

Deutsche Crosslauf-Meisterschaften - Senioren M50/M55

Senioren M50

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| Pos | St-Nr. | Name | JG | REG | Verein | AK | Endzeit | 1.Runde | 2.Runde | 3.Runde | 4.Runde |
|-----|--------|------------------------|----|-----|-----------------------------|-----|---------|---------|---------|---------|---------|
| 1 | 91 | Herrmann, Hans Joachim | 61 | BY | LG Erlangen | M50 | 0:19:52 | 0:04:40 | 0:05:05 | 0:05:04 | 0:05:04 |
| 2 | 890 | Bayer, Stephan | 61 | TH | SKICLUB MENERNSGEREUT | M50 | 0:20:18 | 0:04:48 | 0:05:10 | 0:05:09 | 0:05:13 |
| 3 | 750 | Schwamm, Thomas | 61 | PF | TV Bad Bergzabern | M50 | 0:20:20 | 0:04:44 | 0:05:12 | 0:05:18 | 0:05:07 |
| 4 | 1072 | Vehlewald, Wolfgang | 60 | WE | TuS Eintracht Minden | M50 | 0:20:22 | 0:04:49 | 0:05:14 | 0:05:16 | 0:05:06 |
| 5 | 499 | Ruminski, Thomas | 60 | NI | SV Eintracht Hiddestorf | M50 | 0:20:27 | 0:04:50 | 0:05:13 | 0:05:17 | 0:05:08 |
| 6 | 204 | Theofel, Jürgen | 58 | HE | FV WALLAU | M50 | 0:20:29 | 0:04:49 | 0:05:13 | 0:05:17 | 0:05:11 |
| 7 | 157 | Treffler, Albert | 60 | BY | MTV 1881 Ingolstadt | M50 | 0:20:34 | 0:04:52 | 0:05:12 | 0:05:17 | 0:05:16 |
| 8 | 1187 | Köhler, Karl-Heinz | 61 | | LG Bad Sooden/Sulzbach/Neue | M50 | 0:20:51 | 0:04:40 | 0:05:13 | 0:05:38 | 0:05:22 |
| 9 | 135 | Eckmüller, Herbert | 60 | BY | LG Wolfstein | M50 | 0:20:53 | 0:04:50 | 0:05:15 | 0:05:28 | 0:05:22 |
| 10 | 1127 | Rapp, Martin | 59 | WÜ | LAV ASICS TÜBINGEN | M50 | 0:20:55 | 0:04:54 | 0:05:20 | 0:05:23 | 0:05:20 |
| 11 | 1186 | Stoll, Christian | 60 | | TV WALDSTRAßE WIESBADE | M50 | 0:20:58 | 0:05:02 | 0:05:20 | 0:05:24 | 0:05:14 |
| 12 | 803 | Kirschey, Thomas | 61 | RL | TuS Rot-Weiss Koblenz | M50 | 0:21:01 | 0:04:52 | 0:05:22 | 0:05:27 | 0:05:21 |
| 13 | 786 | Luxen, Richard | 59 | RL | LG Vulkaneifel | M50 | 0:21:05 | 0:04:54 | 0:05:22 | 0:05:28 | 0:05:22 |
| 14 | 398 | Gaza, Horst | 59 | NI | LG Göttingen | M50 | 0:21:11 | 0:05:09 | 0:05:22 | 0:05:24 | 0:05:18 |
| 15 | 1061 | Zobel-Schmidt, Martin | 60 | WE | SV Brackwede | M50 | 0:21:15 | 0:10:20 | 0:05:31 | 0:05:25 | 0:00:00 |
| 16 | 744 | Laermann, Ralf | 58 | NO | VSV GRENZLAND WEGBERG | M50 | 0:21:22 | 0:05:04 | 0:05:26 | 0:05:29 | 0:05:25 |
| 17 | 143 | Stich, Walter | 61 | BY | LLC Marathon Regensburg | M50 | 0:21:47 | 0:05:12 | 0:05:35 | 0:05:36 | 0:05:25 |
| 18 | 511 | Hadaschik, Andreas | 59 | NI | SV GERMANIA HELSTORF | M50 | 0:21:52 | 0:05:02 | 0:05:34 | 0:05:40 | 0:05:37 |
