

AGE FACTORS TABLE

MEN / WOMEN

M O D E L 2 0 1 0

ADAPTED AND CORRECTED

2012

valid from May 1, 2010
reworked and completed from Jan 2014

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MEN	MODEL 2010 corrected in Dec 2013													
	Age factors for Masters Events													
	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90	M95	M100
60m	,9859	,9568	,9277	,8986	,8695	,8404	,8101	,7772	,7399	,6957	,6413	,5725	,4840	,2783
60m H (indoor)	,9838	,9466	,9094	,8922	,8550	,8312	,7940	,7714	,7328	,6826	,6178	,5001	,4119	,3137
80m Hurdles	-	-	-	-	-	-	-	1,0220	,9845	,8912	,8344	,7496	,6129	,2981
100m Hurdles	-	-	-	,9604	,9229	,9012	,8637							
110m / 0,991m	,9901	,9526	,9151											
<i>110m / 1,067m *1)</i>	,9837	,9462	,9087	,8712										
100m	,9869	,9578	,9287	,8996	,8705	,8414	,8111	,7782	,7409	,6967	,6423	,5735	,4850	,2735
200m	,9837	,9536	,9235	,8934	,8633	,8332	,8007	,7642	,7215	,6697	,6051	,5231	,4181	,2668
200m Hurdles										0,9641	0,8877	,7627	,6118	,2718
300m Hurdles						,8568	,7852	,7046	,6146					
400m Hurdles	1,000	,9572	,9144	,8716	,8288									
400m	,9654	,9354	,9054	,8754	,8454	,8154	,7836	,7460	,6984	,6363	,5548	,4485	,3114	,2469
800m	,9917	,9560	,9203	,8847	,8490	,8133	,7776	,7420	,6924	,6281	,5478	,4498	,3318	,2417
1.000m (indoor)	,9928	,9537	,9146	,8755	,8364	,7968	,7561	,7111	,6588	,5952	,5153	,4127	,2791	,1908
1.500m	,9913	,9519	,9125	,8731	,8337	,7939	,7529	,7079	,6556	,5920	,5121	,4095	,2759	,1908
2000m St Ch						1,2434	1,1572	1,0645	,9643	,8546	,7324	,6072	,4736	,3765
3000m St Ch	1,0000	,9539	,9078	,8617	,8156									
3000m	1,0000	,9652	,9304	,8956	,8608	,8260	,7898	,7487	,6986	,6347	,5515	,4428	,3017	,1868
5000m	1,0000	,9651	,9302	,8953	,8604	,8255	,7892	,7480	,6978	,6338	,5505	,4417	,3005	,1868
10000m	1,0000	,9648	,9296	,8944	,8592	,8240	,7858	,7418	,6885	,6217	,5365	,4273	,3174	,1868
High Jump	1,0260	1,0486	1,1022	1,1617	1,2280	1,3025	1,3869	1,4832	1,5943	1,7241	1,8779	2,0635	2,2925	3,5000
Pole Vault	1,0168	1,0773	1,1481	1,2272	1,3182	1,4236	1,5475	1,6949	1,8733	2,0938	2,3730	2,7382	3,2362	4,8547
Long Jump	1,0317	1,0899	1,1551	1,2286	1,3121	1,4078	1,5186	1,6482	1,8021	1,9876	2,2158	2,5031	2,8760	6,4392
Triple Jump	1,0069	1,0636	1,1270	1,1984	1,2795	1,3724	1,4799	1,6056	1,7546	1,9428	2,1982	2,5759	4,0644	7,9590
Hammer	7,250kg	1,0300	1,1252	1,2397	1,3802	1,5566								
	6,000kg	-	-	-	1,1864	1,3145	1,4736							
	5,000kg	-	-	-	-	-	1,3082	1,4656	1,6661					
	4,000kg							1,4524	1,6490	1,9138	2,2899	2,8686		
	3,000kg									1,8654	2,2212	2,7616	3,6895	5,6369
Shot Put	7,250kg	1,0372	1,1137	1,2023	1,3063	1,4300	1,5795	1,7670						
	6,000kg	-	-	-	1,1721	1,2706	1,3873							
	5,000kg	-	-	-	-	-	1,2482	1,3607	1,4954					
	4,000kg							1,2806	1,3993	1,5427	1,7337	2,0169	2,5012	
	3,000kg									1,5053	1,6866	1,9535	2,4044	3,3512
Discus	2,000kg	1,0143	1,1014	1,2049	1,3233	1,4838	1,6781							
	1,500kg	-	-	-	1,0218	1,1103	1,2156	1,3430						
	1,000kg	-	-	-	-	-	1,0628	1,1637	1,2781	1,4332	1,6441	1,9508	2,4402	3,3478
Javelin	800g	1,0126	1,0862	1,1716	1,2715	1,3898	1,5325	1,7079						
	700g	-	-	-	1,2278	1,3380								
	600g	-	-	-	-	-	1,4140	1,5620	1,7445	1,9755	2,2841	2,7307	3,4626	
	500g	-	-	-	-	-	-	1,6801	1,8932	2,1682				
	400g	-	-	-	-	-	-	-	-	2,0952	2,4378	2,9137	3,6206	8,7034
Weight	15,880kg	1,0203	1,0898	1,1697	1,2621	1,3704								
	11,340kg	-	-	-	1,0488	1,1225	1,2074	1,3061						
	9,080kg	-	-	-	-	-	1,0424	1,1153	1,1988					
	7,260kg	-	-	-	-	-	-	1,1408	1,2286	1,3310				
	5,450kg	-	-	-	-	-	-	-	-	1,3043	1,4452	1,6714	2,1057	3,2456

