
18	468	Banzhaf, Thorsten	1978	WÜ	LG Badenova Nordschwarzwald	26	26	30:50	07:15	07:41	07:44	07:35	3,05
19	450	Stegerer, Thomas	1975	WÜ	TSG 1845 Heilbronn	28	28	30:57	07:23	07:36	07:39	07:47	3,06
20	396	Schu, Stephan	1977	SL	SV Saar 05 Saarbrücken	29	29	30:58	07:31	07:44	07:40	07:30	3,06
21	500	Lenz, Daniel	1975	WÜ	LG Weinstadt	30	30	30:59	07:38	07:38	07:39	07:30	3,06
22	414	Matthes, Torsten	1974	ST	SV Halle	32	32	31:03	07:30	07:36	07:41	07:42	3,06
23	405	Fritzs, Volker	1979	SN	SC DHfK Leipzig	33	33	31:04	07:13	07:47	07:48	07:40	3,06
24	407	Körner, Dr. Matthias	1968	SN	SC DHfK Leipzig	34	34	31:04	07:43	07:36	07:36	07:34	3,06
25	438	Allgeyer, Martin	1977	WÜ	VfL Sindelfingen	36	36	31:13	07:17	07:43	07:39	07:56	3,07
26	435	Müller, Michael	1981	WE	TV Wattenscheid 01	46	46	31:35	07:50	07:49	07:48	07:32	3,10
27	355	Harland, Jörn	1981	HE	PSV Grün-Weiß Kassel	47	47	31:35	07:38	07:48	07:50	07:44	3,10
28	337	Salzberger, Rudolf	1969	BY	LG Domspitzmilch Regensburg	48	49	31:36	07:41	07:48	07:47	07:46	3,10
28	329	Steininger, Oliver	1969	BY	TV Geiselhöring	48	48	31:36	07:36	07:51	07:50	07:44	3,10
30	499	Illg, Jürgen	1969	WÜ	LG Weinstadt	50	50	31:36	07:37	07:47	07:52	07:44	3,10
31	351	van Ghemen, Tobias	1972	HE	ASC Darmstadt	51	51	31:37	07:37	07:47	07:50	07:47	3,10
32	394	Hahn, Frank	1966	SL	SV Saar 05 Saarbrücken	53	53	31:40	07:46	07:45	07:43	07:51	3,10
33	423	Freudenau, Jens	1969	WE	LC Rapid Dortmund	55	55	31:44	07:33	07:43	07:46	08:03	3,10
34	364	Dessi, Sascha	1973	NI	LG Göttingen	57	57	31:45	07:45	07:42	07:48	07:54	3,11
35	413	Jeschke, Josef	1977	ST	SV Halle	59	59	31:46	07:34	07:47	08:00	07:50	3,11
36	411	Heinrich, Steffen	1980	SN	SV Vorwärts Zwickau	65	65	32:02	07:40	07:48	07:53	08:05	3,12
37	416	Korth, Oliver	1978	SH	THW Kiel	69	69	32:17	07:45	07:57	07:56	08:02	3,14
38	309	Utz, Marco	1975	BA	LG Brandenkopf	72	72	32:28	07:46	07:55	08:04	08:05	3,15
39	488	Petri, Karlo	1974	WÜ	VfL Sindelfingen	76	76	32:39	07:49	08:03	08:09	08:03	3,16
40	311	Richter, Björn	1976	BA	USC Freiburg	77	77	32:40	07:49	08:02	08:09	08:04	3,16
41	389	Krause, Carsten	1980	RL	Post-Sport Telekom Trier	80	80	32:43	08:00	08:06	07:59	08:02	3,16
42	357	Reiser, Jürgen	1974	HE	LG Odenwald	82	82	32:52	07:43	08:00	08:13	08:18	3,17
43	381	Czarnietzki, Martin	1980	NO	LAV Bayer Uerdingen/Dormagen	83	83	32:56	07:42	08:06	08:17	08:12	3,18
44	316	Butz, Dirk	1967	BA	TV 1893 Rheinau	85	85	32:59	08:06	08:09	08:05	08:03	3,18
45	397	Trampert, Uwe	1972	SL	LSG Saarbrücken-Sulzbachtal	86	86	33:00	07:44	08:03	08:17	08:23	3,18
46	315	Arnold, Raphael	1980	BA	SV Liggersdorf	89	89	33:10	07:32	08:16	08:27	08:24	3,19
47	456	Melcher, Christoph	1974	WÜ	LAZ Salamander Kornw./Ludwigsb	93	93	33:24	07:50	08:17	08:15	08:22	3,20
48	380	Voigt-Krämer, Dirk	1968	NO	Ohligser TV	95	95	33:32	07:49	08:07	08:23	08:34	3,21
49	449	Reischle, Matthias	1979	WÜ	TSG 1845 Heilbronn	96	96	33:34	07:53	08:19	08:26	08:20	3,21
50	386	Lutz, Christoph	1975	RL	BBC Koblenz-Horchheim	97	97	33:36	07:59	08:18	08:28	08:14	3,22
51	390	Krause, Thorsten	1980	RL	Post-Sport Telekom Trier	98	98	33:37	08:09	08:20	08:20	08:13	3,22