| 19 | 972 | Thünemann, Günther | 58 | WE | LG Emsdetten | M50 | 0:21:56 | 0:05:11 | 0:05:37 | 0:05:36 | 0:05:33 |
| 20 | 740 | Wölfel, Wilhelm | 60 | NO | VFL ENGELSKIRCHEN | M50 | 0:22:07 | 0:05:10 | 0:05:37 | 0:05:43 | 0:05:39 |
| 21 | 17 | Söffker, Andreas | 60 | BA | TV 1893 RHEINAU | M50 | 0:22:08 | 0:05:06 | 0:05:41 | 0:05:43 | 0:05:40 |
| 22 | 494 | Schneider, Axel | 61 | NI | SG SW Oldenburg | M50 | 0:22:10 | 0:05:12 | 0:05:38 | 0:05:42 | 0:05:40 |
| 23 | 691 | Kuhrau, Timo | 60 | NO | SSG KÖNIGSWINTER | M50 | 0:22:28 | 0:05:09 | 0:05:41 | 0:05:53 | 0:05:47 |
| 24 | 950 | Bischof, Jürgen | 61 | WE | LC Solbad Ravensberg | M50 | 0:22:30 | 0:05:03 | 0:05:46 | 0:05:52 | 0:05:51 |
| 25 | 287 | Bastian, Thomas | 58 | HE | TV WALDSTRAßE WIESBADE | M50 | 0:22:35 | 0:05:18 | 0:05:46 | 0:05:52 | 0:05:40 |
| 26 | 742 | Füchtler, Klaus | 60 | NO | VFL ENGELSKIRCHEN | M50 | 0:22:35 | 0:05:15 | 0:05:44 | 0:05:54 | 0:05:43 |
| 27 | 199 | Pelz, Walter | 57 | BY | TV Geiselhöring | M50 | 0:22:42 | 0:05:29 | 0:05:48 | 0:05:47 | 0:05:38 |
| 28 | 489 | Stroeve, Gerhard | 60 | NI | SC Union Emlichheim | M50 | 0:22:43 | 0:05:22 | 0:05:50 | 0:05:52 | 0:05:40 |
| 29 | 1182 | Murphy, Tom | 59 | WÜ | LAV asics Tübingen | M50 | 0:22:48 | 0:05:08 | 0:05:46 | 0:06:00 | 0:05:56 |
| 30 | 1017 | Henrique, Antonio | 58 | WE | LSF Münster | M50 | 0:22:51 | 0:05:32 | 0:05:50 | 0:05:47 | 0:05:44 |
| 31 | 423 | Trense, Michael | 61 | NI | LG Kreis Verden | M50 | 0:23:18 | 0:05:27 | 0:05:57 | 0:06:05 | 0:05:51 |
| 32 | 663 | Trabitzsch, Mathias | 59 | NO | LG WUPPERTAL | M50 | 0:23:22 | 0:05:27 | 0:05:55 | 0:06:07 | 0:05:54 |
| 33 | 1065 | Siegmund, Manfred | 57 | WE | SV Brackwede | M50 | 0:23:22 | 0:05:32 | 0:05:55 | 0:05:59 | 0:05:58 |
| 34 | 901 | Göcke, Rolf | 57 | WE | ESV Münster | M50 | 0:23:29 | 0:05:33 | 0:06:01 | 0:06:02 | 0:05:55 |
| 35 | 565 | Nehls, Harald | 60 | NI | TuS Bersenbrück | M50 | 0:23:32 | 0:05:35 | 0:06:00 | 0:06:00 | 0:05:59 |
| 36 | 583 | Böseler, Jürgen | 60 | NI | TuS Ofen | M50 | 0:23:43 | 0:05:26 | 0:06:03 | 0:06:09 | 0:06:06 |
| 37 | 971 | Thuehmann, Christoph | 61 | WE | LG Emsdetten | M50 | 0:23:46 | 0:05:39 | 0:06:04 | 0:06:05 | 0:06:00 |
| 38 | 980 | Thuehmann, Helmut | 57 | WE | LG Emsdetten | M50 | 0:23:47 | 0:05:43 | 0:05:59 | 0:06:11 | 0:05:55 |
| 39 | 371 | Dinkhoff, Dieter | 59 | NI | LC Nordhorn | M50 | 0:23:52 | 0:05:34 | 0:06:03 | 0:06:11 | 0:06:07 |
| 40 | 908 | Nowak, Georg | 59 | WE | ESV Münster | M50 | 0:24:00 | 0:05:32 | 0:06:10 | 0:06:20 | 0:05:59 |
