

Zeitplan DM Jugend U20/U18 - Freitag, 29.07.2016 -



	Männl. Jugend U20		Männl. Jugend U18		Weibl. Jugend U20		Weibl. Jugend U18	
10:00			5.000m BG	F	5.000m BG	F		
10:35	10.000m BG	F					3.000m BG	F
11:35							100m H	VL
12:00			Speer	F				
12:05							Kugel	F
12:10			400m	VL				
12:45							800m	VL
13:00			Stab	F				
13:00	100m	VL						
13:35					100m	VL		
14:05							4x100m	VL
14:25							Drei	F
14:30							Speer	F
14:30							Hammer	F
14:40			Kugel	F				
14:45			110m H	VL				
15:10							100m H	ZL
15:30							1.500m	VL
15:50			4x100m	VL				
16:15	100m	ZL						
16:35					100m	ZL		
16:50			800m	VL				
17:00							Stab	F
17:10							400 m	VL
17:30			Hoch	F				
17:40							100m H	F
17:50			110m H	F				
18:00			Weit	F				
18:00			Hammer	F				
18:05			1.500m	VL				
18:25			3.000m	F				
18:40							3.000m	F
19:00	100m	F						
19:10					100m	F		
19:25							400m H	VL
20:00			400m H	VL				
20:25	5.000m	F						
20:45							4x100m	F
21:00			4x100m	F				

Zeitplan DM Jugend U20/U18

- Samstag, 30.07.2016 -



	Männl. Jugend U20	Männl. Jugend U18	Weibl. Jugend U20	Weibl. Jugend U18	
10:00		Diskus	F		
10:00	110m H	VL			
10:25			100m H	VL	
10:30		Drei	F		
10:40	1.500m	VL			
11:00			400m	VL	
11:10				Hoch	F
11:20	800m	VL			
11:45			1.500m	VL	
11:55	Stab	F			
12:00	Diskus	F			
12:10			100m H	ZL	
12:30	110m H	ZL			
12:50			800m	VL	
13:00	Drei	F			
13:05	400m	VL			
13:25				100m	VL
14:00			Kugel	F	
14:00		100m	VL		
14:35				Diskus	F
14:40			200m	VL	
14:55	200m	VL			
15:25	110m H	F			
15:35			100m H	F	
15:45				Weit	F
15:50		1.500m	F		
16:00			Hoch	F	
16:05				100m	ZL
16:25		100m	ZL		
16:50				800m	F
17:00			Hammer	F	
17:00		400m	F		
17:20			200m	F	
17:30	200m	F			
17:50		800m	F		
18:00				400m	F
18:10			Weit	F	
18:15			Diskus	F	
18:20	400m H	VL			
18:40			400m H	VL	
19:10				100m	F
19:20		100m	F		
19:30				1.500m	F
19:45				1.500m H	F
20:00			2.000m H	F	
20:15	2.000m H	F			
20:30		2.000m H	F		
20:45				400m H	F
21:00		400m H	F		

Zeitplan DM Jugend U20/U18

- Sonntag, 31.07.2016 -



	<i>Männl. Jugend U20</i>		<i>Männl. Jugend U18</i>		<i>Weibl. Jugend U20</i>		<i>Weibl. Jugend U18</i>	
10:00							200m	VL
10:00					Speer	F		
10:30			200m	VL				
10:30	Kugel	F						
11:00					Drei	F		
11:10					4x100m	VL		
11:30	4x100m	VL						
11:30					Stab	F		
11:50	Hoch	F						
11:55	1.500m	F						
12:05					1.500m	F		
12:15					800m	F		
12:25	400m	F						
12:30	Hammer	F						
12:35							200m	F
12:50			200m	F				
13:10					3.000m	F		
13:15	Speer	F						
13:20	Weit	F						
13:30					400m	F		
13:40	800m	F						
14:00					400m H	F		
14:10	400m H	F						
15:10					4x100m	F		
15:20	4x100m	F						
Männer								
Frauen								
14:25					3x800m	ZE		
14:45	3x1000m	ZE						