

## Senioren M40

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	378	Collet, Andre	71		Aachener TG/raeren	M40	1	7	2:27:38	2:27:42	0:34:49	1:10:15	1:45:00	2:20:03	1:14:00	1:13:39	03:29
2	409	Böhme, Solomon	70		OSC Berlin/Berlin	M40	2	17	2:32:21	2:32:24	0:35:29	1:11:14	1:46:49	2:24:05	1:15:03	1:17:19	03:36
3	100	Biehl, Marcus	69		LG Lage-Detmold/Detm	M40	3	18	2:32:39	2:32:43	0:34:58	1:10:35	1:47:00	2:24:30	1:14:28	1:18:12	03:37
4	686	Bartholome, Thomas	69		TSV Kirchdorf/Hannover	M40	4	19	2:32:49	2:32:52	0:34:58	1:10:22	1:46:06	2:23:58	1:14:11	1:18:38	03:37
5	2500	Rolfes, Volkmar	70		Tus Eintracht Bielefeld/	M40	5	28	2:37:14	2:37:19	0:35:45	1:11:51	1:48:49	2:28:10	1:15:50	1:21:25	03:43
6	110	Zimmer, Frank	67		Skills 04 Frankfurt/Bad H	M40	6	31	2:37:39	2:37:41	0:36:11	1:13:31	1:50:42	2:29:05	1:17:34	1:20:05	03:44
7	148	Wittmershaus, Horst	68		Marathon-Club Bremen/	M40	7	32	2:37:38	2:37:42	0:36:36	1:13:46	1:50:55	2:29:16	1:17:47	1:19:52	03:44
8	632	Kersten, Sven	68		LTC Berlin/Berlin	M40	8	42	2:40:08	2:40:11	0:36:37	1:14:22	1:51:54	2:31:23	1:18:26	1:21:43	03:47
9	657	Scherer, Manfred	68		TSG Kleinostheim/Klei	M40	9	44	2:40:15	2:40:19	0:37:28	1:15:28	1:53:37	2:31:57	1:19:33	1:20:42	03:47
10	136	Pfuhmann, Matthias	67		LG Haßberge/Eltmann	M40	10	47	2:40:48	2:40:51	0:36:48	1:14:31	1:52:18	2:31:43	1:18:36	1:22:12	03:48
11	628	SENNER, Andreas	69		Tus Deuz/Siegen	M40	11	48	2:40:49	2:40:52	0:36:34	1:13:31	1:51:22	2:32:00	1:17:33	1:23:16	03:48
12	692	Honold, Frank	69		TSV Kusterdingen/Reut	M40	12	50	2:41:13	2:41:17	0:37:27	1:15:10	1:52:54	2:32:25	1:19:14	1:21:59	03:49
13	133	Nahen, Mathias	70		TV Jahn Bad Driburg/B	M40	13	53	2:41:57	2:42:06	0:37:04	1:14:26	1:52:12	2:32:03	1:18:30	1:23:28	03:50
14	118	Reissinger, Kai	71		M.O.N./Pleinfeld	M40	14	54	2:42:13	2:42:17	0:35:07	1:10:40	1:50:25	2:32:52	1:14:36	1:27:37	03:50
15	620	Brockfeld, Stefan	66		Tus Deuz/Netphen	M40	15	59	2:43:08	2:43:11	0:37:29	1:15:44	1:54:57	2:34:58	1:19:54	1:23:14	03:51
16	614	Rottler, Andreas	67		TuS Deuz/Siegen	M40	16	60	2:43:26	2:43:32	0:38:11	1:16:41	1:55:48	2:35:05	1:20:53	1:22:34	03:52
17	123	haller, olaf	70		Kissingen SV Berlin/Ber	M40	17	62	2:43:57	2:44:01	0:37:05	1:14:31	1:52:36	2:34:19	1:18:35	1:25:23	03:53
18	700	Wieland, Rolf	70		Rastatter TV/Bischweier	M40	18	69	2:45:29	2:45:32	0:37:48	1:15:52	1:54:48	2:36:14	1:20:02	1:25:27	03:55
19	383	Freudenau, Jens	69		LC Rapid Dortmund/Berl	M40	19	72	2:46:04	2:46:10	0:38:17	1:17:11	1:55:55	2:36:29	1:21:22	1:24:43	03:56
20	4401	Dreßler, Robert	69		TV-Spaichingen/Bötting	M40	20	79	2:47:03	2:47:16	0:37:51	1:16:06	1:55:51	2:37:43	1:20:32	1:26:32	03:57
21	604	Gotsch, Armin	70		VfL Ostelsheim/Calw-St	M40	21	91	2:49:08	2:49:13	0:38:09	1:16:34	1:56:33	2:39:25	1:20:51	1:28:17	04:00
22	579	Reiter, Hermann	67		LG Stadtwerke München	M40	22	97	2:50:08	2:50:13	0:38:32	1:17:19	1:56:55	2:39:35	1:21:35	1:28:34	04:01
23	4406	Eis, Michael	66		SCC Berlin/Berlin	M40	23	100	2:49:48	2:50:21	0:40:01	1:19:36	1:59:31	2:40:40	1:23:54	1:25:54	04:01
24	146	Lehner, Lothar	70		M.O.N./Pleinfeld	M40	24	101	2:50:45	2:50:49	0:37:48	1:16:05	1:56:26	2:40:42	1:20:19	1:30:26	04:02
25	14806	Vanicek, Michael	68		LG Nord Berlin/Hohen N	M40	25	103	2:50:29	2:50:58	0:40:21	1:20:23	2:00:18	2:41:16	1:24:40	1:25:50	04:02
26	697	Reise, Michael	68		TSV Großenkneten/Vec	M40	26	104	2:51:17	2:51:22	0:38:28	1:17:37	1:58:05	2:41:27	1:21:53	1:29:24	04:03
27	127	Schieffer, Michael	68		Post-sport-telekom Trie	M40	27	105	2:51:19	2:51:24	0:38:16	1:17:51	1:59:05	2:41:58	1:22:14	1:29:05	04:03
28	567	Prinz, Oliver	67		LSF Münster/Münster	M40	28	109	2:51:33	2:51:51	0:39:28	1:19:25	1:59:37	2:41:12	1:23:46	1:27:47	04:03
29	155	Zachmann, Erwin	66		M.o.n./Pleinfeld	M40	29	110	2:51:48	2:51:52	0:37:31	1:15:27	1:55:12	2:42:03	1:19:38	1:32:10	04:04
30	695	Reinke, Uwe	65		TSG Kleinostheim/Else	M40	30	115	2:52:22	2:52:27	0:37:50	1:16:35	1:58:13	2:42:56	1:20:51	1:31:31	04:05
31	130	Flörchinger, Andreas	71		Lsg Zeiskam/Zeiskam	M40	31	117	2:52:49	2:52:55	0:37:31	1:16:45	1:58:11	2:42:38	1:21:10	1:31:40	04:05
32	611	Wagner, Thomas	66		Spiridon Frankfurt/Nidde	M40	32	118	2:52:53	2:53:02	0:40:25	1:21:05	2:02:01	2:43:20	1:25:33	1:27:20	04:05
33	7306	Tschugg, Martin	70		VfL Lichtenrade/Berlin	M40	33	123	2:53:06	2:53:18	0:40:41	1:21:37	2:02:11	2:43:34	1:26:02	1:27:05	04:06
34	625	Imbsweiler, Marcus	67		Tsg 78 Heidelberg/6912	M40	34	125	2:53:15	2:53:40	0:38:31	1:17:06	1:56:42	2:42:20	1:21:19	1:31:56	04:06
35	606	Braun, Reiner	67		SCC Berlin/Berlin	M40	35	126	2:53:37	2:53:47	0:39:04	1:18:32	2:00:30	2:44:19	1:22:54	1:30:43	04:06
36	638	Feiler, Norman	69		LG Stadtwerke München	M40	36	130	2:54:18	2:54:23	0:36:09	1:13:24	1:54:24	2:42:37	1:17:34	1:36:45	04:07
37	183	Hessel, Lars	67		Turbine Neubrandenburg	M40	37	138	2:55:10	2:55:22	0:40:34	1:21:24	2:03:01	2:45:58	1:25:48	1:29:23	04:09
38	391	Kreisel, Götz	69		ASC Rosellen/Krefeld	M40	38	141	2:56:04	2:56:10	0:37:08	1:17:24	1:59:59	2:45:22	1:21:45	1:34:20	04:10
39	159	Thimm, Volker	69		TSV Ratekau/Scharbeu	M40	39	142	2:56:11	2:56:19	0:38:14	1:17:09	1:59:22	2:45:49	1:21:26	1:34:46	04:10
40	139	Saatweber, Ingo	68		Spiridon Frankfurt/Lange	M40	40	148	2:56:57	2:57:03	0:39:13	1:19:46	2:03:20	2:46:54	1:24:21	1:32:36	04:11
41	12406	Candeias, Joao	69		Tus Eintracht Bielefeld/	M40	41	149	2:56:54	2:57:08	0:40:20	1:21:08	2:02:45	2:46:48	1:25:32	1:31:22	04:11
42	166	Wurzer, Norbert	68		M.O.N./Pfeld	M40	42	150	2:56:59	2:57:11	0:39:25	1:19:19	2:00:57	2:46:04	1:23:41	1:33:18	04:11
43	607	Clauß, Thomas	68		LG Reinbek-Ohe/Reinbe	M40	43	151	2:57:06	2:57:13	0:40:16	1:20:59	2:02:15	2:46:56	1:25:28	1:31:38	04:11
44	394	Reising, Dr. Joachim	67		TSG Kleinostheim/Klei	M40	44	154	2:57:26	2:57:33	0:40:02	1:20:39	2:02:19	2:47:19	1:25:07	1:32:19	04:12
45	572	Kraft, Matthias	67		TuS Deuz/Siegen	M40	45	156	2:57:13	2:57:49	0:41:04	1:22:38	2:04:12	2:47:42	1:27:05	1:30:09	04:11
46	395	Kott, Georg	61		LC Rapid Dortmund/Dort	M40	46	159	2:58:15	2:58:21	0:39:55	1:20:41	2:02:09	2:47:51	1:25:08	1:33:07	04:13
47	600	Teicher, Ralf	69		TV Refrath/Bergisch Gla	M40	47	160	2:58:10	2:58:26	0:40:09	1:20:34	2:03:36	2:49:02	1:25:02	1:33:09	04:13
48	574	Tangermann, Ralf	70		Triathlon Freunde Saarlo	M40	48	163	2:58:30	2:58:47	0:40:55	1:22:31	2:04:52	2:49:01	1:27:00	1:31:30	04:13
49	5701	Gebhardt, Dirk	71		Brühler TV 1879/Köln	M40	49	165	2:58:58	2:59:06	0:38:33	1:18:54	2:01:05	2:48:57	1:23:23	1:35:35	04:14
50	583	Irrgang, Stephan	67		LLC Marathon Regensb	M40	50	166	2:59:01	2:59:10	0:40:11	1:21:16	2:04:13	2:49:02	1:25:48	1:33:13	04:14
51	533	Sich, Christian	67		Lg Braunschweig/Brauns	M40	51	169	2:59:22	2:59:51	0:42:16	1:24:35	2:07:21	2:50:13	1:29:08	1:30:14	04:15
52	537	Lehmkuhle, Frank	69		BSV Ostbevern/Ostbev	M40	52	178	3:01:22	3:01:40	0:42:34	1:25:11	2:07:55	2:51:22	1:29:47	1:31:36	04:17
53	170	Horn, Carsten	71		VfL Suderburg/Uelzen	M40	53	182	3:02:14	3:02:22	0:39:56	1:20:49	2:03:01	2:50:48	1:25:15	1:36:59	04:19
54	430	Petersdorf, Matthias	69		Möllner SV/Witzeeze	M40	54	184	3:02:39	3:02:49	0:42:04	1:25:04	2:08:31	2:52:56	1:29:40	1:32:59	04:19
55	570	Kappe, Karsten	70		LAV 07 Bad Harzburg/	M40	55	193	3:03:40	3:04:13	0:40:45	1:21:39	2:03:46	2:51:35	1:26:01	1:37:39	04:21
56	499	Ilgemann, Carsten	70		LSF Münster/Münster	M40	56	200	3:05:01	3:05:12	0:43:26	1:27:22	2:11:19	2:55:34	1:32:06	1:32:55	04:23
57	176	Stöber, Torsten	71		SV Vorwärts Zwickau/Li	M40	57	201	3:05:24	3:05:26	0:37:28	1:17:33	2:03:08	2:54:15	1:22:08	1:43:16	04:23
58	558	Reif, Leonhard	71		Sg Indersdorf/Dachau	M40	58	204	3:05:22	3:05:37	0:40:12	1:22:13	2:06:55	2:54:31	1:26:51	1:38:31	04:23
59	187	Luuk, Jan Ole	71		SCC Berlin/Zürich	M40	59	206	3:05:43	3:05:53	0:44:20	1:28:20	2:12:12	2:56:03	1:33:14	1:32:29	04:24
60	527	Speck, Matthias	70		TG Ötigheim/Malsch	M40	60	208	3:05:47	3:06:01	0:39:50	1:21:52	2:06:40	2:55:18	1:26:33	1:39:14	04:24
61	563	Braun, Florian	71		LSF Münster/Münster	M40	61	222	3:08:45	3:09:03	0:44:29	1:28:50	2:13:07	2:58:19	1:33:38	1:35:07	04:28

