

Männer Mittelstrecke

AK-Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Runden
Altersklasse Männer MHK						
1	156	Burkhardt Dominik	LG Neckar-Enz	0:10:56	MHK 1977	03:40 * 03:34
2	19	Stifel Jonas	LG Nord Berlin	0:11:04	MHK 1980	03:41 * 03:39
3	16	Haschke Franek	LG Nord Berlin	0:11:12	MHK 1980	03:47 * 03:44
4	47	Schlangen Carsten	SV Union Meppen	0:11:13	MHK 1980	03:41 * 03:44
5	126	Chayriguet Christophe	LG Olympia Dortmund	0:11:17	MHK 1979	03:47 * 03:48
6	164	Allgeyer Martin	VfL Sindelfingen	0:11:17	MHK 1977	03:51 * 03:45
7	131	Varnhagen Ansgar	LG Olympia Dortmund	0:11:19	MHK 1979	03:45 * 03:47
8	46	Müller Ingo	LG Göttingen	0:11:29	MHK 1978	03:44 * 03:50
9	64	Zopes David Henry	ASV Köln	0:11:33	MHK 1984	03:46 * 03:48
10	91	Kowalinski Marc-André	Gerolsteiner LGV	0:11:35	MHK 1978	03:51 * 03:42
11	93	Schuff Carlo	Gerolsteiner LGV	0:11:37	MHK 1980	03:50 * 03:58
12	154	Lenk Christian	LG Badenova Nordschwa	0:11:38	MHK 1979	03:46 * 03:49
13	143	Walker Matthias	LAC Pliezhausen	0:11:39	MHK 1983	03:55 * 03:55
14	116	Schneider Markus	SV Kvffhäuser Bd.Franke	0:11:39	MHK 1984	03:48 * 04:01
15	145	Erz Gunnar	LAV ASICS Tübingen	0:11:40	MHK 1985	03:58 * 03:52
16	97	Koch Thomas	LC asics Rehlingen	0:11:41	MHK 1983	03:50 * 03:55
17	68	Mellouk Fahd	TSV Bayer Leverkusen	0:11:43	MHK 1979	03:41 * 03:55
18	82	Mariathan Mike	LAZ Puma Troisdorf/Sie	0:11:44	MHK 1982	03:52 * 03:56
19	21	Rapp Mark	LG VfL/SSG Bensheim	0:11:45	MHK 1978	03:51 * 03:57
20	144	Atz Christian	LAV ASICS Tübingen	0:11:47	MHK 1984	03:58 * 03:55
21	70	Wilhelm Patric	TSV Bayer Leverkusen	0:11:47	MHK 1983	03:56 * 03:56
22	129	Schulte Robert	LG Olympia Dortmund	0:11:48	MHK 1978	03:54 * 03:58
23	155	Wullings Michael	LG Leinfelden-Echterd.	0:11:49	MHK 1976	03:56 * 03:58
24	13	Lorbacher David	LG Würm Athletik	0:11:49	MHK 1984	03:54 * 04:03
25	150	Banzhaf Thorsten	LG Badenova Nordschwa	0:11:51	MHK 1978	03:57 * 03:58
26	69	Stemmler Michael	TSV Bayer Leverkusen	0:11:51	MHK 1979	03:56 * 03:57
27	90	Hoffmann Tobias	Gerolsteiner LGV	0:11:52	MHK 1979	03:59 * 03:56
28	120	Moormann Christoph	LC ThüringenGas Erfurt	0:11:53	MHK 1983	03:55 * 03:57
29	114	Kellermann Jannis	LG Wedel/Pinnebera	0:11:53	MHK 1982	03:56 * 03:55
30	152	Giering Tobias	LG Badenova Nordschwa	0:11:54	MHK 1982	03:58 * 03:57
31	83	Oehler Tim	LAZ Puma Troisdorf/Sie	0:11:54	MHK 1985	04:00 * 03:58
32	110	Albrecht Konstantin	LG Wedel/Pinnebera	0:11:55	MHK 1983	03:57 * 03:57
33	44	Schenker Frerk	LG Göttingen	0:11:56	MHK 1980	03:58 * 03:59
34	63	Somssich Erik	ASV Köln	0:11:56	MHK 1985	03:56 * 03:58
35	62	Legath Philipp	ASV Köln	0:11:57	MHK 1979	03:55 * 03:59
36	108	Winkler Thomas	SC DHfK Leipzig	0:11:58	MHK 1980	03:54 * 04:00