| 40 | 422 | Strobach, Joachim | 58 | NI | LG Kreis Verden | M50 | 0:24:00 | 0:05:30 | 0:06:06 | 0:06:16 | 0:06:10 |
| 42 | 527 | Czerlinski, Manfred | 61 | NI | SV Warsingsfehn | M50 | 0:24:06 | 0:05:37 | 0:06:10 | 0:06:16 | 0:06:05 |
| 43 | 1057 | Schumacher, Ulrich | 61 | WE | SV Brackwede | M50 | 0:24:13 | 0:05:39 | 0:06:14 | 0:06:14 | 0:06:08 |
| 44 | 369 | Barlage, Klaus | 58 | NI | LC Nordhorn | M50 | 0:24:18 | 0:05:33 | 0:06:07 | 0:06:16 | 0:06:23 |
| 45 | 516 | Kaderhandt, Walter | 57 | NI | SV Petersdorf | M50 | 0:24:29 | 0:05:34 | 0:06:05 | 0:06:26 | 0:06:26 |
| 46 | 442 | Maak, Hans-Ulrich | 57 | NI | LG Nordheide | M50 | 0:24:31 | 0:05:39 | 0:06:13 | 0:06:19 | 0:06:21 |
| 47 | 914 | Schmiemann, Benno | 57 | WE | ESV Münster | M50 | 0:24:55 | 0:05:58 | 0:06:23 | 0:06:21 | 0:06:15 |
| 48 | 662 | Ottenbruch, Thomas | 61 | NO | LG WUPPERTAL | M50 | 0:24:59 | 0:05:45 | 0:06:20 | 0:06:26 | 0:06:30 |
| 49 | 373 | Hunfeld, Norbert | 57 | NI | LC Nordhorn | M50 | 0:25:29 | 0:05:51 | 0:06:32 | 0:06:37 | 0:06:29 |
| 50 | 519 | Wernsing, Ulrich | 61 | NI | SV Quitt Ankum | M50 | 0:26:22 | 0:06:02 | 0:06:45 | 0:06:49 | 0:06:47 |
| 51 | 609 | Jeske, Jürgen | 60 | NI | VFL Oldenburg | M50 | 0:26:28 | 0:06:09 | 0:06:47 | 0:06:49 | 0:06:44 |
| 52 | 986 | Kleiner, Axel | 58 | WE | LG Emsdetten | M50 | 0:27:39 | 0:06:14 | 0:07:03 | 0:07:16 | 0:07:08 |

Deutsche Crosslauf-Meisterschaften - Senioren M50/M55

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| Pos | St-Nr. | Name | JG | REG | Verein | AK | Endzeit | 1.Runde | 2.Runde | 3.Runde | 4.Runde |
|-----|--------|-----------------------|----|-----|-------------------------|-----|---------|---------|---------|---------|---------|
| 1 | 871 | Müller, Dietmar | 56 | SN | LG ASICS PIRNA | M55 | 0:20:51 | 0:04:55 | 0:05:17 | 0:05:21 | 0:05:20 |
| 2 | 171 | Vogg, Herbert | 54 | BY | TG Viktoria Augsburg | M55 | 0:21:18 | 0:05:00 | 0:05:27 | 0:05:29 | 0:05:23 |
| 3 | 666 | Knieriem, Klaus | 55 | NO | LV MARATHON KLEVE | M55 | 0:21:34 | 0:05:11 | 0:05:30 | 0:05:32 | 0:05:22 |
| 4 | 63 | Memering, Bernhard | 56 | BR | MARATHON CLUB BREMEN | M55 | 0:21:39 | 0:05:10 | 0:05:27 | 0:05:37 | 0:05:26 |
| 5 | 290 | Schüttler, Wilhelm | 54 | HE | TV WALDSTRAßE WIESBADE | M55 | 0:21:40 | 0:05:06 | 0:05:27 | 0:05:36 | 0:05:32 |
| 6 | 394 | Christmann, Andreas | 54 | NI | LG Göttingen | M55 | 0:21:42 | 0:05:05 | 0:05:34 | 0:05:36 | 0:05:29 |
| 7 | 1103 | Schlüter, Gerhard | 55 | WE | TV Werther | M55 | 0:22:02 | 0:05:10 | 0:05:36 | 0:05:41 | 0:05:36 |