## Senioren M40

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
62	640	Themsen, Frank	68		LG Bremen-Nord/Schwa	M40	62	225	3:09:22	3:09:43	0:41:23	1:23:15	2:05:52	2:55:49	1:27:49	1:41:34	04:29
63	168	Löwe, Andreas	68		LG Bad Soden/Sulzbac	M40	63	226	3:09:41	3:09:51	0:41:53	1:25:11	2:10:46	2:58:55	1:29:54	1:39:47	04:29
64	553	Köll, Stefan	71		SC Herringhausen/4914	M40	64	231	3:10:02	3:10:23	0:42:19	1:25:06	2:09:02	2:58:44	1:29:49	1:40:13	04:30
65	400	Stahl, Dr. Erich	68		MRRC München/Neur	M40	65	242	3:12:20	3:12:31	0:44:00	1:29:18	2:15:13	3:01:46	1:34:13	1:38:07	04:33
66	163	Hast, Armin	68		TV 03 Breitenbach/Bebr	M40	66	243	3:12:45	3:12:50	0:41:15	1:23:20	2:06:28	2:59:09	1:27:55	1:44:50	04:34
67	171	Giesen, Frank	70		VfL Suderburg/Hamburg	M40	67	245	3:13:09	3:13:19	0:40:00	1:21:23	2:07:05	3:01:21	1:26:01	1:47:08	04:34
68	129	Radtke, Holger	71		SSV Großensee/Lütje	M40	68	246	3:13:22	3:13:29	0:38:26	1:20:30	2:09:41	3:00:53	1:25:19	1:48:03	04:34
69	236	Siddi, Stephan	69		LG Ovag Friedberg-Fau	M40	69	248	3:13:56	3:14:06	0:42:42	1:25:24	2:10:26	3:00:19	1:29:59	1:43:58	04:35
70	444	Wülpern, Bernd	68		VfL Horneburg/Hornebu	M40	70	250	3:14:20	3:14:40	0:41:55	1:24:25	2:11:48	3:04:08	1:29:07	1:45:14	04:36
71	220	Brammer, Henry	68		VfL Suderburg/Hamburg	M40	71	253	3:14:47	3:14:59	0:41:05	1:23:38	2:09:46	3:03:44	1:28:15	1:46:33	04:36
72	689	Weber, Thomas	69		PSV Grün-Weiß Kassel	M40	72	256	3:15:21	3:15:24	0:40:45	1:22:13	2:06:03	3:02:01	1:26:53	1:48:28	04:37
73	518	Steg, Stefan	68		LAC Quelle Fürth/Fürth	M40	73	257	3:15:20	3:15:29	0:43:08	1:28:16	2:15:13	3:04:25	1:33:21	1:41:59	04:37
74	374	Bodens, Bernd	67		VSV Grenzland Wegber	M40	74	261	3:15:31	3:15:56	0:42:42	1:26:22	2:12:56	3:05:01	1:31:15	1:44:16	04:37
75	682	Bednarsch, Roland	67		Tv Bad Brückenau/Sinn	M40	75	263	3:15:59	3:16:20	0:44:02	1:29:23	2:17:00	3:05:43	1:34:23	1:41:37	04:38
76	186	Wetzel, Stefan	69		WGL Schwäbisch Hall	M40	76	270	3:17:25	3:17:35	0:44:51	1:29:41	2:15:44	3:05:12	1:34:38	1:42:48	04:40
77	17312	Switala, Dirk	69		VfL Wolfsburg/Wolfsbu	M40	77	274	3:17:58	3:18:28	0:45:53	1:32:21	2:19:12	3:07:20	1:37:20	1:40:38	04:41
78	428	Braumann, Oskar	68		Post-Sport-Telekom Tri	M40	78	278	3:19:05	3:19:15	0:42:25	1:29:35	2:19:59	3:08:36	1:34:35	1:44:31	04:43
79	539	Hohmann, Rainer	71		LG Bremen-Nord/Ritter	M40	79	280	3:19:04	3:19:25	0:43:18	1:27:20	2:14:27	3:07:34	1:32:25	1:46:39	04:43
80	397	Hansen, Arne	71		Spiridon Schleswig/Krop	M40	80	284	3:19:48	3:20:00	0:41:33	1:25:43	2:14:18	3:07:37	1:30:40	1:49:09	04:44
81	569	Englhardt, Stefan	67		LLC Marathon Regensb	M40	81	291	3:21:42	3:21:56	0:44:49	1:29:16	2:20:21	3:10:38	1:34:15	1:47:27	04:46
82	195	Lochner, Georg	67		TG Viktoria Augsburg/Ba	M40	82	293	3:22:34	3:22:43	0:44:12	1:35:37	2:14:13	3:10:36	1:41:53	1:40:41	04:48
83	506	Sand, Jürgen	71		Bahrenfelder SV/Hambur	M40	83	294	3:22:43	3:23:10	0:47:02	1:33:11	2:20:59	3:11:28	1:38:21	1:44:23	04:48
84	197	Peiffer, Martin	68		Spiridon Frankfurt/Frank	M40	84	297	3:23:26	3:23:40	0:42:30	1:26:15	2:12:51	3:09:41	1:31:03	1:52:23	04:49
85	309	Stillenmunkes, Andreas	67		Tv Bliesen/St. Wendel	M40	85	302	3:23:49	3:24:17	0:47:54	1:36:01	2:23:29	3:12:36	1:41:10	1:42:39	04:49
86	671	Knipping, Mario	67		Non-Stop-Ultra/Brakel	M40	86	304	3:23:58	3:24:33	0:45:09	1:30:57	2:18:47	3:11:44	1:35:59	1:48:00	04:50
87	952	Klahm, Michael	69		LAZ Saarbrücken/St. In	M40	87	309	3:25:45	3:26:00	0:42:29	1:27:36	2:19:36	3:13:36	1:32:55	1:52:51	04:52
88	497	Schneider, Manfred	71		SG Indersdorf/Markt In	M40	88	311	3:26:03	3:26:19	0:45:35	1:33:04	2:23:09	3:14:08	1:38:20	1:47:43	04:52
89	597	Penno, Winni	69		SSG Königswinter/Köni	M40	89	314	3:26:15	3:26:34	0:40:05	1:20:14	2:04:07	3:14:34	1:24:41	2:01:35	04:53
90	191	Cherek, Uwe	68		TH Eilbeck/Hamburg	M40	90	317	3:27:01	3:27:14	0:42:09	1:25:38	2:12:25	3:12:14	1:30:48	1:56:14	04:54
91	398	Lenfers, Ansgar	68		LC Rapid Dortmund/301f	M40	91	319	3:27:48	3:28:00	0:40:20	1:21:31	2:06:02	3:15:09	1:25:52	2:01:57	04:55
92	492	Weller, Dr. Ulrich	65		Sg Indersdorf/Markt Inde	M40	92	320	3:27:45	3:28:02	0:47:22	1:35:55	2:25:03	3:15:49	1:41:16	1:46:29	04:55
93	324	Rauscher, Wolfgang	70		Sv Auingen/Münsingen	M40	93	322	3:27:37	3:28:16	0:46:19	1:33:52	2:23:22	3:15:31	1:39:11	1:48:27	04:55
94	244	Fütterer, Marcus	67		ASC Düsseldorf/Düsse	M40	94	325	3:28:47	3:29:11	0:44:43	1:30:13	2:18:14	3:16:03	1:35:11	1:53:36	04:56
95	328	Jeschke, André	69		Laufclub BlueLiner/Braur	M40	95	335	3:31:28	3:31:49	0:48:37	1:38:14	2:29:11	3:20:27	1:43:44	1:47:44	05:00
96	402	Neumann, Björn	70		LG Albatros Kiel/Kiel	M40	96	337	3:32:38	3:32:55	0:49:45	1:39:15	2:30:22	3:21:26	1:44:29	1:48:09	05:02
97	508	Vogler, Hans-Jürgen	67		Tv Bad Brückenau/Ober	M40	97	342	3:33:29	3:33:50	0:44:00	1:29:44	2:26:23	3:20:18	1:34:55	1:58:35	05:03
98	531	Wasser, Peter	69		LLG Kevelaer/Kevelaer	M40	98	344	3:33:55	3:34:12	0:44:49	1:31:18	2:24:11	3:19:57	1:36:25	1:57:31	05:04
99	16225	Küppers, Herbert	68		DJK Gillrath/Gangelt	M40	99	347	3:35:02	3:35:09	0:49:04	1:38:31	2:28:23	3:22:11	1:43:52	1:51:11	05:05
100	439	Ollmann, Martin	71		Möllner SV/Mölln	M40	100	349	3:35:00	3:35:28	0:47:39	1:37:02	2:27:20	3:22:04	1:42:27	1:52:34	05:05
101	489	Rauers, Thomas	69		LLG Kevelaer/47623	M40	101	358	3:38:16	3:38:35	0:47:47	1:37:00	2:30:42	3:26:20	1:42:30	1:55:46	05:10
102	262	Bromberg, Norman	68		Borener SV/Schleswig	M40	102	362	3:39:39	3:40:17	0:41:52	1:25:37	2:11:49	3:19:31	1:30:27	2:09:12	05:12
103	464	Renkens, Heinz-Peter	68		LLG Kevelaer/47608	M40	103	387	3:44:29	3:44:49	0:51:57	1:43:57	2:37:41	3:32:17	1:49:33	1:54:56	05:19
104	200	Egger, Marco	69		Llg Wustweiler/Eppelbor	M40	104	413	3:48:42	3:51:07	0:50:32	1:41:16	2:35:54	3:34:10	1:47:07	2:01:36	05:25
105	253	Neumann, Sören	67		VfL Horneburg/Hornebu	M40	105	434	3:57:54	3:58:18	0:46:44	1:35:44	2:34:26	3:43:30	1:41:14	2:16:40	05:38
106	463	Schulze, Thorsten	70		LSF Münster/Münster	M40	106	435	3:58:00	3:58:24	0:49:48	1:40:26	2:35:25	3:41:39	1:45:58	2:12:02	05:38
107	446	Diercks, Karsten	68		MTV Heide/Heide	M40	107	438	3:58:47	3:59:04	0:48:49	1:39:17	2:37:45	3:44:52	1:45:16	2:13:32	05:39
108	453	Hömske, Stefan	67		Möllner SV/Mölln	M40	108	447	4:02:06	4:02:34	0:50:30	1:43:01	2:42:27	3:48:33	1:48:48	2:13:19	05:44
109	290	Riemann, Sven	71		MTV Heide/Heide	M40	109	450	4:04:01	4:04:18	0:50:22	1:45:43	2:45:24	3:50:12	1:51:51	2:12:11	05:46
110	343	Sauermann, Markus	68		LG Steinlach/Mössingen	M40	110	456	4:08:06	4:08:39	0:51:03	1:44:35	2:47:33	3:52:22	1:50:32	2:17:35	05:52
111	370	Zabel, Rene	71		Borener SV/Kappeln	M40	111	478	4:35:41	4:36:23	0:58:29	1:57:10	3:04:17	4:19:38	2:03:51	2:31:51	06:32
112	337	Berka, Frank	70		100 Marathon Club Deut	M40	112	496	5:16:40	5:31:15	1:05:28	2:16:59	3:41:44	5:00:33	2:25:03	2:51:38	07:30

