

<b>DAY 1 - Thursday Morning, 9 July</b>			
10:00	Shot Put	W	Q A+B
10:05	Hammer Throw	M	Q A
10:10	100m	M	R1
10:55	100m	W	R1
11:22	Long Jump	M	Q A+B
11:25	Hammer Throw	M	Q B
11:35	100m H Hep	W	
11:40	Pole Vault	W	Q A+B
12:15	400m	W	R1
12:35	High Jump Hep	W	A+B
12:55	400m	M	R1
<b>DAY 1 - Thursday Evening, 9 July</b>			
15:00	Javelin Throw	W	Q A
15:05	Shot Put Hep	W	A+B
16:00	3000m SC	W	R1
16:05	Pole Vault	M	Q A+B
16:20	Javelin Throw	W	Q B
16:30	Triple Jump	W	Q A+B
16:40	1500m	M	R1
17:15	200m Hep	W	
17:50	800m	W	R1
17:55	Discus Throw	M	Q A
18:00	High Jump	M	Q A+B
<b>18:30</b>	<b>10,000m</b>	<b>M</b>	<b>Final</b>
<b>18:54</b>	<b>Shot Put</b>	<b>W</b>	<b>Final</b>
19:10	Discus Throw	M	Q B
19:15	100m	W	SF
19:30	10,000m	M	MC

19:40	100m	M	SF
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<b>DAY 2 - Friday Morning, 10 July</b>			
10:00	Hammer Throw	W	Q A
10:15	100m H	W	R1
10:50	110m H	M	R1
11:15	Hammer Throw	W	Q B
11:30	1500m	W	R1
11:50	High Jump	W	Q A+B
11:55	Long Jump Hep	W	A+B
12:00	800m	M	R1
12:40	400m H	W	R1
13:10	400m H	M	R1
<b>DAY 2 - Friday Evening, 10 July</b>			
15:10	Javelin Throw Hep	W	A
<b>15:55</b>	<b>20km Race Walk</b>	<b>M</b>	<b>Final</b>
16:00	3000m SC	M	R1
16:20	Javelin Throw Hep	W	B
16:27	<i>Shot Put</i>	W	MC
<b>16:35</b>	<b>Triple Jump</b>	<b>W</b>	<b>Final</b>
16:40	200m	W	R1
17:10	200m	M	R1
17:42	100m H	W	SF
<b>17:50</b>	<b>Hammer Throw</b>	<b>M</b>	<b>Final</b>
<b>18:00</b>	<b>Pole Vault</b>	<b>W</b>	<b>Final</b>
18:05	110m H	M	SF
<b>18:20</b>	<b>20km Race Walk</b>	<b>W</b>	<b>Final</b>
18:25	800m	W	SF

<b>18:40</b>	<b>800m Hep</b>	<b>W</b>	<b>Final</b>
<b>19:05</b>	<b>Long Jump</b>	<b>M</b>	<b>Final</b>
19:07	<i>Triple Jump</i>	W	MC
<b>19:15</b>	<b>10,000m</b>	<b>W</b>	<b>Final</b>
<b>19:40</b>	<b>Discus Throw</b>	<b>M</b>	<b>Final</b>
19:55	400m	W	SF
19:58	<i>Hammer Throw</i>	M	MC
20:07	<i>Heptathlon</i>	W	MC
20:15	400m	M	SF
20:25	<i>10,000m</i>	W	MC
20:29	<i>Pole Vault</i>	W	MC
<b>20:38</b>	<b>100m</b>	<b>W</b>	<b>Final</b>
20:42	<i>Long Jump</i>	M	MC
<b>20:50</b>	<b>100m</b>	<b>M</b>	<b>Final</b>

#### DAY 3 - Saturday Morning, 11 July

9:40	100m Dec	M	0:00
10:00	Discus Throw	W	Q A
10:35	Long Jump Dec	M	A+B
11:15	Discus Throw	W	Q B
11:20	4 x 400m Relay	W	R1
11:50	4 x 400m Relay	M	R1
12:00	Long Jump	W	Q A+B
12:10	Shot Put Dec	M	A+B
12:45	Javelin Throw	M	Q A
14:00	Javelin Throw	M	Q B

