

Zeitplan / timetable

Junioren / men		Zeit	Juniorinnen / women	
Technik / field	Bahn / track	25.06.	Bahn / track	Technik / field
		13:00		Stabhoch / Pole vault
	110m Hürden / hurdles VL	13:25		
		13:30		Speer / Javelin throw
		13:50	100m Hürden / hurdles VL	
		14:15		Hammer / hammer throw
	110m Hürden / hurdles EL B/A	14:40		
Kugel / Shot put		14:50		Drei / Triple jump
		14:55	100m Hü. / hurdles EL B/A	
		15:05		
	100 m VL	15:10		
		15:30		
		15:40	100 m VL	
		16:00		Stabhoch/Pole vault Frauen/women
		16:10		Kugel / Shot put
	400m ZL	16:25		
Hammer / hammer throw		16:30		
		16:40	400m ZL	
Drei / Triple jump		16:55		
	100 m U20 EL B/A	17:05		
		17:15		
		17:20	100 m U20 EL B/A	
Diskus / discus throw		17:30		
		17:35	1.500 m ZL	
	1.500 m ZL	17:45		
	4 x 100 m / 1.Lauf / race	18:00		
		18:10		
		18:15	4 x 100 m / 1.Lauf / race	
		18:30		

Technik / field	Bahn / track	26.06.	Bahn / track	Technik / field
Stabhoch / Pole vault		11:00		
Weit / Long jump		11:10		
		11:20		Hoch / High jump
		11:30		
	400 m Hürden / hurdles ZL	11:40		
		11:50		
		12:05	400 m Hürden / hurdles ZL	
		12:10		Diskus / discus throw
	4 x 100 m 2.Lauf / race	12:30		
		12:40	4 x 100 m 2.Lauf / race	
	800 m ZL	13:00		Weit / Long jump
Speer / Javelin throw		13:15	800 m ZL	
Hoch / High jump		13:20		
	200 m ZL	13:30		
		13:35		
		13:40		
		13:45		
		14:00	200 m ZL	
		14:10		
	4 x 400 m ZL	14:30		
		14:40	4 x 400 m ZL	

Bitte beachten Sie auch : www.junioren-gala.de