## Senioren M45

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	116	Klein, Dr. Harald	66		LG Moerfelden-Walldor	M45	1	24	2:34:27	2:34:30	0:35:26	1:11:52	1:48:50	2:26:15	1:15:51	1:18:37	03:39
2	1101	König, Thomas	65		LC Oelsnitz Erzgebirge/E	M45	2	25	2:36:27	2:36:31	0:35:40	1:11:50	1:49:09	2:27:41	1:15:49	1:20:38	03:42
3	384	Ebel, Thomas	65		TH Eilbeck/Hamburg	M45	3	34	2:37:59	2:38:03	0:37:09	1:14:30	1:51:52	2:29:34	1:18:31	1:19:28	03:44
4	903	Spägele, Markus	66		SV Mindelzell/Dürrlaurin	M45	4	39	2:39:38	2:39:43	0:36:47	1:14:30	1:52:16	2:31:09	1:18:34	1:21:05	03:46
5	114	Dehaut, Thomas	63		LLG Landstuhl/Obernhe	M45	5	49	2:40:59	2:41:03	0:35:24	1:12:33	1:51:32	2:32:00	1:16:37	1:24:23	03:48
6	416	Müller, Peter	63		Laufgemeinschaft eXa/T	M45	6	51	2:41:18	2:41:21	0:37:07	1:14:32	1:52:20	2:32:07	1:18:36	1:22:42	03:49
7	128	de Franceschi, Luigi	64	ITA	SV Ohmenhausen/Metz	M45	7	57	2:42:56	2:43:00	0:37:26	1:15:13	1:54:01	2:34:18	1:19:26	1:23:31	03:51
8	694	Apfelbaum, Frank	63		SSG Königswinter/Meck	M45	8	63	2:44:14	2:44:18	0:37:01	1:15:05	1:54:02	2:34:59	1:19:14	1:25:01	03:53
9	636	Ungewickell, Horst	63		LTC Berlin/Berlin	M45	9	66	2:45:07	2:45:11	0:37:23	1:15:27	1:55:30	2:36:25	1:19:39	1:25:28	03:54
10	627	Koller, Martin	66		TV Refrath/Bergisch Gla	M45	10	67	2:45:07	2:45:13	0:37:30	1:15:36	1:53:44	2:35:18	1:19:40	1:25:27	03:54
11	622	Hinz, Carsten	65		TH Eilbeck/Oststeinbek	M45	11	71	2:45:55	2:46:00	0:38:53	1:17:46	1:56:37	2:36:46	1:21:58	1:23:57	03:55
12	413	Schwabe, Rolf	63		VFB Fallersleben/Wolf	M45	12	75	2:46:46	2:46:52	0:36:33	1:14:13	1:54:54	2:37:30	1:18:24	1:28:23	03:57
13	951	Backes, Andreas	62		-Oberthal	M45	13	77	2:47:02	2:47:11	0:38:44	1:17:41	1:57:16	2:37:41	1:21:56	1:25:06	03:57
14	680	Giebel, Jörg	65		Laufgemeinschaft eXa/L	M45	14	80	2:47:25	2:47:29	0:35:45	1:12:52	1:53:41	2:37:56	1:16:55	1:30:31	03:58
15	590	Warkentin, Jens	66		TV Refrath/Köln	M45	15	81	2:47:20	2:47:29	0:39:03	1:18:41	1:58:05	2:38:30	1:22:58	1:24:23	03:57
16	589	Althaus, Gregor	65		SSG Königswinter/Bad H	M45	16	82	2:47:35	2:47:40	0:37:33	1:15:46	1:55:27	2:37:58	1:19:56	1:27:40	03:58
17	147	Krieger, Frank	64		TF Feuerbach/Stuttgart	M45	17	85	2:48:02	2:48:08	0:38:22	1:17:29	1:57:21	2:38:48	1:21:44	1:26:18	03:58
18	157	Sehn, Frank	65		VFA Neunkirchen/Saar	M45	18	86	2:48:10	2:48:15	0:37:26	1:15:42	1:54:39	2:37:35	1:19:51	1:28:19	03:59
19	698	Nitz, Karsten	66		Delligser SC/Duingen	M45	19	88	2:48:24	2:48:29	0:38:26	1:17:32	1:57:14	2:39:17	1:21:44	1:26:41	03:59
20	142	Sturm, Volker	65		TH Eilbeck/Halstenbek	M45	20	92	2:49:12	2:49:17	0:39:15	1:19:26	1:59:48	2:40:09	1:23:52	1:25:21	04:00
21	144	Wiegand, Frank	65		LG Bad Soden/Sulzbac	M45	21	93	2:49:27	2:49:31	0:38:12	1:17:18	1:58:21	2:40:35	1:21:34	1:27:54	04:00
22	140	Härle, Ralf	63		Vfl Börnsen/Hamburg	M45	22	94	2:49:27	2:49:32	0:37:11	1:15:50	1:56:57	2:39:50	1:20:06	1:29:21	04:00
23	599	Schneider, Thomas	62		SSG Königswinter/Bonn	M45	23	96	2:49:37	2:49:57	0:39:29	1:19:40	1:59:40	2:40:33	1:24:02	1:25:36	04:01
24	586	Federsel, Thomas	63		LLC Marathon Regensb	M45	24	107	2:51:28	2:51:44	0:39:08	1:18:34	1:58:43	2:41:56	1:22:52	1:28:37	04:03
25	10463	Röhrs, Dr. Michael	63		TV Jahn Schneverdinge	M45	25	108	2:51:45	2:51:48	0:38:19	1:18:20	1:59:05	2:42:03	1:22:42	1:29:03	04:04
26	419	Sambale, Thomas	65		LAZ Puma Troisdorf/	M45	26	116	2:52:31	2:52:38	0:38:05	1:16:33	1:56:58	2:41:58	1:20:49	1:31:43	04:05
27	602	Nicolay, Thomas	64		SSG Königswinter/Bad H	M45	27	119	2:52:54	2:53:05	0:40:12	1:20:22	2:01:35	2:43:31	1:24:49	1:28:05	04:05
28	601	Franssen, Andreas	63		TV Refrath/Bergisch Gla	M45	28	120	2:52:53	2:53:05	0:40:12	1:20:22	2:01:35	2:43:30	1:24:49	1:28:05	04:05
29	623	Prieske, Klaus	64		LG Wedel-Pinneberg/B	M45	29	121	2:53:06	2:53:11	0:36:35	1:15:21	1:56:54	2:42:54	1:19:47	1:33:20	04:06
30	701	Bunschek, Rüdiger	64		LG Kreis Verden/Riede	M45	30	122	2:53:11	2:53:14	0:39:33	1:20:31	2:02:11	2:44:18	1:24:59	1:28:13	04:06
31	665	Dallmann, Peter	66		LAG Wesertal/Niestetal	M45	31	132	2:54:21	2:54:38	0:37:14	1:15:40	1:56:53	2:44:49	1:19:55	1:34:27	04:07
32	595	Groth, Helge	63		LLC Marathon Regensb	M45	32	133	2:54:31	2:54:43	0:39:29	1:19:23	2:00:10	2:44:25	1:23:44	1:30:47	04:08
33	425	Lappe, Matthias	64		Laufgemeinschaft eXa/L	M45	33	134	2:54:45	2:54:50	0:40:16	1:21:09	2:02:14	2:44:57	1:25:40	1:29:05	04:08
34	696	Beewen, Rainer	66		-/Großenkneten	M45	34	143	2:56:31	2:56:36	0:38:29	1:17:32	1:57:14	2:44:44	1:21:44	1:34:48	04:11
35	418	Paul, Carsten	62		Laufgemeinschaft eXa/L	M45	35	153	2:57:19	2:57:23	0:38:12	1:18:30	2:00:17	2:46:00	1:22:55	1:34:25	04:12
36	516	Carstensen, Michael	64		LG HNF Hamburg/Ham	M45	36	157	2:57:53	2:57:56	0:40:28	1:21:56	2:03:59	2:48:19	1:26:23	1:31:30	04:12
37	591	Jahner, Detlef	64		TV Refrath/Bergisch Gla	M45	37	164	2:58:51	2:58:53	0:37:50	1:16:39	1:57:49	2:48:42	1:21:00	1:37:52	04:14
38	548	Jagdhuber, Ingo	63		LG Bremen-Nord/Schwa	M45	38	167	2:58:59	2:59:20	0:41:23	1:23:15	2:05:52	2:49:33	1:27:48	1:31:11	04:14
39	542	Riedel, Roland	63		Adler-Langlauf Bottrop/	M45	39	170	2:59:49	2:59:54	0:41:47	1:24:52	2:07:44	2:50:44	1:29:33	1:30:17	04:15
40	218	Haury, Martin	63		ASC Darmstadt/Fischba	M45	40	176	3:01:01	3:01:08	0:40:52	1:22:55	2:05:36	2:50:43	1:27:32	1:33:29	04:17
41	580	Steiflinger, Ralf	65		TSV Kusterdingen/Reut	M45	41	180	3:01:48	3:01:56	0:40:00	1:20:50	2:03:26	2:51:26	1:25:14	1:36:35	04:18
42	708	Pösentrup, Ludger	62		LSF Münster/Münster	M45	42	185	3:02:37	3:02:56	0:42:12	1:24:11	2:06:39	2:51:58	1:28:47	1:33:50	04:19
43	546	Zumdick, Reinhard	63		LSF Münster/Münster	M45	43	186	3:02:36	3:02:56	0:41:27	1:23:32	2:06:07	2:51:13	1:28:06	1:34:31	04:19
44	693	Ellebrecht, Detlef	66		SSG Königswinter/Troi	M45	44	192	3:04:01	3:04:05	0:37:15	1:16:35	2:03:46	2:53:19	1:21:05	1:42:57	04:21
45	538	Seyffert, Stefan	64		TK Jahn Sarstedt/Sarst	M45	45	196	3:04:34	3:04:38	0:43:00	1:26:36	2:10:26	2:54:54	1:31:17	1:33:18	04:22
46	210	Dzioba, Lucian	62		VFB Fallersleben/38446	M45	46	198	3:04:40	3:04:45	0:41:57	1:25:05	2:08:58	2:54:14	1:29:47	1:34:53	04:22
47	199	Schormeier, Karlheinz	64		TG Viktoria Augsburg/Un	M45	47	203	3:05:25	3:05:33	0:38:25	1:17:34	2:00:53	2:54:30	1:21:51	1:43:34	04:23
48	524	Badstübner, Jens	63		SC DHfK Leipzig/Leip	M45	48	207	3:05:35	3:05:59	0:42:31	1:26:13	2:10:20	2:55:45	1:30:56	1:34:39	04:23
49	683	Leblang, Peter	62		Spiridon Frankfurt/Frank	M45	49	211	3:06:11	3:06:36	0:42:11	1:25:29	2:08:57	2:55:22	1:30:06	1:36:05	04:24
50	423	Ollig, Arndt	65		LAZ Puma Troisdorf/	M45	50	213	3:06:42	3:06:48	0:40:32	1:22:14	2:06:28	2:55:15	1:26:52	1:39:51	04:25
51	173	Kirsch, Maximilian	63		MTV 1879 München/Mü	M45	51	217	3:07:31	3:07:38	0:41:39	1:24:29	2:08:19	2:57:06	1:29:21	1:38:10	04:26
52	221	Arbogast, Wolfgang	65		LSG Zeiskam/Philippsb	M45	52	218	3:07:56	3:08:04	0:40:26	1:22:46	2:08:24	2:57:11	1:27:30	1:40:27	04:27
53	566	Hüttner, Dr. Steffen	64		TSV Kusterdingen/7282	M45	53	220	3:08:30	3:08:45	0:39:53	1:20:54	2:05:22	2:57:00	1:25:29	1:43:02	04:28
54	598	Schulze, Axel	65		TSV Eintracht Hittfeld/	M45	54	232	3:10:17	3:10:32	0:39:45	1:20:09	2:05:38	2:57:58	1:24:38	1:45:40	04:30
55	585	Noell, Thomas	65		LLC Marathon Regensb	M45	55	234	3:10:58	3:11:13	0:39:38	1:20:08	2:01:39	2:56:20	1:24:37	1:46:21	04:31
56	235	Nestler, Thoralf	64		SC DHfK Leipzig/Leip	M45	56	238	3:11:36	3:11:59	0:42:31	1:26:13	2:10:49	3:00:09	1:30:56	1:40:40	04:32
57	557	Friedenberg, Bernhard	64		LG Bremen-Nord/Breme	M45	57	240	3:11:57	3:12:16	0:41:28	1:24:48	2:10:55	3:00:49	1:29:35	1:42:23	04:32
58	545	Lampe, Andreas	66		TH Eilbeck/Hamburg	M45	58	254	3:14:55	3:15:07	0:43:48	1:27:58	2:13:55	3:03:21	1:32:52	1:42:04	04:37
59	573	Leonard, Dr. Peter	64		LSF Münster/Münster	M45	59	255	3:14:55	3:15:16	0:43:23	1:28:55	2:15:53	3:04:14	1:33:54	1:41:02	04:37
60	208	Morgenthal, Rainer	64		VFB Fallersleben/Calbe	M45	60	258	3:15:29	3:15:39	0:41:08	1:25:01	2:12:38	3:03:48	1:29:48	1:45:42	04:37
61	681	Bales, Stefan	65		LSF Münster/Münster	M45	61	268	3:17:03	3:17:24	0:45:17	1:31:14	2:17:30	3:06:14	1:36:10	1:40:53	04:40

## Senioren M45

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
62	317	Kohlhaas, Uli	65		Lg Sieg/Steinebach	M45	62	276	3:18:48	3:19:00	0:44:50	1:30:55	2:18:50	3:07:47	1:35:56	1:42:52	04:42
63	239	Brettschneider, Wolfgang	66		LSF-Unna-2000/Unna	M45	63	279	3:19:11	3:19:25	0:46:52	1:34:06	2:20:11	3:08:21	1:39:05	1:40:07	04:43
64	231	Liebel, Markus	63		LG Rülzheim/Rülzheim	M45	64	286	3:20:20	3:20:46	0:45:35	1:31:38	2:19:27	3:09:28	1:36:35	1:43:45	04:44
65	552	Avermann, Jörg	66		SC Herringhausen/Wal	M45	65	289	3:21:18	3:21:39	0:42:19	1:25:06	2:11:43	3:08:12	1:29:49	1:51:30	04:46
66	255	Maiwald, Uwe	64		LG Neckar-Enz/Freiberg	M45	66	290	3:21:40	3:21:56	0:44:58	1:31:05	2:17:21	3:08:32	1:36:12	1:45:28	04:46
67	154	Dotterweich, Werner	65		TSV Scheßlitz/Zapfendo	M45	67	292	3:22:27	3:22:30	0:38:36	1:23:13	2:10:39	3:08:35	1:27:55	1:54:32	04:47
68	470	Huesmann, Stephan	65		LSF Münster/Münster	M45	68	295	3:23:01	3:23:23	0:44:12	1:29:48	2:16:47	3:08:45	1:34:49	1:48:13	04:48
69	575	Wimmer, Robert	65		LAC Quelle Fürth/Nürnb	M45	69	298	3:23:35	3:23:43	0:41:24	1:27:06	2:18:46	3:12:21	1:32:20	1:51:15	04:49
70	179	Deumann, Jörg	65		Post Sv Uelzen/29525	M45	70	303	3:24:19	3:24:29	0:40:39	1:23:21	2:13:25	3:11:35	1:28:28	1:55:51	04:50
71	259	Gasteyer, Thomas	66		TG Viktoria Augsburg/Au	M45	71	308	3:25:08	3:25:26	0:42:59	1:26:51	2:16:45	3:13:48	1:31:59	1:53:09	04:51
72	15125	Udelhoven, Thomas	66		Post-Sport-Telekom Tri	M45	72	313	3:24:26	3:26:28	0:43:10	1:28:37	2:17:38	3:11:56	1:33:37	1:50:49	04:50
73	1107	Henselmann, Frank	65		Tus Eintracht Bielefeld/	M45	73	316	3:26:43	3:26:58	0:41:25	1:24:13	2:12:36	3:11:40	1:29:00	1:57:43	04:53
74	7699	Pabst, Rainer	65		MBB-SG Augsburg/Fr	M45	74	324	3:28:51	3:29:00	0:45:47	1:32:51	2:23:29	3:17:30	1:38:04	1:50:47	04:56
75	441	Willhöft, Klaus	64		Möllner SV/Mölln	M45	75	326	3:29:03	3:29:13	0:43:23	1:28:45	2:18:22	3:14:12	1:33:50	1:55:13	04:57
76	215	Soetebier, Bernd	63		LG Lüneburg/Südergel	M45	76	328	3:29:44	3:29:52	0:45:43	1:33:54	2:25:44	3:18:39	1:39:21	1:50:24	04:58
77	541	Schemm, Helmut	63		LLC Marathon Regensb	M45	77	330	3:30:07	3:30:21	0:41:28	1:24:07	2:13:43	3:15:20	1:28:54	2:01:13	04:58
78	502	Fasel, Norbert	65		LSF Münster/Münster	M45	78	332	3:30:23	3:30:43	0:46:38	1:35:43	2:26:18	3:18:41	1:41:02	1:49:21	04:59
79	222	Friedrich, Ralf	63		TSV Lütjenburg/Panker	M45	79	334	3:31:18	3:31:33	0:43:35	1:32:29	2:23:41	3:18:45	1:37:32	1:53:46	05:00
80	325	Klinkhammer, Stefan	63		LG Eifel-Runners/Kall	M45	80	346	3:34:04	3:34:34	0:47:35	1:36:20	2:27:52	3:22:02	1:41:52	1:52:13	05:04
81	289	Hülsmann, Joachim	63		SG Roadrunners/Bunte	M45	81	348	3:34:41	3:35:10	0:47:10	1:35:47	2:27:31	3:22:45	1:41:13	1:53:28	05:05
82	297	Vogel, Dr. Christian	63		TG Viktoria Augsburg/Fri	M45	82	350	3:35:29	3:35:51	0:47:17	1:38:02	2:32:11	3:23:56	1:43:44	1:51:45	05:06
83	11941	Mathias, Dirk	64		LAG Wesertal/Reinhard	M45	83	351	3:31:57	3:35:55	0:49:45	1:38:09	2:28:25	3:20:39	1:43:32	1:48:25	05:01
84	526	Wiedemann, Heiko	66		Laufclub BlueLiner/Wolfe	M45	84	356	3:37:32	3:37:59	0:47:41	1:34:35	2:25:47	3:24:05	1:39:48	1:57:44	05:09
85	480	Veauthier, Gregor	63		LSF Münster/Münster	M45	85	359	3:38:16	3:38:36	0:44:11	1:30:25	2:21:41	3:24:04	1:35:33	2:02:43	05:10
86	6363	Rudies, Bernd	63		Borener SV/Sörup	M45	86	363	3:39:39	3:40:18	0:47:31	1:38:10	2:31:13	3:27:04	1:43:46	1:55:53	05:12
87	442	Dannowski, Dirk	63		SUS Schalke 96/Herten	M45	87	373	3:41:43	3:42:19	0:47:48	1:35:51	2:26:25	3:27:09	1:41:01	2:00:43	05:15
88	673	Grewe, Frank	63		Non-Stop-Ultra/Brakel	M45	88	376	3:42:49	3:43:24	0:50:33	1:41:17	2:34:26	3:29:19	1:48:27	1:54:23	05:16
89	15929	Lebe, Martin	60		TK Jahn Sarstedt/Laatz	M45	89	380	3:43:17	3:43:41	0:50:28	1:42:36	2:35:45	3:31:16	1:48:15	1:55:03	05:17
90	12043	Wittke, Lutz	60		TK Jahn Sarstedt/Laatz	M45	90	381	3:43:17	3:43:41	0:50:28	1:42:36	2:35:45	3:31:16	1:48:15	1:55:03	05:17
91	296	Kohlhas, Dr. Klaus	63		SG Westerwald/Gebhar	M45	91	389	3:45:13	3:45:25	0:51:22	1:43:18	2:37:06	3:32:21	1:49:09	1:56:04	05:20
92	315	Flad, Markus	66		LG Steinlach/Mössingen	M45	92	390	3:45:02	3:45:34	0:46:27	1:35:01	2:31:55	3:31:07	1:40:30	2:04:32	05:19
93	329	Briesen, Christian	66		SV Post Telekom Schwe	M45	93	395	3:45:58	3:46:29	0:52:27	1:44:09	2:37:07	3:33:12	1:50:00	1:55:58	05:21
94	488	hodapp, peter	62		Tv Freiburg St Georgen/f	M45	94	406	3:49:27	3:49:42	0:49:48	1:40:50	2:35:50	3:36:19	1:46:31	2:02:57	05:26
95	448	Bothe, Ralf	65		LC Hansa Stuhl/Stuhl	M45	95	411	3:50:15	3:50:35	0:49:09	1:40:06	2:33:26	3:36:31	1:45:48	2:04:28	05:27
96	341	Fiehnen, Heino	62		Lav Zeven/Seedorf	M45	96	415	3:47:20	3:51:39	0:52:10	1:44:23	2:38:28	3:36:17	1:50:05	1:57:16	05:23
97	481	Wachsmann, Rainer	65		LSF Münster/Münster	M45	97	427	3:55:45	3:56:20	0:50:38	1:43:00	2:39:30	3:41:27	1:48:45	2:07:01	05:35
98	335	Appel, Uwe	64		TVA Dortmund-Wickede	M45	98	436	3:58:20	3:58:46	0:49:02	1:41:54	2:42:22	3:42:49	1:48:15	2:10:05	05:38
99	372	Dierk, Jens-Uwe	64		SV Eidelstedt/Hamburg	M45	99	440	3:59:04	3:59:12	0:43:21	1:33:16	2:38:03	3:43:51	1:39:11	2:19:54	05:39
100	260	Knöll, Thomas	63		Lsg Zeiskam/Harthause	M45	100	441	3:58:59	3:59:35	0:49:10	1:39:19	2:35:04	3:42:56	1:45:08	2:13:52	05:39
101	456	Chrzanowski, Stefan	66		LSF Münster/Münster	M45	101	445	4:00:48	4:01:21	0:49:12	1:40:18	2:38:10	3:44:17	1:46:12	2:14:36	05:42
102	299	Hammer, Stephan	64		LG Rülzheim/Rülzheim	M45	102	446	4:01:34	4:01:59	0:49:20	1:40:02	2:32:51	3:43:22	1:45:30	2:16:04	05:43
103	467	Thiele, Karsten	65		Vfl Lichtenrade/Schönefe	M45	103	451	4:04:00	4:04:23	0:54:54	1:50:19	2:45:59	3:50:09	1:56:14	2:07:47	05:46
104	676	Vauth, Jürgen	66		Non-Stop-Ultra/Brakel	M45	104	452	4:04:58	4:05:31	0:51:11	1:43:46	2:42:55	3:49:06	1:49:37	2:15:21	05:48
105	268	Piprek, Adolf	63		TSV München Nord-Os	M45	105	459	4:12:10	4:12:35	0:51:00	1:49:44	2:52:22	3:58:29	1:55:58	2:16:12	05:58
106	5564	Dehrmann, Werner	64		VfL Suderburg/Suderbur	M45	106	460	4:09:08	4:13:26	0:52:45	1:46:56	2:46:26	3:56:58	1:52:59	2:16:09	05:54
107	261	Krayer, Bernd	62		Tus Breitscheid/40885	M45	107	461	4:14:35	4:15:04	0:52:20	1:47:22	2:48:39	3:58:36	1:53:30	2:21:05	06:01
108	306	Greif, Uwe	65		Dürener TV 1847/Düren	M45	108	484	4:44:22	4:44:56	0:50:29	1:41:26	2:39:58	4:23:19	1:47:05	2:57:17	06:44
109	459	Piecke, Torsten	63		Sg Akquinet Lemwerder/	M45	109	490	4:53:55	4:54:34	0:56:20	1:57:12	3:13:06	4:35:20	2:04:44	2:49:11	06:57
110	482	Seidel, Jürgen	64		LSF Münster/Münster	M45	110	492	4:55:53	4:56:08	0:52:11	1:48:12	3:04:43	4:35:22	1:55:40	3:00:13	07:00