#### DAY 3 - Saturday Evening, 11 July

15:45	High Jump Dec	M	A+B
15:48	<i>20km Race Walk</i>	W	MC

15:52	20km Race Walk	M	MC
16:00	400m H	W	SF
16:20	400m H	M	SF
16:25	Triple Jump	M	Q A+B
16:32	Discus Throw	M	MC
16:40	200m	W	SF
16:50	100m	W	MC
17:00	200m	M	SF
17:10	100m	M	MC
<b>17:22</b>	<b>3000m SC</b>	<b>W</b>	<b>Final</b>
<b>17:27</b>	<b>Javelin Throw</b>	<b>W</b>	<b>Final</b>
<b>17:40</b>	<b>1500m</b>	<b>M</b>	<b>Final</b>
<b>17:55</b>	<b>100m H</b>	<b>W</b>	<b>Final</b>
<b>18:03</b>	<b>Pole Vault</b>	<b>M</b>	<b>Final</b>
<b>18:10</b>	<b>110m H</b>	<b>M</b>	<b>Final</b>
18:13	3000m SC	W	MC
18:17	1500m	M	MC
<b>18:25</b>	<b>400m</b>	<b>W</b>	<b>Final</b>
18:30	100m H	W	MC
<b>18:40</b>	<b>400m</b>	<b>M</b>	<b>Final</b>
18:43	110m H	M	MC
<b>18:51</b>	<b>High Jump</b>	<b>M</b>	<b>Final</b>
18:55	800m	M	SF
19:12	400m	W	MC
<b>19:20</b>	<b>800m</b>	<b>W</b>	<b>Final</b>
19:25	400m	M	MC
<b>19:33</b>	<b>Hammer Throw</b>	<b>W</b>	<b>Final</b>
19:37	400m Dec	M	
19:56	Javelin Throw	W	MC

20:00	800m	W	MC
<b>20:10</b>	<b>5000m</b>	<b>M</b>	<b>Final</b>
20:27	Pole Vault	M	MC
<b>20:35</b>	<b>200m</b>	<b>W</b>	<b>Final</b>
20:40	5000m	M	MC
<b>20:50</b>	<b>200m</b>	<b>M</b>	<b>Final</b>

#### DAY 4 - Sunday Morning, 12 July

9:30	110m H Dec	M	
10:20	Discus Throw Dec	M	A
11:00	Shot Put	M	Q A+B
11:25	Discus Throw Dec	M	B
11:40	4 x 100m Relay	W	R1
12:00	4 x 100m Relay	M	R1
13:15	Pole Vault Dec	M	A+B

#### DAY 4 - Sunday Evening, 12 July

<b>14:30</b>	<b>Discus Throw</b>	<b>W</b>	<b>Final</b>
14:35	Hammer Throw	W	MC
14:50	High Jump	M	MC
15:15	200m	W	MC
<b>15:40</b>	<b>Triple Jump</b>	<b>M</b>	<b>Final</b>
15:50	200 m	M	MC
<b>16:00</b>	<b>400m H</b>	<b>W</b>	<b>Final</b>
<b>16:09</b>	<b>High Jump</b>	<b>W</b>	<b>Final</b>
16:10	Discus Throw	W	MC
16:20	Javelin Throw Dec	M	A
<b>16:25</b>	<b>400m H</b>	<b>M</b>	<b>Final</b>
16:31	400m H	W	MC
<b>16:50</b>	<b>1500m</b>	<b>W</b>	<b>Final</b>

16:58	400m H	M	MC
<b>17:07</b>	<b>3000m SC</b>	<b>M</b>	<b>Final</b>
17:25	Javelin Throw Dec	M	B
17:27	1500m	W	MC
17:31	Triple Jump	M	MC
<b>17:40</b>	<b>800m</b>	<b>M</b>	<b>Final</b>
17:45	3000m SC	M	MC
<b>17:55</b>	<b>Long Jump</b>	<b>W</b>	<b>Final</b>
<b>18:00</b>	<b>5000m</b>	<b>W</b>	<b>Final</b>
18:20	800m	M	MC
<b>18:30</b>	<b>Shot Put</b>	<b>M</b>	<b>Final</b>
<b>18:35</b>	<b>4 x 100m Relay</b>	<b>W</b>	<b>Final</b>
18:42	High Jump	W	MC
<b>18:43</b>	<b>Javelin Throw</b>	<b>M</b>	<b>Final</b>
<b>18:50</b>	<b>4 x 100m Relay</b>	<b>M</b>	<b>Final</b>
18:54	5000m	W	MC
<b>19:05</b>	<b>1500m Dec</b>	<b>M</b>	<b>Final</b>
19:25	4x100m	W	MC
<b>19:35</b>	<b>4 x 400m Relay</b>	<b>W</b>	<b>Final</b>
19:42	4x100m	M	MC
<b>19:50</b>	<b>4 x 400m Relay</b>	<b>M</b>	<b>Final</b>
19:56	Long Jump	W	MC
20:00	Shot Put	M	MC
20:04	Decathlon	M	MC
20:08	Javelin Throw	M	MC