37	52	Thönnessen Florian	Aachener Turngemeinde	0:11:59	MHK 1977	04:02 * 03:58
37	117	Biele Christian	LC ThüringenGas Erfurt	0:11:59	MHK 1983	03:56 * 03:59
39	42	Manning Till	LG Göttingen	0:12:02	MHK 1977	03:58 * 04:04
40	107	Müller Michael	SC DHfK Leipzig	0:12:03	MHK 1981	03:57 * 04:06
41	35	Freund Maximilian	TV Waldstraße Wiesbade	0:12:04	MHK 1967	04:00 * 04:00
42	162	Reischle Patrick	TSG 1845 Heilbronn	0:12:04	MHK 1984	04:01 * 04:02
43	27	Fischer Andreas	PSV Grün-Weiß Kassel	0:12:05	MHK 1974	04:03 * 03:59
44	112	Gallert Jan	LG Wedel/Pinnebera	0:12:05	MHK 1982	03:55 * 04:07
45	36	Schmid Peter	TV Waldstraße Wiesbade	0:12:06	MHK 1972	04:00 * 04:01
46	160	Kröner Marco	TSG 1845 Heilbronn	0:12:09	MHK 1985	04:02 * 04:11
47	118	Eberhardt Stefan	LC ThüringenGas Erfurt	0:12:09	MHK 1985	03:40 * 04:00
48	167	Theiler Franz	LAC Fürth	0:12:10	MHK 0	03:59 * 04:04
49	84	Czarnietzki Martin	LAV Bayer Uerdingen/Do	0:12:11	MHK 1980	03:58 * 04:05
50	0	unbekannt DW2GVSX		0:12:11	MHK 0	04:03 * 04:01
51	94	Kah Sören	LG Lahn-Aar-Esterau	0:12:12	MHK 1982	03:57 * 04:01
52	123	Freudenau Jens	LC Rapid Dortmund	0:12:12	MHK 1969	04:01 * 04:04

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Altersklasse Männer MHK						
53	79	Gatzweiler Johannes	LAZ Puma Troisdorf/Sie	0:12:12	MHK 1984	03:53 * 04:09
54	146	Keller Matthias	LAV ASICS Tübingen	0:12:13	MHK 1984	04:02 * 04:04
55	30	Kremer Daniel	LC Menaerskirchen	0:12:14	MHK 1980	04:04 * 04:08
56	151	Bauermeister Kim	LG Badenova Nordschwa	0:12:15	MHK 1970	03:56 * 04:04
57	61	Kempis Oliver Hermann	ASV Köln	0:12:16	MHK 1977	04:01 * 04:03
58	8	Keinert Sebastian	DJK Käfertal-Waldhof	0:12:16	MHK 1982	03:56 * 04:08
59	53	Bardy Stephan	LG Ameln/Linnich	0:12:17	MHK 1985	04:00 * 04:11
60	119	Freimann Andreas	LC ThüringenGas Erfurt	0:12:18	MHK 1983	03:57 * 04:04
61	20	Conrad Martin	SC Potsdam	0:12:18	MHK 1986	04:13 * 04:07
62	14	Giedl Andreas	TSV Detta Wernbera	0:12:19	MHK 1981	04:00 * 04:08
63	65	Araiedh Chokri	TSV Baver Leverkusen	0:12:19	MHK 1986	04:04 * 04:10
64	32	Panthöfer Peter	LG Neu-Isenburg - Heusen	0:12:20	MHK 1980	04:00 * 04:07
65	87	Trauth Oliver	TV Herxheim	0:12:20	MHK 1983	04:06 * 04:10
66	54	Bischoff Marcel	LG Ameln/Linnich	0:12:21	MHK 1987	04:07 * 04:02
67	6	Pletschen Ingo	LG Karlsruhe	0:12:21	MHK 1984	04:09 * 04:07
68	34	Schmitt Raphael	TV Trebur	0:12:22	MHK 1981	04:02 * 04:09
69	134	Eilinghoff Sven	ESV Münster	0:12:23	MHK 1971	04:17 * 04:05
70	98	Seewald Mike	LC asics Rehlingen	0:12:24	MHK 1986	04:05 * 04:08
71	153	Katzmarek Uwe	LG Badenova Nordschwa	0:12:25	MHK 1982	04:07 * 04:09
72	5	Kühnert Timo	LG Karlsruhe	0:12:25	MHK 1983	04:11 * 04:09
73	136	Gemke Christian	LC Paderborn	0:12:27	MHK 1982	04:06 * 04:11