## Senioren M50

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	389	Huber, Dr. Winfried	60		LG Stadtwerke München	M50	1	46	2:40:41	2:40:47	0:38:05	1:15:38	1:53:37	2:32:11	1:19:42	1:21:00	03:48
2	137	Bernd, Uwe	60		LG Rüsselsheim/Rüsse	M50	2	52	2:41:34	2:41:39	0:36:00	1:12:51	1:51:15	2:32:05	1:16:53	1:24:42	03:49
3	153	Köhler, Karl-Heinz	61		LG Bad Soden/Sulzbac	M50	3	55	2:42:19	2:42:21	0:35:26	1:11:52	1:49:40	2:33:07	1:15:51	1:26:29	03:50
4	613	Nedderhoff, Bernd	59		LG Kreis Lübbecke/Lübb	M50	4	64	2:44:30	2:44:37	0:38:30	1:17:10	1:56:21	2:35:47	1:21:26	1:23:04	03:53
5	626	Kirschey, Thomas	61		Tus Rot-Weiß Koblenz/	M50	5	83	2:47:33	2:47:50	0:38:04	1:16:33	1:55:53	2:37:44	1:20:48	1:26:46	03:58
6	582	Rapp, Martin	59		LAV ASICS Tübingen/M	M50	6	90	2:48:53	2:49:05	0:38:01	1:16:14	1:55:55	2:38:52	1:20:27	1:28:26	04:00
7	158	Eckes, Dr. Peter	56		LG Bad Soden/Sulzbac	M50	7	106	2:51:23	2:51:30	0:39:31	1:19:38	1:59:28	2:41:27	1:23:57	1:27:26	04:03
8	704	Berger, Martin	60		SC Lauf/Sasbach	M50	8	113	2:52:09	2:52:17	0:39:13	1:19:10	2:00:13	2:42:21	1:23:32	1:28:38	04:04
9	143	Komenda, Manfred	61		Tv Lebach/Eppelborn	M50	9	124	2:53:33	2:53:37	0:38:10	1:17:18	1:58:15	2:43:26	1:21:38	1:31:56	04:06
10	578	Graml, Anton	60		Skivereinigung Amberg/L	M50	10	131	2:54:21	2:54:33	0:39:49	1:20:16	2:01:29	2:44:24	1:24:37	1:29:45	04:07
11	201	Schneider, Axel	61		Schwarz-Weiß Oldenbur	M50	11	137	2:55:11	2:55:18	0:40:17	1:21:00	2:02:38	2:45:35	1:25:30	1:29:42	04:09
12	593	Wache, Hans-Jörg	60		LAV ASICS Tübingen/T	M50	12	147	2:56:47	2:56:55	0:39:57	1:20:21	2:01:50	2:46:38	1:24:45	1:32:03	04:11
13	165	Hammel, Edgar	61		LG Neckar-Enz/Freiberg	M50	13	155	2:57:39	2:57:44	0:41:39	1:23:29	2:05:48	2:48:32	1:28:04	1:29:35	04:12
14	596	Willems, Winfried	57		Aachener TG/Stolberg	M50	14	161	2:58:27	2:58:35	0:39:14	1:20:00	2:03:08	2:48:47	1:24:30	1:33:58	04:13
15	431	Siegmund, Thomas	60		TG Viktoria Augsburg/Au	M50	15	183	3:02:41	3:02:48	0:41:13	1:22:55	2:05:08	2:51:57	1:27:27	1:35:14	04:19
16	198	Bless, Thomas	59		LG Welfen/Friedrichsha	M50	16	187	3:02:59	3:03:06	0:41:29	1:23:44	2:06:48	2:52:38	1:28:21	1:34:38	04:20
17	424	Gräper, Michael	61		Möllner SV/Bälau	M50	17	190	3:03:43	3:03:52	0:39:51	1:20:30	2:04:59	2:52:36	1:25:00	1:38:44	04:21
18	388	Holder, Michael	60		Coburger Turnerschaft	M50	18	205	3:05:45	3:05:51	0:38:35	1:18:49	2:03:01	2:53:21	1:23:14	1:42:32	04:24
19	216	Lachenmair, Bernhard	61		TG Viktoria Augsburg/Au	M50	19	215	3:07:05	3:07:13	0:42:34	1:25:29	2:09:13	2:56:05	1:30:08	1:36:57	04:26
20	534	Zschiegner, Uwe	61		TUS Empelde/Ronnenb	M50	20	228	3:09:40	3:09:57	0:43:05	1:27:11	2:12:38	2:59:15	1:32:03	1:37:38	04:29
21	483	Hölscher, Werner	59		LSF Münster/Münster	M50	21	229	3:09:34	3:10:08	0:43:54	1:28:08	2:12:55	2:58:42	1:33:01	1:36:34	04:29
22	10112	Dolfen, Stefan	59		Lt Kettwig/Essen	M50	22	237	3:11:36	3:11:50	0:43:28	1:27:38	2:13:05	3:00:51	1:32:33	1:39:04	04:32
23	135	Leidl, Dieter	61		Tsg 08 Roth/Roth	M50	23	249	3:14:32	3:14:37	0:39:25	1:19:57	2:07:50	3:02:42	1:24:24	1:50:08	04:36
24	223	Becker, Ludger	60		VfL Ostelsheim/Ostelshe	M50	24	252	3:14:18	3:14:50	0:42:07	1:24:46	2:09:05	3:01:36	1:29:24	1:44:55	04:36
25	246	Rößner, Harald	59		TG Viktoria Augsburg/Au	M50	25	265	3:16:18	3:16:36	0:42:44	1:27:13	2:14:34	3:05:13	1:32:04	1:44:14	04:39
26	577	Meier, Alois	58		SV Freudenberg/Amber	M50	26	267	3:17:02	3:17:16	0:42:02	1:25:12	2:12:41	3:05:25	1:30:03	1:46:59	04:40
27	523	Stasch, Robert	60		SC Polonia Hannover/He	M50	27	269	3:17:02	3:17:27	0:46:18	1:32:57	2:19:48	3:06:54	1:38:03	1:38:59	04:40
28	522	Ott, Christian	57		Lg Sulzburg-laufen/Brei	M50	28	273	3:17:51	3:18:26	0:46:03	1:31:47	2:18:42	3:07:24	1:36:46	1:41:06	04:41
29	477	Bultmann, Jürgen	61		LG Nienburg/27330	M50	29	300	3:23:39	3:24:08	0:45:31	1:31:26	2:20:07	3:11:35	1:36:41	1:46:58	04:49
30	248	Böhle, Dirk	61		TV Werne 03/Werne	M50	30	301	3:23:52	3:24:09	0:46:51	1:34:19	2:21:58	3:12:33	1:39:24	1:44:28	04:49
31	217	Untiedt, Henning	61		TSV Lütjenburg/Trönde	M50	31	310	3:25:52	3:26:07	0:43:35	1:28:51	2:17:48	3:14:22	1:33:54	1:51:58	04:52
32	279	Boenigk, Dr. Rainer	60		LG Steinlach/Mössingen	M50	32	312	3:26:07	3:26:27	0:46:47	1:34:39	2:23:30	3:14:18	1:39:57	1:46:11	04:53
33	238	Markowetz, Dr. Alfred	60		LG Bad Soden/Sulzbac	M50	33	327	3:29:06	3:29:34	0:44:41	1:31:40	2:22:09	3:16:23	1:36:53	1:52:13	04:57
34	314	Diether, Jürgen	60		LG Steinlach/Mössingen	M50	34	331	3:30:06	3:30:38	0:46:26	1:34:59	2:26:40	3:19:28	1:40:30	1:49:37	04:58
35	565	Fabian, Günter	61		LG Rüsselsheim/Raunh	M50	35	333	3:30:45	3:31:00	0:42:53	1:29:48	2:21:54	3:18:15	1:35:38	1:55:08	04:59
36	275	Ziemens, Dr. Andreas	59		SC Diepholz/Diepholz	M50	36	336	3:31:21	3:31:50	0:44:32	1:31:26	2:23:28	3:19:26	1:36:48	1:54:33	05:00
37	293	Riemann, Dr. Ernst	55		Laufclub BlueLiner/Braur	M50	37	339	3:33:03	3:33:31	0:48:02	1:37:16	2:28:02	3:20:31	1:42:35	1:50:29	05:02
38	257	Schwien, Reinhard	61		MTV Heide/Wesseln	M50	38	340	3:33:19	3:33:36	0:48:05	1:36:17	2:26:47	3:21:03	1:41:38	1:51:42	05:03
39	445	Düring, Volker	58		LG Nord Berlin/Berlin	M50	39	341	3:33:17	3:33:47	0:46:49	1:35:20	2:25:35	3:20:57	1:40:38	1:52:40	05:03
40	305	Stiehle, Harald	61		TF Feuerbach/Leinfelde	M50	40	353	3:36:33	3:37:00	0:49:10	1:38:22	2:28:48	3:22:37	1:43:44	1:52:49	05:07
41	504	Fritsch, Peter	58		Sg Indersdorf/Karlsfeld	M50	41	357	3:37:54	3:38:09	0:45:34	1:32:58	2:23:34	3:23:29	1:38:09	1:59:45	05:09
42	271	Jensen, Klaus	60		LG Nordheide/Winsen	M50	42	360	3:38:22	3:38:47	0:47:58	1:37:17	2:28:36	3:26:05	1:42:43	1:55:39	05:10
43	443	Böhm, Ingo	59		Möllner SV/Mölln	M50	43	366	3:40:22	3:40:51	0:46:49	1:36:06	2:30:03	3:28:01	1:41:48	1:58:35	05:13
44	503	Obermeier, Rudolf	58		LLC Marathon Regensb	M50	44	372	3:42:00	3:42:12	0:49:20	1:39:53	2:33:00	3:29:38	1:45:23	1:56:37	05:15
45	336	Hempelmann, Thomas	58		LG Eifel-Runners/Mech	M50	45	374	3:42:39	3:43:09	0:49:58	1:41:53	2:36:09	3:30:44	1:47:50	1:54:49	05:16
46	1312	Lehsten, Jens	61		LG HNF Hamburg/Ham	M50	46	377	3:41:08	3:43:31	0:50:29	1:41:19	2:33:50	3:28:35	1:47:08	1:54:01	05:14
47	436	Bujok, Jan	50		SC Polonia Hannover/He	M50	47	402	3:47:57	3:48:08	0:44:17	1:30:49	2:24:19	3:29:34	1:36:03	2:11:55	05:24
48	1456	Richter, Michael	56		Laufclub BlueLiner/Braur	M50	48	404	3:49:08	3:49:31	0:49:51	1:41:17	2:37:25	3:36:29	1:47:06	2:02:03	05:25
49	7757	Bodendieck, Klaus	57		LG Nordheide/Winsen	M50	49	407	3:49:13	3:49:46	0:52:18	1:46:42	2:41:28	3:35:37	1:52:50	1:56:24	05:25
50	265	Knospe, Jörg	57		SV Turbine Neubrandent	M50	50	414	3:51:02	3:51:28	0:45:22	1:33:29	2:31:41	3:37:47	1:39:07	2:11:56	05:28
51	668	Onkelbach, Michael	59		Non-Stop-Ultra/Brakel	M50	51	422	3:54:50	3:55:24	0:50:34	1:42:10	2:40:00	3:41:12	1:48:01	2:06:50	05:33
52	405	von Wulfen, Norbert	57		LG Steinlach/Mössingen	M50	52	423	3:55:19	3:55:52	0:47:54	1:39:39	2:37:22	3:40:22	1:45:37	2:09:43	05:34
53	352	Zimmermann, Ralf Martin	61		LG Eifel-Runners/Euski	M50	53	425	3:55:30	3:56:00	0:52:14	1:45:06	2:39:27	3:42:08	1:51:04	2:04:26	05:34
54	6793	Rauf, Martin	60		LG Nordheide/Winsen	M50	54	429	3:56:33	3:56:58	0:49:56	1:41:14	2:38:38	3:42:22	1:47:02	2:09:32	05:36
55	437	Dewuck, Edward	51		SC Polonia Hannover/Se	M50	55	458	4:11:39	4:12:07	0:52:19	1:44:18	2:44:10	3:55:39	1:50:03	2:21:37	05:57
56	250	Zellmer, Rainer	60		SG Athletico Büdelsdorf/	M50	56	463	4:16:09	4:20:01	0:50:43	1:41:58	2:36:20	3:55:51	1:47:37	2:28:32	06:04
57	357	Schröder, Kurt	59		DJK Gillrath/Geilenkirc	M50	57	474	4:32:49	4:33:29	0:55:04	1:54:32	3:02:53	4:16:19	2:01:40	2:31:09	06:27
58	458	Makuszies, Bodo	58		100 Marathon Club Deut	M50	58	494	5:11:13	5:11:49	0:57:28	1:59:24	3:19:36	4:50:19	2:06:21	3:04:53	07:22
59	354	Dinter, Martin	59		Laufclub BlueLiner/Braur	M50	59	495	5:13:36	5:14:01	1:06:34	2:17:19	3:32:45	4:55:47	2:25:38	2:47:59	07:25