52	312	Flum, Hardy	1965	BA	LG Hohenfels	99	99	33:37	07:59	08:19	08:26	08:19	3,22
53	440	Schlipf, Matthias	1979	WÜ	LSG Aalen	100	100	33:38	07:58	08:19	08:26	08:21	3,22
54	322	Brantsch, Klaus	1971	BY	LuT Aschaffenburg	102	102	33:40	07:57	08:36	08:30	08:03	3,22
55	328	Przybilla, Harald	1966	BY	TV Geiselhöring	103	103	33:42	07:54	08:18	08:23	08:26	3,22
56	325	Hummer, Frank	1978	BY	LAC Quelle Fü/Mü/Wü	105	105	33:52	08:02	08:16	08:36	08:24	3,23
57	454	Kustermann, Werner	1978	WÜ	LAZ Salamander Kornw./Ludwigsb	106	106	33:56	08:00	08:37	08:28	08:20	3,24
58	452	Baumstark, Michael	1969	WÜ	LAZ Salamander Kornw./Ludwigsb	110	110	34:13	08:20	08:32	08:29	08:16	3,25
59	387	Bolten, Dominik	1975	RL	Post-Sport Telekom Trier	114	114	34:22	08:16	08:32	08:30	08:27	3,26
60	395	Hohwieler, Che	1971	SL	SV Saar 05 Saarbrücken	117	117	34:33	08:09	08:24	08:38	08:44	3,27
61	301	Sprich, Rainer	1972	BA	LG Baar	118	118	34:35	08:05	08:30	08:44	08:41	3,28
62	461	Reichert, Holger	1975	WÜ	Skiclub Lossburg	119	119	34:37	08:23	08:33	08:33	08:28	3,28
63	466	Heubach, Axel	1966	WÜ	LG Neckar-Enz	121	121	34:41	08:15	08:28	08:39	08:41	3,28
64	493	Kopp, Harald	1977	WÜ	LT Sulz am Eck	122	122	34:51	08:16	08:24	08:44	08:46	3,29
65	388	Heinen, Lukas	1981	RL	Post-Sport Telekom Trier	124	124	35:08	08:15	08:42	08:49	08:45	3,31
66	453	Fahmer, Andreas	1973	WÜ	LAZ Salamander Kornw./Ludwigsb	125	125	35:12	08:16	08:41	08:50	08:46	3,31
67	392	Harig, Stefan	1970	SL	VfA Neunkirchen	128	128	35:17	08:31	08:38	08:46	08:45	3,32
68	479	Gillich, Jochen	1971	WÜ	VfL Ostelsheim	129	129	35:22	08:24	08:46	08:47	08:46	3,32
69	491	Göpfert, Thomas	1979	WÜ	LT Sulz am Eck	130	130	35:30	08:32	08:48	08:49	08:42	3,33
70	358	Özaykut, Heiko	1972	HE	LC Olympia Wiesbaden	131	131	35:44	08:16	08:39	09:05	09:01	3,34
71	425	Weindorf, Matthias	1979	WE	LG Halver-Schalksmühle	132	132	36:09	08:50	08:46	08:42	09:06	3,37
72	443	Ohngemach, Ulrich	1968	WÜ	LG Calw	136	136	36:23	08:33	08:55	09:07	09:09	3,38
73	314	Großmüller, Martin	1965	BA	LSG Karlsruhe	137	137	36:24	08:40	08:57	09:06	09:00	3,38
74	482	Nowak, Ralf	1970	WÜ	VfL Ostelsheim	138	138	36:28	08:48	08:59	09:05	08:56	3,39

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75	487	Höschele, Jochen	1968	WÜ EK Schwaikheim	140	140	36:32	08:58	08:55	08:59	09:00	3,39
76	445	Paschke, Alexander	1970	WÜ TV Hechingen	143	143	37:11	08:37	09:11	09:14	09:23	3,43
77	385	Schütze, Marco	1970	RL Gerolsteiner LGV	144	144	37:50	08:54	09:28	09:31	09:15	3,47
78	481	Moll, Gunther	1972	WÜ VfL Ostelsheim	145	145	38:16	08:59	09:30	09:33	09:31	3,50
79	495	Stauß, Frank	1970	WÜ TB Tailfingen	146	146	38:26	08:48	09:39	09:45	09:37	3,51
80	318	Bayer, Franz	1969	BA SV Waldkirch	148	148	39:04	08:59	09:36	09:50	09:52	3,54
81	302	Falk, Guido	1975	BA TV Biberach	149	149	39:27	08:49	10:01	09:55	09:58	3,57
82	492	Kaiser, Thomas	1974	WÜ LT Sulz am Eck	150	150	40:32	09:32	10:00	10:10	10:07	4,03
83	464	Reutter, Thomas	1966	WÜ SG 77 Monakam	152	152	42:21	10:07	10:31	10:31	10:24	4,14
84	463	Kurtenbach, Dirk	1967	WÜ SG 77 Monakam	153	153	43:24	10:22	11:02	10:53	10:25	4,20