| 8 | 200 | Fries, Elmar | 53 | BY | TV Geiselhöring | M55 | 0:22:09 | 0:05:08 | 0:05:37 | 0:05:44 | 0:05:41 |
| 9 | 419 | Hold, Jürgen | 52 | NI | LG Kreis Verden | M55 | 0:22:39 | 0:05:27 | 0:05:48 | 0:05:49 | 0:05:36 |
| 10 | 201 | Mayerhofer, Willi | 53 | BY | TV Geiselhöring | M55 | 0:22:45 | 0:05:30 | 0:05:49 | 0:05:47 | 0:05:41 |
| 11 | 888 | Müller, Hans-Günter | 53 | TH | GUTSMUTHS- RENNSTEIGLA | M55 | 0:22:54 | 0:05:26 | 0:05:49 | 0:05:49 | 0:05:51 |
| 12 | 396 | Graeber, Wilhelm | 55 | NI | LG Göttingen | M55 | 0:23:01 | 0:05:31 | 0:05:49 | 0:05:56 | 0:05:46 |
| 13 | 420 | Spöttel, Michael | 56 | NI | LG Kreis Verden | M55 | 0:23:02 | 0:05:31 | 0:05:45 | 0:05:53 | 0:05:56 |
| 14 | 308 | Lemm, Ronald | 56 | HH | HAMBURGER SV | M55 | 0:23:08 | 0:05:18 | 0:05:54 | 0:05:55 | 0:06:02 |
| 15 | 390 | Weber, Ralf | 56 | NI | LG Braunschweig | M55 | 0:23:23 | 0:05:27 | 0:05:57 | 0:06:04 | 0:05:57 |
| 16 | 1020 | Holtkötter, Michael | 56 | WE | LSF Münster | M55 | 0:23:46 | 0:05:35 | 0:06:06 | 0:06:08 | 0:05:58 |
| 17 | 743 | Duffy, David | 55 | NO | VFL ENGELSKIRCHEN | M55 | 0:23:58 | 0:05:38 | 0:06:09 | 0:06:12 | 0:06:01 |
| 18 | 755 | Jahr, Michael | 52 | RL | LG Kreis Ahrweiler | M55 | 0:24:01 | 0:05:43 | 0:06:03 | 0:06:07 | 0:06:09 |
| 19 | 745 | Pyzio, Adam | 56 | NO | VSV GRENZLAND WEGBERG | M55 | 0:24:23 | 0:05:32 | 0:06:19 | 0:06:19 | 0:06:14 |
| 20 | 456 | Meyer, Hermann-Josef | 55 | NI | LG Papenburg/Aschendorf | M55 | 0:24:25 | 0:05:49 | 0:06:15 | 0:06:15 | 0:06:08 |
| 21 | 343 | Wiese, Ludger | 55 | NI | BV Garrel | M55 | 0:24:42 | 0:05:39 | 0:06:17 | 0:06:24 | 0:06:24 |
| 22 | 746 | Heinrichs, Hubert | 56 | NO | VSV GRENZLAND WEGBERG | M55 | 0:24:46 | 0:05:38 | 0:06:23 | 0:06:25 | 0:06:22 |
| 23 | 518 | Többe, Dr. Franz | 52 | NI | SV Quitt Ankum | M55 | 0:25:23 | 0:05:57 | 0:06:29 | 0:06:37 | 0:06:23 |
| 24 | 664 | Zilian, Jürgen | 56 | NO | LG WUPPERTAL | M55 | 0:25:24 | 0:05:49 | 0:06:29 | 0:06:40 | 0:06:28 |
| 25 | 521 | Blome, Hermann | 54 | NI | SV Quitt Ankum | M55 | 0:25:31 | 0:05:55 | 0:06:33 | 0:06:35 | 0:06:30 |
| 26 | 1021 | Prieß, Dr. Karl-Heinz | 55 | WE | LSF Münster | M55 | 0:25:35 | 0:06:00 | 0:06:32 | 0:06:39 | 0:06:25 |
| 27 | 569 | Rudolf, Hartmut | 52 | NI | TuS Emstekerfeld | M55 | 0:25:38 | 0:06:02 | 0:06:31 | 0:06:34 | 0:06:33 |
| 28 | 374 | John, Peter | 54 | NI | LC Nordhorn | M55 | 0:26:03 | 0:06:02 | 0:06:40 | 0:06:42 | 0:06:42 |
| 29 | 608 | Fuchs, Peter | 54 | NI | VfL Oldenburg | M55 | 0:26:13 | 0:06:05 | 0:06:41 | 0:06:47 | 0:06:42 |