## Senioren M55

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	417	Slawinski, Wieslaw	55		Hamburger SV/Hambur	M55	1	70	2:45:38	2:45:44	0:37:32	1:15:24	1:54:27	2:36:13	1:19:31	1:26:08	03:55
2	145	Vogg, Herbert	54		TG Viktoria Augsburg/Wür	M55	2	89	2:48:46	2:48:50	0:38:35	1:17:36	1:57:49	2:39:42	1:21:54	1:26:52	03:59
3	615	Haas, Siegfried	56		RSC Neukirchen/Sulzb	M55	3	99	2:50:17	2:50:20	0:38:36	1:17:35	1:57:48	2:40:05	1:21:50	1:28:27	04:02
4	562	Schröder, Reinhard	52		LSF Münster/Münster	M55	4	140	2:55:24	2:55:44	0:41:20	1:23:27	2:04:50	2:46:37	1:27:59	1:27:26	04:09
5	547	Schneider, Dieter	54		LG Steinlach/Mössingen	M55	5	162	2:58:35	2:58:43	0:40:19	1:21:20	2:03:57	2:48:22	1:25:49	1:32:46	04:13
6	169	Heidelberger, Hans	53		LAC Quelle Fürth/Fürth	M55	6	173	3:00:22	3:00:30	0:39:38	1:21:27	2:04:58	2:50:22	1:26:10	1:34:12	04:16
7	225	Sägert, Manfred	54		SC DHfK Leipzig/Leip	M55	7	177	3:00:56	3:01:18	0:40:36	1:22:02	2:05:26	2:50:37	1:26:37	1:34:19	04:17
8	564	Minnich, Klaus Dieter	54		Spvgg Groß Bültten/Vö	M55	8	191	3:03:47	3:03:58	0:40:41	1:22:49	2:06:39	2:53:06	1:27:27	1:36:21	04:21
9	184	Zabel, Egbert	53		FSV Köthen/Gröbzig	M55	9	197	3:04:29	3:04:39	0:40:12	1:21:40	2:06:27	2:54:17	1:26:17	1:38:12	04:22
10	551	Thess, Rainer	53		Aachener TG/Aachen	M55	10	227	3:09:49	3:09:56	0:40:59	1:24:31	2:10:40	2:59:14	1:29:25	1:40:24	04:29
11	521	Hille, Klaus-Peter	55		TG Viktoria Augsburg/Au	M55	11	241	3:12:07	3:12:25	0:39:50	1:20:16	2:07:37	2:58:46	1:24:43	1:47:24	04:33
12	190	Schalz, Wolfgang	54		VFA Neunkirchen/Schi	M55	12	244	3:12:49	3:12:56	0:42:28	1:25:52	2:10:48	3:00:53	1:30:37	1:42:13	04:34
13	226	Nagowizyn, Wladimir	53		LAV Husum/Leck	M55	13	247	3:13:45	3:14:03	0:42:15	1:25:48	2:11:39	3:02:16	1:30:42	1:43:04	04:35
14	392	Höll, Theo	56		LG Vogelsberg/Lauterb	M55	14	259	3:15:41	3:15:46	0:39:20	1:20:53	2:17:10	3:05:29	1:25:40	1:50:01	04:38
15	519	Metternich, Heinz-Jürgen	54		LLG Kevelaer/Kevelaer	M55	15	264	3:16:13	3:16:31	0:44:17	1:30:06	2:16:31	3:05:01	1:35:06	1:41:07	04:38
16	514	Müller, Eberhard	56		LG Filder/Köngen	M55	16	266	3:16:33	3:16:55	0:43:39	1:29:41	2:16:15	3:06:30	1:34:40	1:41:53	04:39
17	196	Ewert, Hans-Hendrik	55		FC Alemannia Unterki	M55	17	275	3:18:31	3:18:37	0:42:50	1:27:48	2:15:36	3:07:12	1:32:46	1:45:46	04:42
18	263	Schaffranek, Wolfgang	53		Spvgg Groß Bültten/Ve	M55	18	288	3:21:09	3:21:30	0:43:17	1:28:25	2:16:20	3:09:11	1:33:29	1:47:41	04:46
19	292	Fuger, Hans-Peter	55		TF Feuerbach/Leonberg	M55	19	306	3:24:34	3:24:58	0:45:32	1:31:06	2:18:41	3:11:12	1:36:08	1:48:26	04:50
20	247	Jermis, Dieter	56		LG Weserbergland/Ham	M55	20	307	3:25:05	3:25:17	0:46:36	1:34:49	2:23:26	3:13:22	1:40:05	1:45:01	04:51
21	435	Jacob, Klaus	56		SUS Schalke 96/Gelse	M55	21	315	3:26:25	3:26:36	0:43:42	1:29:33	2:18:41	3:14:00	1:34:38	1:51:47	04:53
22	373	Mäder, Peter	56		USC Bochum/Bochum	M55	22	318	3:27:33	3:27:45	0:43:39	1:31:45	2:23:27	3:15:14	1:38:48	1:48:46	04:55
23	285	Palmer, Thomas	55		LG Neckar-Enz/Freiberg	M55	23	343	3:33:46	3:34:03	0:47:34	1:36:27	2:27:21	3:21:45	1:41:49	1:51:57	05:03
24	587	Schmidt, Detlev	55		Spvgg Groß Bültten/Pe	M55	24	352	3:36:44	3:36:58	0:44:07	1:29:01	2:21:54	3:23:08	1:33:56	2:02:48	05:08
25	278	Schulz, Bernd	55		Lav Zeven/Heeslingen	M55	25	355	3:37:13	3:37:41	0:45:53	1:34:21	2:28:50	3:26:19	1:39:58	1:57:15	05:08
26	254	Winter, Ulrich	56		LG Neckar-Enz/Freiberg	M55	26	365	3:40:29	3:40:42	0:47:25	1:35:48	2:27:12	3:27:08	1:41:09	1:59:20	05:13
27	515	Lüdemann, Bernd	55		BSV Ostbevern/48346	M55	27	369	3:41:22	3:41:43	0:47:54	1:37:28	2:30:06	3:28:05	1:43:02	1:58:20	05:14
28	447	Müllers, Karl	55		SV Biengen/Bad Krozin	M55	28	370	3:41:22	3:41:48	0:48:39	1:37:41	2:29:53	3:28:03	1:43:06	1:58:17	05:14
29	333	Schepers, Volker	52		TuS Ricklingen/Hannov	M55	29	378	3:43:09	3:43:33	0:49:51	1:40:10	2:32:03	3:29:35	1:45:44	1:57:26	05:17
30	479	Müller, Johannes	56		SC Herringhausen/Bohm	M55	30	382	3:43:17	3:43:43	0:49:24	1:40:24	2:33:26	3:31:03	1:45:53	1:57:24	05:17
31	679	Düweke, Willi	54		Non-Stop-Ultra/Brakel	M55	31	388	3:44:33	3:45:06	0:49:43	1:40:58	2:34:16	3:31:19	1:46:43	1:57:50	05:19
32	342	Pentke, Siegfried	55		TuS Ricklingen/Hannov	M55	32	394	3:45:51	3:46:15	0:49:52	1:40:40	2:35:41	3:33:12	1:46:26	1:59:26	05:21
33	491	Heise, Kurt	54		Tus Norderney/Norder	M55	33	399	3:46:45	3:47:05	0:48:44	1:39:29	2:34:47	3:33:53	1:45:12	2:01:33	05:22
34	438	Möller, Wolfgang	56		SuS Waldenau/Schenef	M55	34	418	3:53:17	3:53:34	0:47:37	1:38:36	2:34:40	3:40:39	1:44:14	2:09:03	05:31
35	286	van den Elzen, Gérard	53	NED	LSF-Unna-2000/Unna	M55	35	420	3:53:54	3:54:29	0:52:55	1:47:20	2:43:54	3:41:22	1:53:25	2:00:30	05:32
36	8825	Rother, Jürgen	56		Tus Eintracht Bielefeld/	M55	36	428	3:54:53	3:56:48	0:48:34	1:37:07	2:30:52	3:39:44	1:42:36	2:12:17	05:33
37	267	Bausch, Thomas	56		MTV Heide/Heide	M55	37	431	3:57:31	3:57:50	0:48:37	1:39:26	2:37:49	3:42:51	1:45:03	2:12:29	05:37
38	347	Piepgas, Andreas	52		Schwarz-Weiß Oldenbur	M55	38	432	3:57:49	3:58:12	0:54:00	1:48:51	2:45:29	3:44:51	1:54:52	2:02:57	05:38
39	327	Stein, Klaus-Dieter	55		TSG Bergedorf/Lünebu	M55	39	442	4:00:35	4:00:47	0:50:12	1:43:51	2:45:11	3:47:30	1:50:20	2:10:15	05:42
40	300	Holzknicht, Karl-Heinz	52		LG Saar 70/Ottweiler	M55	40	443	4:00:21	4:00:51	0:51:47	1:45:41	2:42:27	3:46:44	1:51:43	2:08:39	05:41
41	283	Boguhn, Hilmar	53		Borener SV/Eckernförde	M55	41	454	4:06:01	4:06:40	0:50:13	1:43:11	2:45:56	3:52:17	1:49:11	2:16:50	05:49
42	3741	Neumann, Werner	55		Non-stop-ultra Brakel/B	M55	42	455	4:07:52	4:08:24	0:53:35	1:50:02	2:49:34	3:53:58	1:56:11	2:11:41	05:52
43	362	Schmiedel, Ekkehard	54		Skiclub Güttersbach/Höc	M55	43	462	4:12:20	4:19:17	0:56:01	1:52:49	2:52:30	3:58:44	1:59:07	2:13:14	05:58
44	358	Schardt, Michael	54		Schwarz-Weiß Oldenbur	M55	44	465	4:20:18	4:20:40	0:53:23	1:51:07	2:57:37	4:05:19	1:57:54	2:22:25	06:10
45	7341	Frischemeier, Herbert	55		Non-Stop-Ultra/Brakel	M55	45	469	4:24:37	4:25:10	0:53:42	1:51:14	2:55:26	4:09:14	1:57:41	2:26:56	06:16
46	319	Rink, Dieter	54		LGV -Marathon Giesse	M55	46	470	4:25:38	4:26:08	0:54:25	1:50:47	3:00:25	4:11:50	1:56:58	2:28:40	06:17
47	455	Pawlowski, Jürgen	56		SSV Großensee/Sande	M55	47	471	4:25:54	4:26:14	0:53:41	1:51:44	2:56:33	4:08:11	1:58:16	2:27:38	06:18
48	269	Schlegel, Siegfried	52		LG Steinlach/Mössingen	M55	48	472	4:28:44	4:29:15	0:48:53	1:43:26	2:53:48	4:10:58	1:50:20	2:38:24	06:22
49	346	Lippert, Werner	51		Schwarz-Weiß Oldenbur	M55	49	476	4:35:15	4:35:38	0:53:58	1:50:15	2:58:08	4:17:24	1:56:39	2:38:37	06:31