WOMEN	MODEL 2010													
	Age factors for Masters Events													
	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85	W90	W95	W100
60m	,9890	,9538	,9186	,8834	,8482	,8130	,7778	,7386	,6940	,6410	,5750	,4898	,3776	,2417
60m H (indoor)	,9644	,9060	,8965	,8621	,8277	,7923	,7560	,7184	,6739	,6209	,5549	,4697	,3572	,2417
80m Hurdles	-	1,1834	1,0914	1,0964	1,0044	,9924	,9004	,8084	,7114	,5946	,4391	,2209	,1803	,1312
100m Hurdles	,9852	-	-	-	-	-	-	-	-	-	-	-	-	-
100m	,9900	,9548	,9196	,8844	,8492	,8140	,7788	,7396	,6950	,6420	,5760	,4908	,3786	,2706
200m	,9702	,9342	,8982	,8622	,8262	,7902	,7542	,7068	,6545	,5857	,4932	,3600	,2938	,1917
200m Hurdles								1,4794	1,3902	1,2510	,9724	,8943	,7856	,6012
300m Hurdles				1,2138	1,1388	1,0582	,9682	,8612	0,7220					
400m Hurdles	1,0000	,9338	,8568											
400m *3)	,9799	,9391	,8983	,8575	,8167	,7715	,7201	,6602	,5889	,5026	,3969	,2665	,2132	,1625
800m	,9951	,9537	,9123	,8709	,8295	,7848	,7342	,6752	,6053	,5220	,4228	,3052	,2554	,2007
1.500m *3)	,9872	,9457	,9042	,8627	,8212	,7759	,7242	,6635	,5912	,5047	,4014	,3140	,1999	,1698
2000m St Ch	1,0000	,9582	,9164	,8746	,8316	,7862	,7358	,6754	,5966	,4902	,4089	,3211	,2417	,1668
3000m	1,0000	,9572	,9144	,8716	,8276	,7803	,7276	,6669	,5952	,5090	,4047	,3506	,2225	,1768
5000m	1,000	,9775	,9150	,8725	,8300	,7848	,7353	,6797	,6160	,5420	,4553	,3495	,2219	,1768
10000m	1,0000	,9589	,9160	,8740	,8320	,7874	,7382	,6822	,6169	,5394	,4464	,3670	,2470	,1768
High Jump	1,0512	1,1036	1,1614	1,2256	1,2973	1,3779	1,4708	1,5795	1,7094	1,8681	2,0673	2,3261	2,6766	3,2000
Pole Vault *3)	1,0820	1,1451	1,2159	1,2961	1,3877	1,4932	1,6160	1,7854	2,0333	2,4342	3,2020	4,8402	5,4547	6,0588
Long Jump	1,0500	1,1101	1,1776	1,2538	1,3405	1,4400	1,5557	1,6943	1,8695	2,1645	2,9154	3,2696	4,4235	7,5200
Triple Jump	1,0186	1,0780	1,1448	1,2204	1,3066	1,4060	1,5218	1,6781	1,9164	2,3391	3,2733	3,3532	4,4286	7,5610
Hammer	4,000kg	1,0942	1,1763	1,2717	1,3840									
	3,000kg	-	-	-	1,2838	1,3984	1,5353	1,7038	1,9160	2,1915	2,5634	3,0931	3,9077	
	2,000kg								1,8918	2,1630	2,5284	3,0478	3,8446	5,2219
Shot Put	4,000kg	1,0368	1,1100	1,1943	1,2925	1,4082	1,5468	-	-	-	-	-	-	-
	3,000kg	-	-	-	1,2607	1,3706	1,5015	1,6600	1,8559	2,1043	2,4295	2,8735	3,5161	4,5289
	2,000kg	-	-	-	-	-	-	-	1,8324	2,0742	2,3894	2,8176	3,4328	4,3917
Discus	1,000kg	1,0368	1,1150	1,2058	1,3128	1,4407	1,5961	1,7927	2,0542	2,4254	3,0021	3,8895		
*2)	0,750kg	-	-	-	-	-	-	-	-	2,1546	2,5220	3,0404	3,8270	5,1626
Javelin	600g	1,0621	1,1475	1,2479	1,3676	1,5126	1,6920	1,9197	2,2202					
	500g	-	-	-	1,3147	1,4482	1,6118	1,8171	2,0992					
	400g	-	-	-	-	-	1,5408	1,7274	1,9654	2,2794	2,7129	3,3500	4,3782	6,3171
Weight	9,080kg	1,0922	1,1852	1,2955	1,4283									
	7,260kg	-	-	-	1,1822	1,2918	1,4238							
	5,450kg	-	-	-	-	-	1,2108	1,3260	1,4667	1,6428	1,8712	2,1815	2,6308	3,3467
	4,000kg								1,3955	1,5424	1,7304	1,9798	2,3272	2,8449

Explanations :

*1) = all figures, written in italic (cursive), are valid for Age Categories and Competition Events until the 30th of April 2010 and their purpose is only for record calculations.

*2) = The following Age Factors have been conditionally calculated without any performances existing and are therefore adjusted and redefined :

-Hammer-Factor (new weight) for Age Category M80+

-Hammer-Factor (2,0kg/Women), Shot Put-Factor (2,0kg/Women) and Heavy Weight-Factor (4,0kg/Women) for Age Category W75+

*3) = are made for Competition Events, which can be part of a possible Decathlon for Women.