73	0	unbekannt DX2V0MY		0:12:27	MHK 0	04:06 * 04:11
74	101	Lehmann Sascha	LSG Sbr.-Sulzbachtal	0:12:27	MHK 1981	04:08 * 04:10
75	148	Pörtner Sven	LAV ASICS Tübingen	0:12:30	MHK 1983	04:15 * 04:10
76	99	Wiesen Michael	LC asics Rehlingen	0:12:30	MHK 1981	04:04 * 04:11
77	28	Musick Matthias	PSV Grün-Weiß Kassel	0:12:31	MHK 1981	04:14 * 04:10
78	137	Niemeyer Nils	LC Paderborn	0:12:32	MHK 1976	04:12 * 04:08
79	50	Schwabe Johannes	Aachener Turngemeinde	0:12:33	MHK 1980	04:09 * 04:10
80	59	Valleé Tim	LG Ameln/Linnich	0:12:34	MHK 1985	04:20 * 04:10
81	25	Anbau Daniel	PSV Grün-Weiß Kassel	0:12:34	MHK 1978	04:12 * 04:12
82	29	Andrev Alexander	LC Menaerskirchen	0:12:36	MHK 1981	04:07 * 04:11
83	103	Trampert Uwe	LSG Sbr.-Sulzbachtal	0:12:36	MHK 1972	04:10 * 04:11
84	165	Jessen Tom	TSG Baldaen	0:12:40	MHK 1972	04:08 * 04:16
85	133	Böhringer Henrik	LG Kindelsberg Kreuztal	0:12:41	MHK 1985	04:15 * 04:10
86	89	Schessler Andreas	USC Mainz	0:12:45	MHK 1985	04:19 * 04:15
87	7	Stocker Andri Christian	LG Karlsruhe	0:12:45	MHK 1984	04:13 * 04:11
88	161	Reischle Matthias	TSG 1845 Heilbronn	0:12:47	MHK 1979	04:13 * 04:15
89	78	Bergmann Werner	LAZ Puma Troisdorf/Sie	0:12:51	MHK 1972	04:19 * 04:17
90	71	Nippoldt Robert	Leichtathletik Nütterden	0:12:56	MHK 1977	04:19 * 04:18
91	22	Rapp Stephan	LG VfL/SSG Bensheim	0:12:57	MHK 1972	04:09 * 04:15
92	48	Lehmbach Benjamin	Aachener Turngemeinde	0:12:58	MHK 1980	04:19 * 04:22
93	58	Thiemann Patrick	LG Ameln/Linnich	0:13:04	MHK 1984	04:19 * 04:25
94	132	Schafmeister Jens	Endspurt OWL	0:13:06	MHK 1979	04:18 * 04:22
95	77	Selbach Gregor	TV Refrath	0:13:06	MHK 1972	04:16 * 04:21
95	166	Schräder Björn	Runnina Tema Bad Ems	0:13:06	MHK 1985	04:12 * 04:22
97	24	Welkner Silvio	TSV Friedberg-Fauerbach	0:13:17	MHK 1978	04:11 * 04:29
98	0	unbekannt DW7K1WP		0:13:18	MHK 0	04:11 * 04:28
99	102	Münnich Martin	LSG Sbr.-Sulzbachtal	0:13:19	MHK 1976	04:22 * 04:29
100	33	Weidl Michael	LG Offenbach	0:13:25	MHK 1966	04:16 * 04:34
101	88	Wach Oliver	TV Herxheim	0:13:27	MHK 1984	04:19 * 04:33
102	67	Imhorst Focko	TSV Baver Leverkusen	0:13:31	MHK 1984	04:19 * 04:35
103	23	Jost Markus	TSV Friedberg-Fauerbach	0:13:46	MHK 1985	04:26 * 04:41

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Altersklasse Männer MHK						
104	86	Gauly Bernd	TV Herxheim	0:13:47	MHK 1984	04:32 * 04:42
105	100	Bachelier Andreas	LSG Sbr.-Sulzbachtal	0:13:51	MHK 1981	04:28 * 04:40
106	15	Zoller Ingo	TV Haibach	0:14:03	MHK 1970	04:27 * 04:42
107	95	Schreeck Kai-Ulrich	LG Lahn-Aar-Esterau	0:14:03	MHK 1985	04:23 * 04:46
108	56	Lange Thomas-Christian	LG Ameln/Linnich	0:14:31	MHK 1980	04:32 * 04:59
109	55	Duisken Mike	LG Ameln/Linnich	0:14:31	MHK 1970	04:15 * 05:12