## Senioren M60

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	568	Dormann, Manfred	50		Tv Bad Brückenau/Rott	M60	1	139	2:55:33	2:55:36	0:40:37	1:21:03	2:01:39	2:45:05	1:25:24	1:30:10	04:09
2	540	Krüttgen, Joachim	51		Hamburger Sportclub/	M60	2	181	3:01:48	3:02:10	0:41:55	1:24:08	2:06:10	2:51:00	1:28:38	1:33:10	04:18
3	544	Rollwa, Herbert	50		VfL Ostelsheim/Rodalbe	M60	3	235	3:11:12	3:11:26	0:42:21	1:25:51	2:11:41	2:59:52	1:30:41	1:40:31	04:31
4	399	Wolf, Wolfgang	50		Lg Eder/Allendorf	M60	4	251	3:14:29	3:14:47	0:44:14	1:29:36	2:16:06	3:04:08	1:34:28	1:40:02	04:36
5	270	Boukais, Lounas	49		LG Wedel-Pinneberg/P	M60	5	283	3:19:17	3:19:52	0:45:03	1:30:48	2:17:25	3:07:20	1:35:55	1:43:22	04:43
6	684	Götz, Manfred	50		Non-Stop-Ultra/Brakel	M60	6	354	3:36:47	3:37:18	0:46:51	1:35:33	2:27:55	3:24:09	1:40:57	1:55:50	05:08
7	282	Harmening, Manfred	49		VfL Bückeberg/Obernkir	M60	7	367	3:40:39	3:40:54	0:47:46	1:36:45	2:28:04	3:26:34	1:42:09	1:58:30	05:13
8	272	Wulff, Dirk	48		SV Süfeld/Süfeld	M60	8	368	3:40:57	3:41:06	0:43:48	1:29:39	2:22:05	3:25:26	1:34:47	2:06:10	05:14
9	276	Weidner, Helmut	49		TV GM Hütte/Beim	M60	9	371	3:41:35	3:42:07	0:48:53	1:39:53	2:32:10	3:28:09	1:45:38	1:55:57	05:15
10	7778	Mehring, Manfred	48		AMTV Hamburg/Hambu	M60	10	385	3:44:23	3:44:36	0:48:27	1:39:23	2:34:04	3:31:42	1:45:03	1:59:21	05:19
11	284	Sauer, Heinz	50		Sv Fischbach 1912 E.v.	M60	11	386	3:44:18	3:44:46	0:48:34	1:38:34	2:31:45	3:31:08	1:44:05	2:00:13	05:18
12	12551	Stahl, Fred	51		LG Neumünster/Booste	M60	12	392	3:45:41	3:46:03	0:45:12	1:31:06	2:22:31	3:28:42	1:36:08	2:09:34	05:20
13	12543	Tensi, Klaus	51		Non-Stop-Ultra/Brakel	M60	13	401	3:47:19	3:47:53	0:50:42	1:41:37	2:35:00	3:33:36	1:47:07	2:00:13	05:23
14	513	Fröde, Dietmar	51		Tv Bad Brückenau/Retz	M60	14	403	3:49:07	3:49:28	0:44:08	1:30:24	2:29:26	3:35:21	1:35:48	2:13:19	05:25
15	348	Benkel, Winfried	50		TG Viktoria Augsburg/Au	M60	15	409	3:49:43	3:50:10	0:51:08	1:44:23	2:41:01	3:37:58	1:50:23	1:59:21	05:26
16	450	Thater, Bruno	50		Möllner SV/Mölln	M60	16	416	3:51:51	3:51:58	0:47:31	1:37:02	2:33:00	3:37:21	1:42:55	2:08:56	05:29
17	303	Leutwein, Karlheinz	51		Tsv Sulzdorf/Schwäbisc	M60	17	424	3:55:41	3:55:54	0:45:44	1:41:45	2:44:25	3:43:06	1:48:16	2:07:25	05:35
18	461	Kaden, Werner	50		Hamburger Sportclub/	M60	18	430	3:57:12	3:57:38	0:51:08	1:43:56	2:40:44	3:43:10	1:49:52	2:07:21	05:37
19	6125	Huberts, Hans-Otto	49		TuS Hasede/Hildesheim	M60	19	444	4:00:17	4:00:56	0:50:56	1:45:23	2:43:56	3:46:21	1:51:33	2:08:45	05:41
20	672	Grüner, Adalbert	50		Non-Stop-Ultra/Brakel	M60	20	448	4:02:53	4:03:25	0:50:57	1:45:31	2:45:03	3:49:06	1:52:15	2:10:39	05:45
21	15925	Süllwold, Josef	47		SV Polizei Hamburg/Han	M60	21	457	4:10:13	4:10:32	0:48:15	1:37:36	2:29:33	3:49:22	1:43:09	2:27:05	05:55
22	366	Schmidt, Klaus-Detlev	48		ATS Cuxhaven/Stade	M60	22	466	4:20:22	4:20:50	0:52:15	1:46:54	2:48:32	4:02:59	1:52:47	2:27:36	06:10
23	345	Kiehl, Werner	51		Tus Eintracht Hinte/Emdk	M60	23	468	4:23:17	4:23:45	0:55:09	1:53:22	2:58:14	4:07:40	2:00:22	2:22:55	06:14
24	332	Seebacher, Wolfgang	47		TVA Dortmund-Wickede	M60	24	475	4:35:11	4:35:36	0:53:06	1:49:49	3:00:16	4:18:12	1:56:26	2:38:45	06:31
25	344	Mauritz, Klaus-Dieter	50		Post SV Holzminden/Sta	M60	25	482	4:35:56	4:40:28	0:59:02	2:01:05	3:10:58	4:20:44	2:08:27	2:27:29	06:32
26	172	Nölting, Hans	47		LG Wedel-Pinneberg/P	M60	26	483	4:43:04	4:43:15	0:54:55	1:53:19	3:06:44	4:25:24	2:01:03	2:42:01	06:42
27	451	Desinger, Günter	51		Möllner SV/Mölln	M60	27	485	4:47:26	4:48:02	0:54:45	1:56:38	3:11:57	4:30:54	2:04:07	2:43:20	06:48
28	1606	Veltrup, Hermann	51		TUS Haren/Haren	M60	28	487	4:49:17	4:49:55	0:54:09	1:52:51	3:07:16	4:33:13	1:59:44	2:49:33	06:51
29	706	Meins, Jürgen	49		TSV Wandsetal/Hambur	M60	29	489	4:51:50	4:52:17	1:11:47	2:08:38	3:14:25	4:34:31	2:15:35	2:36:15	06:54

## Senioren M65

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	434	Thamm, Wolfgang	46		SUS Schalke 96/Marl	M65	1	272	3:17:29	3:17:39	0:43:59	1:28:30	2:15:12	3:05:38	1:33:28	1:44:02	04:40
2	281	Nykamp, Berthold	46		LC Nordhorn/Nordhorn	M65	2	277	3:18:49	3:19:02	0:44:50	1:31:12	2:19:15	3:08:01	1:36:19	1:42:30	04:42
3	403	Johnen, Walter K.	45		LAV ASICS Tübingen/T	M65	3	281	3:19:04	3:19:27	0:44:07	1:29:36	2:15:48	3:06:44	1:34:31	1:44:34	04:43
4	273	Wundram, Heimo	45		TSV Lütjenburg/Lütjenb	M65	4	285	3:20:15	3:20:39	0:47:05	1:35:23	2:22:16	3:08:21	1:40:42	1:39:34	04:44
5	243	van Velden, Johannes	46		SV Brake/Stadland	M65	5	364	3:39:51	3:40:26	0:45:26	1:33:27	2:28:05	3:26:21	1:38:46	2:01:06	05:12
6	298	Hempel, Hartmut	43		LSF-Unna-2000/Kamen	M65	6	384	3:43:57	3:44:21	0:49:10	1:40:23	2:33:20	3:30:53	1:46:04	1:57:53	05:18
7	494	Frese, Wilfried	44		LC Rapid Dortmund/Dort	M65	7	393	3:45:39	3:46:06	0:47:41	1:36:07	2:27:16	3:30:24	1:41:26	2:04:14	05:20
8	340	Klünder, Helmut	46		TuS Ricklingen/Hannov	M65	8	397	3:46:24	3:46:49	0:50:26	1:41:43	2:36:25	3:34:46	1:47:26	1:58:59	05:21
9	280	Sass, Hans-Hermann	44		Barmstedter MTV/Hemdi	M65	9	410	3:49:54	3:50:23	0:48:57	1:39:23	2:38:44	3:37:49	1:45:06	2:04:48	05:26
10	288	Sonntag, Dr. Frank	45		LG Alsternord Hamburg/l	M65	10	417	3:51:49	3:52:17	0:49:53	1:42:23	2:38:39	3:38:21	1:48:18	2:03:31	05:29
11	355	Kagel, Fritz	43		"Oberalster" V.f.W./Ham	M65	11	449	4:03:25	4:03:52	0:53:09	1:49:06	2:48:06	3:50:29	1:55:08	2:08:17	05:46
12	406	Messing, Josef	43		OSC Hamm/Hamm	M65	12	477	4:35:39	4:35:59	0:59:17	2:00:55	3:07:28	4:18:59	2:07:58	2:27:41	06:31
13	457	Schöler, Friedbert	45		Tus Deuz/Netphen	M65	13	481	4:38:31	4:39:09	1:01:25	2:04:25	3:12:27	4:22:38	2:11:39	2:26:52	06:36
14	232	Borgert, Dirk	45		LG Süd Berlin/Berlin	M65	14	488	4:51:07	4:51:27	1:01:18	2:05:11	3:13:52	4:33:44	2:12:08	2:39:00	06:53
15	356	Seyd, Dr. Wolfgang	46		Borener SV/Hamburg	M65	15	491	4:54:23	4:55:05	0:57:45	1:58:02	3:16:54	4:37:23	2:11:04	2:43:19	06:58



## Senioren M70

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	252	Holst, Friedrich	38		SV Rugenbergen/Bönni	M70	1	345	3:34:16	3:34:32	0:48:01	1:38:11	2:29:56	3:22:32	1:43:45	1:50:31	05:04
2	490	Claaßen, Manfred	40		TV Refrath/Köln	M70	2	361	3:38:37	3:38:47	0:48:17	1:37:23	2:28:18	3:24:41	1:42:46	1:55:51	05:10
3	484	Schäfers, Gottfried	38		LSF Münster/Münster	M70	3	400	3:47:13	3:47:49	0:50:06	1:42:45	2:37:35	3:34:25	1:48:39	1:58:35	05:23
4	294	Schneider, Günter	40		LG Sieg/Gebhardshain	M70	4	412	3:50:37	3:50:51	0:49:40	1:42:42	2:38:27	3:36:36	1:48:29	2:02:09	05:27
5	10827	Molero-Membrilla, José	41	ESP	Borener SV/Struxdorf	M70	5	426	3:54:24	3:56:17	0:48:23	1:39:52	2:34:59	3:38:00	1:45:46	2:08:38	05:33
6	291	Simon, Lothar	41		Fünf-Seen-Lauf SV Schw	M70	6	433	3:58:03	3:58:16	0:50:02	1:42:46	2:42:36	3:44:00	1:48:43	2:09:20	05:38
7	452	Klobusch, Manfred	41		SUS Schalke 96/Gelse	M70	7	439	3:58:45	3:59:06	0:51:14	1:44:30	2:40:06	3:43:55	1:50:28	2:08:18	05:39
8	7737	Plessner, Kurt	37		TSG Bergedorf/Hambur	M70	8	453	4:06:07	4:06:15	0:53:07	1:49:13	2:48:25	3:50:49	1:55:32	2:10:36	05:49
9	11768	Johann auf der Heide, Be	41		Tus Eintracht Bielefeld/	M70	9	464	4:11:56	4:20:38	0:54:07	1:49:30	2:50:37	3:57:48	1:56:00	2:15:57	05:58
10	364	Oehme, Gerhard	41		LAV ASICS Tübingen/T	M70	10	467	4:22:28	4:23:04	0:59:05	1:59:10	3:03:48	4:08:04	2:06:04	2:16:25	06:13
11	368	Meyer, Hans-Joachim	39		100 Marathon Club Deut	M70	11	473	4:32:02	4:32:34	1:00:29	2:03:09	3:09:56	4:16:58	2:10:13	2:21:49	06:26
12	363	Bartling, Thomas	39		LG Alsternord Hamburg/l	M70	12	480	4:38:20	4:38:33	0:58:52	2:00:38	3:06:33	4:21:02	2:07:33	2:30:47	06:35
13	359	Ehrlich, Hartmut	41		Lübecker SC/Lübeck	M70	13	486	4:48:15	4:48:54	1:01:24	2:06:54	3:16:01	4:31:47	2:13:58	2:34:17	06:49
14	5679	Tank, Eike	40		LC Ron-Hill Berlin/Berlin	M70	14	498	5:55:34	5:55:44	1:12:54	2:30:37	3:58:25	5:34:28	2:39:08	3:16:27	08:25

## Senioren M75

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	19428	Herden, Wolfgang	34		Post Sport Verein Lehnrt	M75	1	493	4:58:03	5:00:18	1:00:45	2:09:51	3:25:07	4:41:48	2:18:47	2:39:17	07:03
2	101	Preisler, Horst	35		LAV Hamburg-Nord/Ha	M75	2	497	5:35:09	5:35:33	1:08:12	2:27:09	3:58:00	5:18:49	2:37:40	2:57:29	07:56

## Seniorinnen W35

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	F104	Volke, Steffi	76		LG Telis Finanz Regens	W35	1	1	2:51:18	2:51:23	0:39:16	1:19:06	1:59:38	2:41:44	1:23:28	1:27:50	04:03
2	F277	Meyer, Bianca	74		LG Stadtwerke München	W35	2	4	2:53:20	2:53:40	0:40:11	1:20:53	2:01:55	2:44:04	1:25:22	1:27:59	04:06
3	F106	Boitz, Sandra	74		SC DHfK Leipzig/Bors	W35	3	5	2:53:52	2:53:56	0:40:41	1:21:00	2:01:47	2:44:37	1:25:18	1:28:34	04:07
4	F117	Schindler, Cornelia	76		Vorspiel SSL Berlin/Ber	W35	4	8	2:56:01	2:56:24	0:40:31	1:22:00	2:04:09	2:47:05	1:26:36	1:29:26	04:10
5	F108	Paysen, Karen	73		TSV Langenhorn/Bargu	W35	5	9	2:56:22	2:56:32	0:39:25	1:19:54	2:02:11	2:46:26	1:24:22	1:32:00	04:10
6	F187	Ebert, Teresa	76		Spiridon Frankfurt/Sulzb	W35	6	12	2:57:48	2:57:53	0:41:07	1:22:52	2:05:20	2:48:37	1:27:28	1:30:21	04:12
7	F281	Frey, Dorothea	73		Ek Schwaikheim/Leonbe	W35	7	15	2:59:27	2:59:35	0:40:15	1:20:59	2:03:17	2:49:11	1:25:28	1:33:59	04:15
8	F263	aus der Fünten, Karen	72		SV schlau.com Saar 05	W35	8	24	3:06:12	3:06:27	0:43:04	1:26:22	2:10:19	2:55:51	1:31:06	1:35:06	04:24
9	F125	Funke, Jacqueline	72		ASC Düsseldorf/Düsse	W35	9	37	3:12:25	3:12:49	0:44:43	1:29:59	2:15:21	3:01:57	1:34:52	1:37:33	04:33
10	F254	Brücker-Boghossian, Hei	73		SV schlau.com Saar 05	W35	10	38	3:12:44	3:13:00	0:43:32	1:27:33	2:12:42	3:02:00	1:32:12	1:40:32	04:34
11	F273	Schenk, Dr. Karin	73		Spiridon Frankfurt/Mainz	W35	11	39	3:13:41	3:13:46	0:41:14	1:25:03	2:12:00	3:02:07	1:30:01	1:43:41	04:35
12	F114	Spiess, Dr. Alexandra	75		Spiridon Frankfurt/Frank	W35	12	52	3:20:32	3:20:45	0:44:10	1:29:55	2:17:55	3:09:22	1:34:50	1:45:43	04:45
13	F243	Basinski, Yvonne	72		TV Refrath/Bergisch Gla	W35	13	60	3:24:59	3:25:29	0:47:08	1:35:04	2:25:14	3:14:03	1:40:22	1:44:38	04:51
14	F121	Gödde, Carolin	73		SCC Berlin/Berlin	W35	14	62	3:25:46	3:25:58	0:45:10	1:31:32	2:23:39	3:15:04	1:36:41	1:49:06	04:52
15	F245	Jürgens, Bärbel	73		MTV Heide/Heide	W35	15	64	3:26:38	3:26:57	0:45:44	1:33:24	2:23:32	3:15:05	1:38:43	1:47:56	04:53
16	F154	Beck, Janina	76		Sv Werder Bremen/Brem	W35	16	70	3:28:27	3:28:40	0:46:03	1:33:51	2:24:40	3:17:11	1:39:06	1:49:21	04:56
17	F74	Mauren, Margit	74		LG Telis Finanz Regens	W35	17	72	3:30:09	3:30:09	0:46:25	1:34:41	2:25:15	3:18:37	1:40:00	1:50:09	04:58
18	F230	Karl, Andrea	76		SV schlau.com Saar 05	W35	18	76	3:32:07	3:32:21	0:49:03	1:38:38	2:28:45	3:20:31	1:44:10	1:47:57	05:01
19	F236	Rusche, Birgit	72		Vfl Jesteburg/Winsen (Lu	W35	19	101	3:46:15	3:46:31	0:49:08	1:39:20	2:32:15	3:32:28	1:44:52	2:01:23	05:21
20	F147	Sumik, Daniela	75		VFA Neunkirchen/Schi	W35	20	103	3:47:04	3:47:31	0:51:00	1:42:20	2:36:05	3:33:39	1:47:52	1:59:12	05:22
21	F182	Schunck, Andrea	72		LG Rülzheim/Landau i. d	W35	21	149	4:28:24	4:40:10	1:01:58	2:04:47	3:07:47	4:13:39	2:11:34	2:16:50	06:21

## Seniorinnen W40

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	F269	Jakobs, Marion	70		SV schlau.com Saar 05 ☿	W40	1	2	2:52:27	2:52:40	0:40:46	1:21:46	2:02:25	2:43:20	1:26:09	1:26:18	04:05
2	F282	Steg, Kerstin	69		LAC Quelle Fürth/Fürth	W40	2	6	2:55:01	2:55:08	0:39:30	1:19:55	2:01:30	2:44:09	1:24:23	1:30:38	04:08
3	F266	Bohn, Birgitt	71		Spiridon Frankfurt/Frank	W40	3	7	2:55:10	2:55:14	0:41:09	1:22:53	2:04:25	2:46:09	1:27:29	1:27:41	04:09
4	F112	Barborseck, Sandra	70		TV 03 Breitenbach/Bebr	W40	4	16	3:00:16	3:00:21	0:41:16	1:23:19	2:06:05	2:50:36	1:27:53	1:32:23	04:16
5	F105	Bogen, Kathrin	70		SC DHfK Leipzig/Leip	W40	5	17	3:00:49	3:00:56	0:41:14	1:23:00	2:05:54	2:50:34	1:27:34	1:33:16	04:17
6	F275	Schäpers, Silke	70		TV Refrath/Lindlar	W40	6	21	3:03:49	3:04:03	0:41:44	1:24:43	2:08:09	2:53:37	1:29:21	1:34:28	04:21
7	F257	Trenz, Susanne	69		SV schlau.com Saar 05 ☿	W40	7	34	3:11:04	3:11:21	0:43:49	1:28:33	2:14:09	3:00:38	1:33:27	1:37:37	04:31
8	F265	Ramsauer, Christine	68		LAC Quelle Fürth/Aller	W40	8	41	3:16:37	3:16:47	0:42:41	1:26:27	2:11:09	3:04:25	1:31:10	1:45:27	04:39
9	F126	Weide-Jentsch, Bianca	67		Spvgg Groß Bülden/Il	W40	9	45	3:17:58	3:18:28	0:45:53	1:32:22	2:19:13	3:07:21	1:37:21	1:40:38	04:41
10	F3004	Neumann, Claudia	67		Brühler TV 1879/Brühl	W40	10	46	3:16:40	3:18:32	0:45:36	1:31:15	2:18:06	3:05:51	1:36:15	1:40:25	04:39
11	F128	Nachtwey, Claudia	67		TV Werne 03/59368	W40	11	48	3:18:42	3:18:58	0:44:25	1:30:19	2:18:32	3:07:36	1:35:17	1:43:25	04:42
12	F127	Drumm-Becker, Sabine	67		KT von 1843 e.V./Köln	W40	12	51	3:20:33	3:20:39	0:43:04	1:28:19	2:17:20	3:09:27	1:33:20	1:47:13	04:45
13	F115	Giesen, Britta	71		VfL Suderburg/Hamburg	W40	13	61	3:25:28	3:25:37	0:45:45	1:33:18	2:23:11	3:14:36	1:38:37	1:46:51	04:52
14	F238	Singer, Sabine	67		TV Refrath/Rösraith	W40	14	78	3:32:31	3:32:58	0:47:53	1:37:10	2:28:03	3:20:37	1:42:31	1:50:01	05:02
15	F228	Sausen, Heike	69		SV schlau.com Saar 05 ☿	W40	15	85	3:34:55	3:35:25	0:49:14	1:39:04	2:30:08	3:23:13	1:44:28	1:50:28	05:05
16	F242	Zarl, Eliza	70	POL	TV Refrath/Bergisch Gla	W40	16	89	3:37:14	3:37:44	0:49:17	1:40:25	2:34:10	3:26:00	1:46:03	1:51:11	05:08
17	F218	Friedrich, Ilka	71		Laufclub BlueLiner/Braur	W40	17	94	3:39:41	3:40:06	0:50:40	1:41:21	2:34:07	3:27:53	1:47:03	1:52:38	05:12
18	F139	Vogel, Miriam	67		TG Viktoria Augsburg/Fri	W40	18	108	3:49:08	3:49:30	0:50:06	1:44:04	2:40:37	3:36:59	1:50:05	1:59:04	05:25
19	F155	Wieja, Gaby	68		VFB Fallersleben/Wolf	W40	19	114	3:50:12	3:53:53	0:53:24	1:47:16	2:42:19	3:37:13	1:53:14	1:56:59	05:27
20	F3508	Eichner, Uschi	71		LLC Marathon Regensb	W40	20	117	3:57:16	3:57:30	0:51:22	1:47:48	2:45:59	3:44:42	1:53:59	2:03:18	05:37
21	F5047	Hilsenbeck, Berit	67		TF Feuerbach/Stuttgart	W40	21	119	3:57:01	3:57:38	0:54:57	1:51:26	2:48:53	3:45:07	1:57:43	1:59:18	05:37
22	F237	Jücker-Deifuß, Christine	68		FC Nordkirchen/Nordki	W40	22	122	3:59:03	3:59:31	0:52:00	1:46:00	2:43:45	3:46:06	1:51:59	2:07:05	05:39
23	F222	Hertel, Rungtong	70		SV schlau.com Saar 05 ☿	W40	23	132	4:10:56	4:11:27	0:55:33	1:53:08	2:53:25	3:57:14	1:59:33	2:11:24	05:56
24	F901	Frindert, Katrin	69		TG Viktoria Augsburg/Au	W40	24	133	4:08:09	4:11:56	0:53:08	1:49:42	2:52:29	3:54:44	1:56:25	2:11:44	05:52
25	F3335	Schäffer, Judith	67		TF Feuerbach/Korttal-	W40	25	140	4:22:41	4:23:07	0:55:03	1:52:04	2:57:31	4:06:05	1:59:14	2:23:27	06:13
26	F185	Zabel, Sandra	71		Borener SV/Kappeln	W40	26	144	4:28:13	4:28:55	0:58:29	1:57:10	3:02:28	4:12:02	2:03:50	2:24:23	06:21
27	F5834	Saalmann, Petra	67		TSV Cappel/Weimar	W40	27	145	4:29:28	4:29:57	0:54:33	1:52:06	2:57:44	4:11:32	1:58:48	2:30:40	06:23

## Seniorinnen W45

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	F268	Philippi, Ute	63		LAV ASICS Tübingen/A	W45	1	20	3:02:32	3:02:46	0:40:48	1:22:48	2:05:50	2:51:53	1:27:24	1:35:09	04:19
2	F270	Parsiegla, Karsta	63		SCC Berlin/Teltow	W45	2	22	3:04:25	3:04:34	0:40:22	1:21:49	2:04:50	2:54:01	1:26:25	1:38:01	04:22
3	F120	Mayer-Tancic, Ulrike	65		LG Telis Finanz Regenst	W45	3	23	3:04:37	3:04:47	0:43:08	1:26:45	2:10:32	2:54:47	1:31:33	1:33:05	04:22
4	F111	Böhler, Dr. Viera	64		Spiridon Frankfurt/Schw	W45	4	26	3:06:48	3:06:54	0:42:19	1:25:54	2:10:22	2:56:42	1:30:40	1:36:09	04:25
5	F271	Wagner, Ursula	66		TSV 1886 Kandel/Kand	W45	5	29	3:08:39	3:08:56	0:42:30	1:25:58	2:11:27	2:58:16	1:30:49	1:37:51	04:28
6	F201	Möllensiep, Sybille	62		SUS Schalke 96/Marl	W45	6	50	3:20:24	3:20:34	0:43:32	1:28:45	2:16:25	3:08:37	1:33:46	1:46:38	04:44
7	F133	Snook, Suzanne	64		TG Viktoria Augsburg/Ne	W45	7	54	3:22:19	3:22:47	0:46:05	1:33:01	2:21:23	3:11:06	1:38:12	1:44:07	04:47
8	F153	birkenbach, margit	62		Ltf Winterbach/St. Wend	W45	8	55	3:23:49	3:24:17	0:47:54	1:36:02	2:23:29	3:12:38	1:41:11	1:42:39	04:49
9	F118	Brinkmann, Eva	64		VfL Germania Leer/Leer	W45	9	57	3:24:51	3:25:02	0:43:04	1:28:18	2:17:22	3:12:19	1:33:21	1:51:30	04:51
10	F207	Niemann-Scheffel, Birgit	64		LC Hansa Stuhr/Bremen	W45	10	65	3:27:05	3:27:22	0:47:22	1:35:58	2:25:33	3:16:07	1:41:21	1:45:45	04:54
11	F123	Dinkelmeyer, Monika	63		M.o.n./91781	W45	11	66	3:27:13	3:27:44	0:46:16	1:34:03	2:23:24	3:15:53	1:39:15	1:47:58	04:54
12	F206	Baral, Dr. Christiane	63		TSV 1886 Kandel/Kand	W45	12	69	3:28:13	3:28:32	0:46:21	1:33:52	2:23:47	3:16:37	1:39:10	1:49:04	04:56
13	F3504	Kebbedies, Elisabeth	66		TV Werne 03/Werne	W45	13	71	3:28:27	3:28:44	0:46:51	1:35:03	2:24:48	3:17:11	1:40:21	1:48:07	04:56
14	F129	Zimmermann, Birgit	66		Lsg Zeiskam/Philippbur	W45	14	74	3:31:18	3:31:53	0:45:27	1:32:31	2:26:41	3:19:12	1:38:43	1:52:35	05:00
15	F137	Schönlebe, Dr. Jana	64		SC DHfK Leipzig/Leip	W45	15	81	3:33:46	3:34:02	0:47:56	1:37:18	2:28:59	3:21:51	1:43:01	1:50:45	05:03
16	F248	Bayerl, Petra	63		LLC Marathon Regensb	W45	16	88	3:37:16	3:37:24	0:45:57	1:34:03	2:28:32	3:25:25	1:39:30	1:57:47	05:08
17	F135	Hammer-Kreil, Monika	62		Lg Sieg/Elkenroth	W45	17	97	3:41:12	3:41:25	0:48:47	1:40:52	2:34:18	3:29:09	1:46:39	1:54:34	05:14
18	F223	Cuciuffo, Santina	64		SV schlau.com Saar 05	W45	18	100	3:42:45	3:42:59	0:49:04	1:38:39	2:32:53	3:29:53	1:44:10	1:58:36	05:16
19	F132	Dressler, Katja	66		SV Turbine Neubrandent	W45	19	102	3:46:13	3:46:40	0:45:22	1:36:01	2:31:56	3:32:19	1:42:00	2:04:14	05:21
20	F221	Hochwald, Daniela	66		Hamburger Sportclub/	W45	20	106	3:47:43	3:48:15	0:53:17	1:46:53	2:40:58	3:36:12	1:52:37	1:55:06	05:23
21	F188	Walter, Elfriede	63		LG Eifel-Runners/Mech	W45	21	109	3:49:07	3:49:37	0:51:31	1:43:44	2:38:08	3:35:52	1:49:45	1:59:23	05:25
22	F231	Ebneth, Brigitte	62		LAC Quelle Fürth/Fürth	W45	22	112	3:50:57	3:51:14	0:50:36	1:43:58	2:40:06	3:37:39	1:49:56	2:01:02	05:28
23	F162	Schröter, Andrea	66		SC DHfK Leipzig/Leip	W45	23	113	3:52:31	3:53:00	0:53:34	1:47:54	2:43:19	3:39:36	1:53:46	1:58:46	05:30
24	F158	Becker, Annette	62		VfL Ostelsheim/Ostelshe	W45	24	120	3:57:43	3:58:15	0:49:41	1:41:23	2:38:15	3:43:15	1:47:16	2:10:28	05:38
25	F156	Hitzker, Elke	65		LG Neckar-Enz/Ingersh	W45	25	121	3:58:57	3:59:16	0:50:09	1:43:27	2:43:27	3:45:59	1:49:33	2:09:25	05:39
26	F124	Seehase, Petra	66		TG Ötigheim/Gernsbach	W45	26	124	4:00:41	4:00:50	0:41:56	1:25:57	2:14:39	3:47:21	1:31:04	2:29:37	05:42
27	F220	Cantu, Magdalena	64		LSF Münster/Münster	W45	27	127	4:02:36	4:03:01	0:54:17	1:49:45	2:48:56	3:49:11	1:55:58	2:06:38	05:44
28	F165	Bewersdorff, Christa	65		TF Feuerbach/Leinfelde	W45	28	129	4:03:55	4:04:33	0:54:57	1:51:28	2:51:14	3:51:10	1:57:44	2:06:12	05:46
29	F214	Wolter, Gabriele	65		SC Polonia Hannover/He	W45	29	136	4:15:26	4:15:55	0:52:55	1:47:41	2:50:26	4:01:30	1:54:22	2:21:05	06:03
30	F284	Mönnikes, Monika	65		Non-Stop-Ultra/Brakel	W45	30	155	4:59:28	5:00:02	1:02:29	2:10:30	3:27:57	4:44:13	2:18:33	2:40:55	07:05
31	F6785	Kemnitz, Liane	63		Harburger SC/Hamburg	W45	31	157	4:49:16	5:03:03	1:03:25	2:11:25	3:22:13	4:33:23	2:19:19	2:29:58	06:51

## Seniorinnen W50

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	F113	Brenner, Elke	61		LG Neckar-Enz/Markgrö	W50	1	11	2:57:38	2:57:44	0:41:39	1:23:29	2:05:47	2:48:32	1:28:04	1:29:35	04:12
2	F131	Wilken, Christiane	58		LG Stadt Hattersheim/Hc	W50	2	40	3:13:34	3:13:49	0:41:37	1:25:55	2:13:03	3:02:30	1:30:52	1:42:43	04:35
3	F130	Hoffmann, Brigitte	57		LG Welfen/Ravensburg	W50	3	49	3:18:46	3:19:01	0:44:58	1:30:39	2:18:14	3:07:37	1:35:40	1:43:07	04:42
4	F204	Welp, Angela	60		LC Hansa Stuhr/Barns	W50	4	56	3:24:22	3:24:37	0:44:30	1:32:07	2:20:21	3:12:07	1:37:17	1:47:06	04:50
5	F247	DeVack-Reichel, Carol	60	USA	LG Baar/Donaueschingen	W50	5	63	3:26:45	3:26:56	0:44:39	1:30:32	2:19:45	3:12:58	1:35:43	1:51:03	04:53
6	F134	Kolberg, Jutta	60		PSB 24 Berlin e.V/Berlin	W50	6	67	3:27:25	3:27:46	0:47:20	1:35:38	2:25:24	3:16:18	1:40:57	1:46:29	04:54
7	F142	Gentgen, Manuela	61		LG Welfen/Weingarten	W50	7	75	3:31:25	3:31:56	0:47:52	1:36:20	2:26:29	3:19:24	1:41:39	1:49:47	05:00
8	F140	Gielen, Silke	57		Harburger Sc/Hamburg	W50	8	79	3:33:07	3:33:29	0:50:32	1:42:04	2:31:42	3:21:36	1:47:30	1:45:38	05:03
9	F232	Rohwer, Anke	58		Ostroher SC/Ostrohe	W50	9	86	3:35:16	3:35:34	0:48:47	1:39:00	2:30:26	3:23:37	1:44:30	1:50:47	05:06
10	F145	Mölsner, Margot	57		LG Steinlach/Mössingen	W50	10	92	3:38:36	3:39:13	0:48:52	1:39:22	2:32:05	3:26:49	1:45:03	1:53:34	05:10
11	F143	Binder, Susanne	57		LG Welfen/Ravensburg	W50	11	95	3:39:59	3:40:30	0:48:25	1:39:34	2:34:57	3:28:31	1:45:17	1:54:43	05:12
12	F3558	Harms, Frieda	58		LG HNF Hamburg/Ham	W50	12	96	3:40:18	3:40:39	0:48:41	1:40:46	2:33:05	3:28:20	1:46:25	1:53:54	05:13
13	F167	Hempelman, Ingrid	60		LG Eifel-Runners/Mech	W50	13	104	3:47:14	3:47:44	0:51:53	1:43:44	2:38:04	3:34:29	1:49:44	1:57:30	05:23
14	F189	Timmler, Chris-Elenore	60		SC DHfK Leipzig/Leip	W50	14	107	3:48:21	3:48:45	0:48:41	1:41:13	2:35:40	3:34:24	1:47:14	2:01:07	05:24
15	F227	Krell-Witte, Delia	59		LSF Münster/Münster	W50	15	110	3:49:25	3:49:43	0:49:09	1:41:13	2:38:56	3:35:57	1:47:15	2:02:10	05:26
16	F150	Walter, Christine	58		WSG 81 Königs Wüste	W50	16	116	3:55:54	3:56:23	0:48:31	1:40:58	2:41:23	3:42:49	1:47:04	2:08:50	05:35
17	F233	Obermeier, Eva	59		LLC Marathon Regensb	W50	17	118	3:57:17	3:57:30	0:49:20	1:42:38	2:43:09	3:43:02	1:48:57	2:08:20	05:37
18	F159	Burow-Strathoff, Heidi	61		LSF-Unna-2000/Dortmu	W50	18	123	3:59:25	3:59:59	0:53:43	1:49:09	2:47:56	3:47:23	1:55:23	2:04:02	05:40
19	F163	Schulte-Knörzer, Dr. Chr	61		LCO Edenkoben/Wyher	W50	19	125	4:01:10	4:01:47	0:52:01	1:47:15	2:46:06	3:46:49	1:53:08	2:08:02	05:42
20	F665	Kaack, Heike	58		Sg Athletico Büdelsdorf/F	W50	20	126	3:58:32	4:02:23	0:50:43	1:43:38	2:42:47	3:45:24	1:49:51	2:08:41	05:39
21	F168	Dzioba, Christine	59		VFB Fallersleben/Wolf	W50	21	130	4:07:21	4:07:39	0:53:54	1:51:08	2:51:23	3:53:20	1:57:36	2:09:46	05:51
22	F197	Pfeffer, Dorothea	61		Lauffreunde Bönen/Böne	W50	22	134	4:08:22	4:11:57	0:56:26	1:53:38	2:52:58	3:54:39	1:59:55	2:08:28	05:53
23	F172	Peitz, Doris	59		Sg Düren 99/Kreuzau	W50	23	135	4:15:08	4:15:32	0:55:41	1:53:24	2:55:37	3:59:50	1:59:50	2:15:18	06:02
24	F152	Knaak, Karin	57		Blau-Weiss Buchholz e.	W50	24	143	4:26:09	4:26:36	0:54:36	2:00:57	3:08:40	4:11:44	2:07:23	2:18:46	06:18
25	F210	Maaß, Gretel	60		Möllner SV/Mölln	W50	25	146	4:30:15	4:30:22	0:49:17	1:46:42	3:01:02	4:14:02	1:53:00	2:37:15	06:24
26	F166	Müller, Ute	60		SC DHfK Leipzig/Leip	W50	26	158	5:04:07	5:04:36	0:57:16	2:16:43	3:32:40	4:47:40	2:25:28	2:38:39	07:12

## Seniorinnen W55

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-PI	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	F256	Celette, Gabi	56		LC Rehlingen/Dillingen	W55	1	28	3:08:27	3:08:51	0:42:11	1:25:43	2:10:39	2:57:48	1:30:34	1:37:54	04:27
2	F249	Graf, Regina	55		LLC Marathon Regensb	W55	2	53	3:22:29	3:22:36	0:45:57	1:33:25	2:21:45	3:11:30	1:38:38	1:43:51	04:47
3	F4708	Hellenbrand, Lilo	56		DJK Gillrath/Gangelt	W55	3	58	3:25:03	3:25:09	0:47:12	1:35:57	2:24:38	3:14:10	1:41:16	1:43:47	04:51
4	F146	Küppers, Heidi	54		TG Viktoria Augsburg/Au	W55	4	73	3:29:41	3:30:09	0:46:22	1:33:01	2:22:28	3:18:19	1:38:12	1:51:29	04:58
5	F151	Rink, Petra	56		LGV - Marathon Giesse	W55	5	80	3:33:10	3:33:40	0:47:11	1:36:13	2:28:55	3:21:32	1:41:55	1:51:16	05:03
6	F144	Belau, Monika	54		Harburger SC/Hamburg	W55	6	82	3:33:51	3:34:15	0:48:09	1:37:40	2:29:28	3:21:58	1:43:16	1:50:36	05:04
7	F138	Rodenbeck, Brigitte	53		LG Braunschweig/Braun	W55	7	83	3:33:58	3:34:27	0:49:51	1:40:29	2:31:14	3:22:27	1:45:53	1:48:06	05:04
8	F239	Feyerabend, Maria	54		LSF Münster/Münster	W55	8	84	3:34:59	3:35:17	0:45:59	1:34:56	2:26:53	3:22:28	1:40:21	1:54:39	05:05
9	F161	König, Irmtraut	53		Harburger SC/Hamburg	W55	9	115	3:54:43	3:55:06	0:51:23	1:44:13	2:40:29	3:41:07	1:50:00	2:04:43	05:33
10	F169	Kolle, Dr. Edith	55		Dahlenburger SK/Dahle	W55	10	137	4:16:21	4:16:44	0:54:17	1:51:47	2:53:50	4:01:20	1:58:11	2:18:11	06:04
11	F175	Schmiedel, Ilona	54		Skiclub Güttersbach/Höc	W55	11	142	4:17:22	4:24:18	0:56:01	1:53:14	2:57:38	4:02:33	1:59:51	2:17:31	06:05
12	F179	Kapp, Karin	54		Tv Lebach/Eppelborn	W55	12	148	4:37:50	4:38:18	0:56:30	1:58:36	3:09:48	4:22:01	2:06:16	2:31:34	06:35
13	F174	Leu, Regina	54		Blau-Weiss Buchholz e.	W55	13	150	4:45:19	4:45:46	0:59:57	2:04:09	3:16:10	4:28:32	2:11:57	2:33:22	06:45
14	F285	Tensi, Rita	56		Non-Stop-Ultra/Brakel	W55	14	154	4:59:28	5:00:02	1:02:29	2:10:31	3:27:57	4:44:14	2:18:34	2:40:54	07:05

## Seniorinnen W60

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	F122	Muschler, Liane	50		SC DHfK Leipzig/Böhl	W60	1	43	3:17:11	3:17:22	0:44:21	1:30:04	2:17:57	3:06:38	1:35:12	1:41:59	04:40
2	F205	Horst, Hannelore	49		TV Georgsmarienhütte/	W60	2	77	3:32:38	3:32:51	0:46:17	1:35:55	2:27:42	3:20:35	1:41:40	1:50:58	05:02
3	F208	Knobeloch, Edith	51		TG Werste/Bad Oeynha	W60	3	98	3:41:30	3:41:45	0:46:21	1:35:33	2:28:51	3:27:46	1:41:02	2:00:29	05:14
4	F149	Kühn-Maurer, Angelika	50		LAC Quelle Fürth/Zirnd	W60	4	99	3:41:59	3:42:12	0:49:19	1:39:52	2:33:00	3:29:38	1:45:23	1:56:37	05:15
5	F173	Schoenborn, Gerda	51		TuS Holtenau/Altenholz	W60	5	111	3:49:44	3:49:57	0:49:01	1:40:51	2:38:31	3:36:44	1:47:01	2:02:43	05:26
6	F225	Pithan, Ulrike	47		Tus Deuz/Netphen	W60	6	131	4:09:40	4:10:05	0:54:31	1:50:26	2:51:44	3:54:33	1:56:48	2:12:52	05:55
7	F170	Seyd, Antje	49		Borener SV/Hamburg	W60	7	139	4:18:26	4:19:09	0:56:55	1:57:06	3:00:06	4:04:27	2:03:42	2:14:44	06:07
8	F213	Biermanski, Brigitta	49		SF 09 Puderbach/Steim	W60	8	147	4:34:02	4:34:11	0:58:50	2:01:43	3:09:02	4:18:38	2:09:00	2:25:03	06:29



## Seniorinnen W65

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl	Platz	Netto	Endzeit	10km	20km	30km	40km	1.HM	2.HM	M/km
1	F908	Steinke, Hilde	45		SV Concordia Neermoo	W65	1	128	4:02:15	4:04:31	0:51:59	1:46:46	2:44:19	3:47:33	1:52:44	2:09:32	05:44
2	F184	Schultz, Dr. Regine	43		LG Albatros Kiel/Altenh	W65	2	151	4:49:20	4:49:34	1:00:01	2:08:14	3:20:32	4:32:54	2:15:53	2:33:28	06:51
3	F1486	Herzog-Moosmüller, Gise	44		WSV Otterskirchen/Pa	W65	3	153	4:44:02	4:59:39	1:05:23	2:12:48	3:21:47	4:28:58	2:20:33	2:23:30	06:43
4	F198	Fiedler, Rosemarie	39		SC DHfK Leipzig/Leip	W65	4	156	5:00:24	5:00:40	1:04:34	2:12:17	3:27:14	4:43:47	2:20:17	2:40:08	07:07
5	F180	Vollbehr, Hildegard	43		Spiridon Schleswig/Busd	W65	5	159	5:04:10	5:04:48	1:02:09	2:09:29	3:24:29	4:46:19	2:17:25	2:46:46	07:12
6	F290	Schröder, Marlis	41		LAV Hamburg-Nord/Os	W65	6	160	5:22:29	5:22:59	1:03:28	2:12:24	3:34:35	4:58:44	2:21:37	3:00:53	07:38
7	F177	Eichner, Sigrid	40		100 Marathon Club Deut	W65	7	161	5:23:52	5:24:22	1:07:22	2:20:40	3:39:31	5:04:04	2:29:05	2:54:47	07:40